

Eye.nonymous's thread

Posted by Eye.nonymous - 30 Dec 2010 06:38

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Hello, this is Eye.nonymous. My real name is Elyah.

I'm new to Dov's group. I haven't made the calls yet, but Dov has caught me up through E-mail. I sent him a message about this writing assignment, and he suggested I post it here:

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Dov,

Before I went to bed I stopped to read through your message. I appreciate your summary. I thought I'd follow your instructions and write out a little of my list history before going to bed. I just kept on writing and kept on writing. I kept at it for a couple of hours and wrote about 11 or 12 pages. If some form of acting out was ongoing, I figured it was sufficient to write, "about once a week" instead of writing down "probably Jul 12 '89, Jul 19 '89, Jul 15 '89, etc, etc, etc." I wrote down incidents as I remembered them, and often out of order. It's definitely coherent, but not exactly an organized autobiography, and I was wondering if this was necessary. I hand-wrote it, and I see what you mean; feels like I'm tapping into something more personal, less technical, than when I'm punching away at the keyboard. I was wondering what I should do with it now.

--Elyah

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Afterwards, I decided it was worth it to type this thing up and get it more-or-less organized. I sent it to Dov for review to see if he thinks it is appropriate for the forum.

--Elyah

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Re: Eye.nonymous's thread

Posted by Eye.nonymous - 07 Jan 2011 13:11

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I've had some ups and downs lately. I just recently had a talk with my wife in which, it seems, I don't seem to be doing anything right for her. This talk happened last night, and I felt I took it pretty well. But now, it's seeping in along with feelings of hopelessness and desparation and resentment. I get the feeling my wife would rather be married to a housecleaner than to a husband. I've been slipping throughout today, trying to surrender. I know s\*x is supposed to be optional, but for us, it almost feels like it's almost not on the agenda. For some reason, that doesn't seem right. I'm very confused.

I would greatly appreciate your feedback.

--Elyah

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Re: Eye.nonymous's thread

Posted by chaimhelp - 07 Jan 2011 13:53

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Hello elya

You have been an inspiration for me since i found this forum eight months ago. I know you have ups and downs. So i know you have been through worse than this.

Just keep on trucking its all part of the script.

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Re: Eye.nonymous's thread

Posted by Tuvia - 10 Jan 2011 08:21

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Hello Elyah,

Unfortunately I missed you sharing your story today, but I did hear Avrami's since it was first... my wife was telling me she was leaving me so I couldn't stay to listen to your story. I hope to hear it sometime.

I think I feel the feelings of hopelessness you were ^talking about^. I can only say that I pray that it will get better for you. May you have success soon.

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