

weekly accountability and chizuk (the making of a Tzadik)

Posted by Areivim - 25 Feb 2011 15:20

Hello everyone!

I have decided to start a journal of my experiences, struggles, and successes with the intention of giving chizuk to everyone, including the "lurkers" (many people who read and take in all the information, but do not post any comment), and in order to receive some chizuk that I know I will need in order to become a Tzadik.

I will update at least once a week on Friday or Motzei Shabbos. I would love it if people can gain from my journal: the making of a Tzadik.

Right now, time is short, but suffice it to say that I started Thursday (yesterday). I picked myself up, after some dumb choices Wednesday night that led to a fall.

I woke up determined to succeed for good. I talked with HaShem and went through the 4 steps of teshuva. As part of kabala for the future, I told HaShem that I would start a journal with the intention of being able to give chizuk and help others struggling to succeed. I then said the tikkun klali (10 Tehillim of Dovid HaMelech), and went into the mikveh.

I feel like late Wed. night, I fell into a big pit of mud, and dirtied my clothes and whole body. Then, on Thursday I picked myself up and cleaned myself off thoroughly, washing my clothes and taking a long shower. I reasserted myself that I don't belong laying in the mud like a dirty pig, but rather I belong standing talking to HaShem and learning His holy Torah with a clean body (goof naki).

I am a holy neshama, who has a goof and a major yetzer hara. I need to stay focused and pass the nisyonos that come...in fact this is why HaShem sends the tests...so that I will **pass** them and assert myself as a holy neshama, and in doing so get closer and closer to HaShem, and develop of stronger personal relationship with Him.

Have a great Shabbos everyone!

All chizuk is welcome. Also, if someone who has succeeded for awhile (several months) could write in and comment from time to time, I would greatly appreciate the help.

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Re: weekly accountability and chizuk (the making of a Tzadik)
Posted by Areivim - 13 Apr 2011 22:00

Completed day 9. Another great day.

Tomorrow, I am going to learn more.

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Re: weekly accountability and chizuk (the making of a Tzadik)
Posted by Rising Up - 13 Apr 2011 22:06

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Re: weekly accountability and chizuk (the making of a Tzadik)
Posted by Areivim - 14 Apr 2011 18:18

I am completing day 10 with the end of the 10th of Nisan, Boruch HaShem!

How am I doing, you might ask?

My gut/reflex answer is: aveiras...who has time for aveiras, the house still isn't turned over for Pesach?!

Also, my whole mindset is in mitzvahs: finding time to learn, cleaning, bringing down everything special for Pesach from storage, buying TONS of stuff for Yom Tov both food and otherwise, taking care of/watching the kids all afternoon so that my wife has the house available to clean and arrange for Pesach, etc. This is ideal, really. Because with the mitzvah mindset, one simply doesn't even think about doing aveiras!

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Re: weekly accountability and chizuk (the making of a Tzadik)
Posted by geshertzarmeod - 14 Apr 2011 21:27

nice mindset!

keep it up

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Re: weekly accountability and chizuk (the making of a Tzadik)
Posted by Areivim - 16 Apr 2011 17:47

O.k. It's now Motzei Shabbos, and I have completed 12 days!

Late Thursday night was a test, bad link, whatever, the important thing is that I Xed it, and went to sleep, BORUCH HASHEM!!!

In the past, in a weaker moment, I might have/would have failed.

Friday, Erev Shabbos I thanked HaShem so to speak, for helping me succeed by learning a massive FIVE AND A HALF HOURS!

Shabbos was wonderful too.

I hope yours was too!

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Re: weekly accountability and chizuk (the making of a Tzadik)
Posted by 2nd-chance - 16 Apr 2011 23:13

great yosef

we are proud of you

keep UUPP

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Re: weekly accountability and chizuk (the making of a Tzadik)
Posted by Areivim - 17 Apr 2011 18:14

Today, I went out to buy a new pair a tzitsis (this does NOT look like it's spelled right, but I don't know how else to spell it... "Shabbos" looks right, but "tzitsis" does not).

Anyway, the specific kind I like was not tied already, and they said that it was too late to have someone tie them for me. I was very disappointed and the worker there could tell.

The worker that was helping me asked out loud if anyone was willing to do a chesed for me and tie a pair of new tzitsis for me, and one guy said he would!! So, I waited in the store while he tied 2 pair of tzitsis for me, in honor of the coming Yom Tov. I told him that he should have some kevana, that they should be able to help me fight against my yetzer hara. He may have thought I was a little nuts, but he nodded his head, and did a great job. The clincher that HaShem was with me in this kind of spur of the moment purchase, to really start fresh and experience real freedom with this Yom Tov of Freedom (Pesach), is when I went to pay. The total for both begadim, both mehudar tzitsis, and the fee to tie both pair came out to exactly 180 shekels.

Hopefully, I am starting a new life.

I don't know if I will posts updates on Pesach, but it is quite likely with my positive mindset and new tzitsis and my desire not to be on the computer at all over Pesach, that I will, b'ezras HaShem, be successful, and have amassed more than 3 full weeks by the time Pesach is over.

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Re: weekly accountability and chizuk (the making of a Tzadik)
Posted by 2nd-chance - 18 Apr 2011 11:16

may these knots tie you and your friends to the almighty forever

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Re: weekly accountability and chizuk (the making of a Tzadik)
Posted by Areivim - 27 Apr 2011 18:20

I really like posting here everyday and reading other people's threads and posts, but I just don't have so much time to continue doing so.

I spent 2 hours today reading (slowly with underlining trying to really internalize it) the GuardYourEyes handbook and Windows of the Soul today. I made it only through the first 2 days of each. Wow! Powerful good stuff.

The advise I got and chizuk I had from reading it (I had all 4 free ebooks printed and bound together...which I HIGHLY recommend doing), made me decide to spend the time learning/reading through all 4 ebooks first, and then maybe Garden of Emuna and Garden of Peace, and only then coming back to post and read threads everyday.

I think that this will be a better use of my time right now...and help me to be more successful than by coming here on the forum.

Along the same lines, I am going to stop watching videos and movies altogether now, and spend the time learning night seder, which of course, I should have been doing all along anyway!

By being more productive, learning more, sleeping more, showing my wife I am striving more to change and perfect myself, and basically eliminating almost all of my computer time, I think that I will be doing myself the biggest favor and stand the best chance of truly breaking free.

Thank you, everybody for the help you've been. I hope to meet one day, after we are all successful.

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Re: weekly accountability and chizuk (the making of a Tzadik)
Posted by ZemirosShabbos - 28 Apr 2011 16:58

keep up your great work, you are doing gevaldiger things!

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