Men and Women's forums are now seperate
Posted by the.guard - 10 Jan 2010 14:51

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Due to some serious breaches in Tzniyus that I am not at liberty to divulge, and after consultation with experts, it has been decided that the men and women's forums on GYE will now be completely separate. Men will not be allowed access to the women's forum, and women will not be allowed access to the men's forum.

We would also like to re-iterate that posting e-mail addresses and telephone numbers is forbidden on the forum. Instead, PM's should be used (between each gender separately).

We apologize for the inconvenience - and just so that no one should get wrong ideas, let me state that it has nothing to do with our dear women members, 7Up, Habib, Trying, Letakein and theOne.

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Re: Men and Women's forums are now seperate
Posted by Ineedhelp!! - 12 Jan 2010 22:40

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What do you mean by upping your dossage of religiousity?

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Re: Men and Women's forums are now seperate
Posted by imtrying25 - 12 Jan 2010 22:42

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He means like screaming shema on top of his lungs!!!!!!!!!!!!

Or saying every word in the 18 , 18 times!!!!!!!!!!!!!

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Re: Men and Women's forums are now seperate
Posted by Ineedhelp!! - 12 Jan 2010 22:48

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As Duvid Chaim put it (I dont remember his exact words): We are all very religious... but we need to become more SPIRITUAL. This is a spiritual disease not a religious disease. Ive had a tough time discerning between the two but the main thing is spiritual means our direct connection with Hashem.

-Yiddle

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Re: Men and Women's forums are now seperate
Posted by imtrying25 - 12 Jan 2010 22:57

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Rage ATM wrote on 12 Jan 2010 22:51**:**

well i dont know about the spiritual thing...and i dont think there really is a difference between religion and spirituality...bottom line: this is a sickness in the way our mind works, it is a sickness of the brain and thought process....you find your mind and you will be able to worship hashem....

The differnce between religous and spiritual is like this; Religous is talking the talk walking the walk or as you would put it shukling the shukel. Spiritul is making it a real part of me. changing my myself for the better etc etc. So i totally agree with you rage that religous wont get us anywhere but being more spiritual like actually doing somehting that will change our whole bein or mentality will work.

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Re: Men and Women's forums are now seperate
Posted by kanesher - 12 Jan 2010 23:01

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I'm gonna be the punch line on the joke here.

Rage is right. This Torah stuff didn't get us into to this, and it ain't gonna get us out. Everything we're dealing with is BEFORE breishis. As the Alter of Slabodka said - the Torah doesn't speak to idiots. We've been/are idiots. And yes, that's actually Rage's affectionate voice. TRUST me. He didn't mean any harm, just the same clarity he asks from himself - he asks from others.

But -

Habib - and yearning are right. Poor girl is delicate. And truth isn't a sledgehammer. It's going to be baby steps for her - she's already joined SA. And that's more guts then I have. She'll learn. Not from us. Not in a single slam. Piece by piece, meeting by meeting, maybe one day she'll be able to see the good in herself and not have to look for it in others...this constant feeling she is hated is what led her here and is burning her alive, and God knows the hell that gave her that feeling, not us. I know it led me here.

Girls, see if you can fix that one. I think the girls will be fine. It's our forum we're going to have to worry about.

I too was seriously shterred by her story.

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Re: Men and Women's forums are now seperate
Posted by Me3 - 12 Jan 2010 23:02

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Also, following the 12 steps such as admitting powerlessness and putting all your faith in G-d would also improve your spirituality. And as Rage said you need to do concrete physical actions to combat this disease. (Although, I'm not one to talk, its much easier to write about doing it then actually doing it)

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Re: Men and Women's forums are now seperate
Posted by kanesher - 12 Jan 2010 23:06

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Rage ATM wrote on 12 Jan 2010 23:03**:**

kanesher wrote on 12 Jan 2010 23:01**:**

I think the girls will be fine. It's our forum we're going to have to worry about.

cmon man, did you see the way i just stirred this pot and drew four pages of replies...wholl do that for the girls? cmon, man...

Yeah, but we're still on the girls thread. And fighting you dropping the accurate - but blunt- truth on one of them.

Time will tell.

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Re: Men and Women's forums are now seperate
Posted by imtrying25 - 12 Jan 2010 23:07

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please no fighting kinderlach

rage kinderlach means children , ok??

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Re: Men and Women's forums are now seperate
Posted by Me3 - 12 Jan 2010 23:14

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Who was fighting? That was animated discussion.

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Re: Men and Women's forums are now seperate
Posted by Dov - 12 Jan 2010 23:19

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RATM's rather crusty post was a great example of the kind of well-intentioned "ripping-the-newbie-apart-athons" that I have heard about at some AA old-timer meetings. The curmudgeons there begin to drool just as soon as they smell the blood of a wide-eyed neophyte who - often after attending only 2 meetings - goes on and on about how awesome AA is and how godlike all the folks with 20 years of sobriety are. He expects to have just 'payed his ticket for admission' at this point, only to find that he really just tipped his hand: he thinks he can gain 'admission' to the club by paying the *members* - he finds out that the only one he's gotta pay is the *piper*. And all of them know it....

Declaring the greatness of *others* is a tempting substitute for admitting *my own* weakness, sorry motivations, and sick priorities.

Of course, our problem is that we all hide behind BS. But what do you expect from people like me...

It's kind of sad to watch the feeding frenzy, though it needs to be done, of course.

By the end of the meeting there is not much left of the poor innocent newbie.

And that's often a good thing. Cuz in a few weeks - if he doesn't get scared away - he'll probably happily discover that the one person he now trusts the *least* in the entire world, is "the old him".

Not my personal derech, but there seems to be a place for it.

It seems that alot of us go through some period of deifying/worshipping people who started to get better earlier than we did, as though they really have something *over* us and always will. Of course that's nutty. And nuts are best when ground and smashed into butter! Yum.

, and others) and herself and join the club of "losers who really win", it may be a really good thing. I honestly believe that as crass as it sounded, Rage really gave her the best help he had to offer. Though I'd bet that it's rare that folks on a virtual forum would actually accept it and use it...

Perhaps it's better to get the stuff that is holding in the same pattern beaten out of us *here*, than by screwing up a lot more *out there*. Hey, the "lovers" out there who convince us that they desire and "love" us are really only using us for their own dependencies. They don't really give a rat's gluteus for you, or for anyone. People in recovery are at least *learning* how to love each other. What about your 'dark side guys'? Are they? I think not, cuz if I act out I am a 'dark side guy'. And I know how lust makes everybody else's benefit but mine, a pain in the patoot.

Who would you rather be your guide to the truth about yourself? The "happy users", or folks like Rage? I pick folks in recovery. As goofy and imperfect as they are, at least they won't lie to my face and use me.

So If Yearning can accepts the imperfections of other addicts (like Rage ATM, me, and me

Hatzlocha!

You *can* stay in recovery and choose the good life!

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Re: Men and Women's forums are now seperate
Posted by Me3 - 12 Jan 2010 23:22

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I never thought I would say this, but.....

I understand DOVISHNESS!!!!!!!

Oh dear, what does this say about me?

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Re: Men and Women's forums are now seperate
Posted by Steve - 12 Jan 2010 23:34

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I know i'm behind the times, while was typing 9 more posts came, but here's my 2 cents anyway:

imtrying25 wrote on 12 Jan 2010 22:57**:**

Rage ATM wrote on 12 Jan 2010 22:51**:**

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The differnce between religous and spiritual is like this; Religous is talking the talk walking the walk or as you would put it shukling the shukel. Spiritul is making it a real part of me. changing my myself for the better etc etc. So i totally agree with you rage that religous wont get us anywhere but being more spiritual like actually doing somehting that will change our whole bein or mentality will work.

OK , now you're gonna have to sit thru another of my long posts. Sorry.

We defined the terms on DC's Call:

A religious person is one who believes there is a hell.

A spiritual person has BEEN to hell.

Yes, Rage, correct that being outwardly religious doesn't help.

But being spiritual means your connection with Hashem is REAL, it's growing.

But even THAT"S not gonna save us.

What's gonna save us, get us to freedom, is:

#1: to ACCEPT THAT OUR ADDICTION IS AN ALERGY, meaning I can't even touch Lust or I will not be able to stop myself from falling. So i need to make that geder strong. And we talk alot about eitzas and emergency measures here, Baruch Hashem.

But even THAT IS NOT ENOUGH TO SAVE US!! we need:

#2: To REALIZE and INTERNALIZE THE FOLLOWING: THAT WE MUST ERADICATE THE CAUSES THAT MAKE US WANT TO LUST. Uproot it from the CORE. Those reasons are personal to each of us, but they have the SAME EFFECT on each of us. They bring us to DEPRESSION and ANGER and wanting to be somewhat SELF-DESTRUCTIVE because inside we HATE OURSELVES. And then we fall and act out it is either because we are WANTING to be self-destructive, or because we are ANGRY at Hashem and want to do something to get

back at Him, or because WE ARE IN SO MUCH PAIN THAT WE WANT TO ESCAPE IT, we want to NUMB OURSELVES to avoid facing it for a while. And our DRUG OF CHOICE that we use to numb ourselves and escape from Life is Lusting and Acting Out.

and lastly:

#3: TO ACT UPON THAT REALIZATION and actually ERADICATE those forces that that create that Depression, which is to OVERCOME OUR RESENTMENTS OF LIFE AND OUR FEARS OF BEING HURT OR FUTURE FAILURE.

Now, did you hear any G-d Talk in those steps? NO!! Because just being religious is not a direct part of it.

However, where G-d does come in is that we ask Him to guide us and help us, give us of HIS strength to overcome those forces. We can't do it on our own. At least i know I couldn't!! And in doing that, we become more SPIRITUALLY FOCUSED, BECAUSE HASHEM BECOMES MORE PROMINENTLY A PART OF OUR DAILY LIFE and struggles. Not thru being outwardly religious, but thru being inwardly SPIRITUAL. for us Torah Yidden, that means Diveykus Hashem. And that is a POSITIVE FORCE that gives us tremendous Chizuk & renews our strength to stand up to our YH each day, and to not get depressed if we slip or fall.

The 12-Step Program WORKS, and many of us have gotten to this point where the YH for lust can be pushed aside like a pesky fly on your shoulder, and you'll never nail-bite over it again.

Now, you want a REAL WAGER? (Chizkiyahu, you listening?)

WHO HERE IS MAN ENOUGH TO STOP RANTING AND GET INTO A PROGRAM FOR RECOVERY?!

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Re: Men and Women's forums are now seperate

Posted by BruceWayne - 13 Jan 2010 03:02

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I don't know if anyone is still reading this here thread, but I just wanted to say:

I suck at goodbyes.

But thanks for everything.

See you on the other side.

Until then, keep on trucking (or shopping, or whatever).

Peace.

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Re: Men and Women's forums are now seperate
Posted by habib613 - 13 Jan 2010 03:17

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i hate goodbyes.

and these are all too permanent for me.

can you guys all promise to keep posting?

cuz we do read your threads, as guests (mh-hmmm... bruce...)

well, bb all you ppls...

this is too depressing.

bye

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Re: Men and Women's forums are now seperate
Posted by habib613 - 13 Jan 2010 03:21

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bruce, if u prefer we don't read your thread, just post that, k?

and that goes for pretty much anyone who's thread i used to post on.

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