

Dov's 12 Step Workshop

Posted by the.guard - 20 Mar 2015 08:06

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**Dov - from the "Daily Dose of Dov" (who is currently 18 years sober in SA) gave over [a 12-Step workshop](#) on the phone for GYE members in a series of 12 sessions over a 3 week period (from March 9 - March 26, 2015).**

In spite of what Dov wrote about the workshop before the launch (see the [next post](#)) the workshop ended up being a total of 12 talks (instead of the planned 6). After the workshop finished, Dov summed up the talks as follows:

- **Talks 1-2:** Self honesty and the Problem
- **Talks 3-10:** Going through the steps
- **Talks 11-12:** Bringing it all together - a good summary of the entire program.

**[Click here](#) to download a Zip of all 12 Talks.**

*Right click the links below and press "Save Link/Target As" to save the MP3s onto your computer.*

- [Part 1 of Dov's Workshop](#)
- [Part 2 of Dov's Workshop](#)
- [Part 3 of Dov's Workshop](#)
- [Part 4 of Dov's Workshop](#)
- [Part 5 of Dov's Workshop](#)
- [Part 6 of Dov's Workshop](#)
- [Part 7 of Dov's Workshop](#)
- [Part 8 of Dov's Workshop](#)
- [Part 9 of Dov's Workshop](#)
- [Part 10 of Dov's Workshop](#)
- [Part 11 of Dov's Workshop](#)



- [Part 12 of Dov's Workshop](#)

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**To listen to these talks by phone:**

**Dial** (641) 715-3813

**PIN:** 637207#

**Part 1 of Dov's Workshop:** Reference number #98

**Part 2 of Dov's Workshop:** Reference number #99

**Part 3 of Dov's Workshop:** Reference number #100

**Part 4 of Dov's Workshop:** Reference number #101

**Part 5 of Dov's Workshop:** Reference number #103

**Part 6 of Dov's Workshop:** Reference number #104

**Part 7 of Dov's Workshop:** Reference number #105

**Part 8 of Dov's Workshop:** Reference number #106

**Part 9 of Dov's Workshop:** Reference number #108

**Part 10 of Dov's Workshop:** Reference number #109

**Part 11 of Dov's Workshop:** Reference number #110

**Part 12 of Dov's Workshop:** Reference number #111

**After we posted the recordings, Dov wrote to us as follows:**

***Thank you for giving me the opportunity to work my 12th step yet again and in a new way. I hope it helps all who listen, and that those who listen know that they can just email me for any clarifications, disagreements, or just to talk. If there'd be a way to directly let them know how to do that wherever the recordings are available, it'd really be a proper 12th step and I'd be even more grateful. (To write to Dov, send an e-mail to:***



[wequithiding@gmail.com](mailto:wequithiding@gmail.com))

**After the workshop, one of the participants wrote to Dov:**

***The workshop was great, not just good! In the beginning I almost thought you were just plain crazy. I am 24 years old, I've been in a good yeshiva my whole life, nothing ever hit home like this workshop. I didn't know how you did it, but now I do. You live in G-d's hands. I have two words to tell you: Thank you, thank you, and thank you.***

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Dov's 12 Step Workshop

Posted by the.guard - 20 Mar 2015 10:33

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**Dov wrote about the workshop (before it began on March 9, 2015) as follows:**

- Are you a sex or lust addict who is willing to do whatever it takes to live free?
- Have you found the steps to be a waste of time?
- Do you know the 12 steps well but still feel they don't speak to you in a practical way?
- Are you a non-addict upset with your own pesky desires for schmutz and curious about the 12 steps?
- Are you frustrated about your inability to stop acting-out with lust in a way that addicts seem to use their drugs?
- Are you tired of these prying questions?

As a recovering addict, I will be sharing each of the steps on the calls based on simple honesty and openness about myself, my disease, and my experience using these steps one day at a time as a Jew, husband and father. So let's work off our Purim booze and bring our most embarrassing questions and worst complaints about the steps (and maybe about ourselves, too) Monday-Thursday March 9-19th. (After all, Pesach will still be a few weeks away and our wives seem to be doing fine without us, as usual...)

The general agenda will be to share how the steps work as a single, simple unit to help sick people get well be"H.

**Talk 1** - Step 1 and the 12 Step culture: Who needs any of it? Who needs all of it? (This call will be followed by an invitation for anyone who wishes, to share their short, written, 1st step on a



private PIN # we will arrange).

**Talk 2** - Steps 2 and 3: What's missing from these steps for frum Jews, and why aren't these steps enough on their own for addicts in recovery?

**Talk 3** - Steps 4-7 and the answer to last week's question, be"H, and why step 4 alone doesn't solve any problems.

**Talk 4** - Steps 8-10 and how they are part of step 7 and the way to get and keep a 3rd step.

**Talk 5** - Steps 11 and 12 and finally something a little religious! Why wait so long for something so good? And why wait till after all these steps to start sponsoring others?

**Talk 6** - Step 12 1/2? A discussion about how being frum can help recovery or hurt it - and also about how being frum can help - or hurt - avodas Hashem, of all things.

Nobody will be asked to use their real names when sharing on the call, as this line is obviously not a secure one due to the PIN being available online. But all who wish, are encouraged to speak up in a way that keeps the decorum comfortable for all. It is hoped that all of us keep the 11th and 12th traditions of AA on this call and do not ever break anyone else's anonymity in any way. And that is the only way calls like this - and any recovery groups - can ever survive and succeed.

Any suggestions/questions about the call can be sent to my email [wequithiding@gmail.com](mailto:wequithiding@gmail.com)- please type "WORKSHOP" in the subject.

Thanks, and G-d bless all of us, addicts or not!

- Dov



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Re: Dov's 12 Step Workshop

Posted by Josephsbrother - 28 Dec 2015 12:25

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I am glad these are available for those of us, who have to strive hard for a few pennies, to pay our bills, and give some security to our families, and be the Creators assistant in bringing a life of fulfillment to my family, and others who are to be occassionally, near my life path. It is an blessing to hear these phone conferences. What can I do to support your effort, for now encourage others locality, and on Internet to take advantage of your resource, and gather my offering pledge as my Maker open doors for me to fulfill my pledge.

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Re: Dov's 12 Step Workshop

Posted by serenity - 10 Oct 2016 14:25

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Can you post an updated list of references numbers to Dov's more recent talks.

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Re: Dov's 12 Step Workshop

Posted by thanks613 - 24 Nov 2016 04:06

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Have you seen the page of [Dov's talks](#) under audio shiurim?

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