

Template/framework for 4th step?

Posted by BT Again - 30 Jan 2022 19:02

Hi everyone, I'm working through the 12 steps and am currently on step #4. I've struggled to find templates/guides for completing the cheshbon hanefesh. Does anyone have any recommendations?

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Re: Template/framework for 4th step?

Posted by cordnoy - 30 Jan 2022 19:50

[BT Again wrote on 30 Jan 2022 19:02:](#)

Hi everyone, I'm working through the 12 steps and am currently on step #4. I've struggled to find templates/guides for completing the cheshbon hanefesh. Does anyone have any recommendations?

If you email me, I can send you.

thenewme613@hotmail.com

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