GYE - Guard Your Eyes

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day or night
Posted by life is too short - 27 Feb 2011 06:51

Question: When is it considered the end of the day in regards to falling in the 90 day chart? Is it midnight, or once one goes to sleep, or maybe when its dark, or when 3 stars come out? Or we shouldnt know of such things

Re: day or night
Posted by ToAdd - 04 Mar 2011 06:15

Interesting question. If it's midnight (which I suspect is how the chart technically works), then in what time zone?

I would say it's up to you. If you decide that the 4th of March ends at midnight, then use the chart that way.

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