

weekly accountability and chizuk (the making of a Tzadik)

Posted by Areivim - 25 Feb 2011 15:20

Hello everyone!

I have decided to start a journal of my experiences, struggles, and successes with the intention of giving chizuk to everyone, including the "lurkers" (many people who read and take in all the information, but do not post any comment), and in order to receive some chizuk that I know I will need in order to become a Tzadik.

I will update at least once a week on Friday or Motzei Shabbos. I would love it if people can gain from my journal: the making of a Tzadik.

Right now, time is short, but suffice it to say that I started Thursday (yesterday). I picked myself up, after some dumb choices Wednesday night that led to a fall.

I woke up determined to succeed for good. I talked with HaShem and went through the 4 steps of teshuva. As part of kabala for the future, I told HaShem that I would start a journal with the intention of being able to give chizuk and help others struggling to succeed. I then said the tikkun klali (10 Tehillim of Dovid HaMelech), and went into the mikveh.

I feel like late Wed. night, I fell into a big pit of mud, and dirtied my clothes and whole body. Then, on Thursday I picked myself up and cleaned myself off thoroughly, washing my clothes and taking a long shower. I reasserted myself that I don't belong laying in the mud like a dirty pig, but rather I belong standing talking to HaShem and learning His holy Torah with a clean body (goof naki).

I am a holy neshama, who has a goof and a major yetzer hara. I need to stay focused and pass the nisyonos that come...in fact this is why HaShem sends the tests...so that I will **pass** them and assert myself as a holy neshama, and in doing so get closer and closer to HaShem, and develop of stronger personal relationship with Him.

Have a great Shabbos everyone!

All chizuk is welcome. Also, if someone who has succeeded for awhile (several months) could write in and comment from time to time, I would greatly appreciate the help.

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Re: weekly accountability and chizuk (the making of a Tzadik)
Posted by Areivim - 28 Mar 2011 06:42

Your point is well taken. I will focus on using my time productively - learning, spending time with my family, reading, and sleeping, which will automatically reduce my computer time.

I will allow myself on the computer, but not for long stretches of time

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Re: weekly accountability and chizuk (the making of a Tzadik)
Posted by geshertzarmeod - 28 Mar 2011 08:07

Be matzliach!

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Re: weekly accountability and chizuk (the making of a Tzadik)
Posted by Areivim - 29 Mar 2011 03:29

Great news to report: I was just in the SAME situation that I have repeatedly failed at in the past, and I passed! Boruch HaShem! Instead of feeling disappointed in myself and stupid and weak, I feel energized, great, and strong. If only this could happen every time...consistently!

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Re: weekly accountability and chizuk (the making of a Tzadik)

Posted by Rising Up - 29 Mar 2011 03:31

HAHA!!! YESSSIR. KOT!!!

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Re: weekly accountability and chizuk (the making of a Tzadik)

Posted by geshertzarmeod - 29 Mar 2011 08:53

WAY TO GO !!!! HOOORAY !!!!!!!!!!!

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Re: weekly accountability and chizuk (the making of a Tzadik)

Posted by Areivim - 29 Mar 2011 12:09

Today is day 6...and after last night's near miss, I'm feeling stronger than ever. Kind of like after they find something wrong with the airplane, and it is delayed on the ground for 2 hours, some people are nervous about the future flight, but I always think, wow, this is way better that they found this problem BEFORE we took off, and now that they knew there was a problem/near miss, they must have really checked and fixed everything well, so we are actually even safer than before.

One can learn a lot from a near miss, and I am thankful to HaShem that I didn't need to fall flat on my face in the mud pit to get the message He is sending me...fix this area of vulnerability, so that you don't fall in the future. Since you really wanted to pass, and really needed to pass to get "the ball rolling" (clean days), I helped you succeed at the last minute. But take the warning, and don't let it get that close again. Boruch HaShem, I got the message. And I also realize through this episode, how much HaShem really loves me and wants me to break free and succeed. This feels amazing.

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Re: weekly accountability and chizuk (the making of a Tzadik)

Posted by ZemirosShabbos - 29 Mar 2011 15:19

sounds very good!

keep up the good work

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Re: weekly accountability and chizuk (the making of a Tzadik)

Posted by Areivim - 30 Mar 2011 11:40

Today is day 7...when I successfully make it through today, it will be a FULL WEEK clean. Maybe a small achievement for some, but a very good indication that I am on the right track for me. Since starting here, I have messed up WAY MORE than usual, and haven't been able to put ANY successful string of days together. But that was all in the past, and now I am Boruch HaShem on track...and feeling good.

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Re: weekly accountability and chizuk (the making of a Tzadik)

Posted by geshertzarmeod - 31 Mar 2011 00:40

Phenomenal!

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Re: weekly accountability and chizuk (the making of a Tzadik)

Posted by ZemirosShabbos - 31 Mar 2011 04:49

gevaldigggggg!

psssst, wanna know a secret?, there is a pub on GYE,

www.guardyoureyes.org/forum/index.php?topic=1609.msg102671#new

why dontcha head over and make a lechaim or two or three or....

drinks on me!

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Re: weekly accountability and chizuk (the making of a Tzadik)

Posted by Areivim - 01 Apr 2011 00:19

I am now completing day 8. Eight is great.

I am up way too late tonight, and may have failed in the past...as this is the danger zone, but I am flying too high and am too focused for it to even be a big test right now. I hope it is always , but I know that it won't be.

Thanks for the l'chayim.

Thanks for being with me in my struggles AND successes!

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Re: weekly accountability and chizuk (the making of a Tzadik)

Posted by Rising Up - 01 Apr 2011 01:52

LEVEL 2!!!!!!

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Re: weekly accountability and chizuk (the making of a Tzadik)

Posted by Blind Beggar - 01 Apr 2011 07:04

I don't know about Starbucks but you can buy Woodford in any liquor store in America if you are 21 years old. If you are too young, ask Bardichev to buy it for you, he is 84 next week.

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Re: weekly accountability and chizuk (the making of a Tzadik)

Posted by Areivim - 01 Apr 2011 10:25

As far as I know, Woodford Reserve is a bourbon, though I have never tasted it.

It is on the kosher list:

www.crcweb.org/KC_latest.pdf

But I am looking for a very good, kosher coffee liquor (as I mentioned in my last post). I can't find Starbucks in the liquor stores, and Kahlua is a problem/not recommended.

Today is day 9!

p.s. is Woodford Reserve very good, or is it just part of an inside joke or something? Because I do like Jim Beam Black

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