

Step 4 - a template??

Posted by shia72 - 19 Jun 2017 07:08

I recognize it sounds as though I am looking for someone to do the initial work for me... however.... is there some sort of template for step 4??

I am overwhelmed as to where to begin, but I don't like the concept of just "think of 5 things you do well" and "5 things you do not well" - i would like to do a thorough cheshbon hanefesh.

In my mind this should be split into categories, or similar. Also - where to begin?! from a child?! from a bochur?! from married?!

Advice/comments/thoughts all welcomed!!

=====

Re: Step 4 - a template??

Posted by GrowStrong - 19 Jun 2017 09:50

[shia72 wrote on 19 Jun 2017 07:08:](#)

I recognize it sounds as though I am looking for someone to do the initial work for me... however.... is there some sort of template for step 4??

I am overwhelmed as to where to begin, but I don't like the concept of just "think of 5 things you do well" and "5 things you do not well" - i would like to do a thorough cheshbon hanefesh.

In my mind this should be split into categories, or similar. Also - where to begin?! from a child?! from a bochur?! from married?!

Advice/comments/thoughts all welcomed!!

See Attached

=====
=====

Re: Step 4 - a template??

Posted by cordnoy - 19 Jun 2017 10:05

[shia72 wrote on 19 Jun 2017 07:08:](#)

I recognize it sounds as though I am looking for someone to do the initial work for me...
however.... is there some sort of template for step 4??

I am overwhelmed as to where to begin, but I don't like the concept of just "think of 5 things you do well" and "5 things you do not well" - i would like to do a thorough cheshbon hanefesh.

In my mind this should be split into categories, or similar. Also - where to begin?! from a child?!
from a bochur?! from married?!

Advice/comments/thoughts all welcomed!!

With a sponsor.

=====
=====