

Live Webinar by Rabbi Henry Harris
Posted by obormottel - 15 Oct 2015 04:38

Rabbi Chanoch (Henry) Harris on the Parsha - Lessons from GuardYourEyes

Adam and Chava's first night on planet Earth teaches us an important insight about recovery - it's human to feel that mistakes/falls are the end of the world and it's human to wake up from that.

Rabbi Chanoch (Henry) Harris is the director of the Jewish Center for Wellbeing, a non-profit that teaches principles of wellbeing that support peace of mind and freedom from conflict and compulsion. Formerly, Rabbi Harris served as Educational Director of Aish Hatorah New York City for 14 years.

Coming Soon: 3-Part Live Webinar series by Rabbi Henry Harris

Healthy, Gentle, Powerful Change

It can often look like change is beyond us. In truth, it mostly requires an openness to looking in a new direction. Join Rabbi Henry Harris for an exploration of a simple truth: that people are healthy, that despite our being prone to stumble and lose our way, we were designed - right now - to experience the Divine gifts of emunah, humility, and acceptance – the greatest drivers of joyful freedom, wellbeing and growth.

[Contact us ASAP](#) to register for the intro session.

Limited availability.

Free for GYE members (usual cost \$300).

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Re: Coming Soon: Live Webinar by Rabbi Henry Harris
Posted by obormottel - 15 Nov 2015 08:24

Rabbi Harris on Duvid Chaim's call

A Look Inside the Principles of Innate Health

Rabbi Chanoch Harris, Director of the Jewish Center for Wellbeing, has given the first call in a series of 3 lectures. [Click here](#) for a recording of the first call.

He will be continuing the series on

at 5 PM EST on the coming two Monday's - November 16th and Nov 23rd.

The theme of the calls:

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Rabbi Chanoch Harris is the Director of the Jewish Center for Wellbeing. He has worked extensively with adults seeking to find freedom from unwanted behaviors and integrate life-changing wisdom. Prior to his founding the JCW, he worked for 14 years as the Educational Director of Aish HaTorah in Manhattan.

Please Join us by calling:

From Israel: 076 599 0060

From U.K: 0330 606 0520

Participant Access Code: 637207#

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