

my lifelong battle with lust

Posted by Mordechai - 27 Jan 2011 13:52

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Hello, everybody

Let me introduce myself. My nickname on this forum is Mordechai and I'm 34 years old and living in Holland. After reading many posts on here I'd like to start one of my own and want to share my story with you and tell you how porn and nudity affected a young boy at a very early age.

My battle started at a very young age. I was about 3 or four years old I think. Because of circumstances I had to stay a night at my neighbours house. They had subscriptions to a variety of magazines and one of them was a nude magazine. When I was playing I stumbled upon it and began to look at the images. It took quite a while for my neighbours to find out what I was doing and when they discovered it they took the magazine away and told me that I was not supposed to look at it. Ofcourse this sparked my curiosity, and when I had another chance I took the magazine again and began to look at it again. Because it was forbidden it was extra fun to do it. this was the point when lust got a hold of me. It wasn't very long before I started to search for those kind of images. when catalogues of post order companies would come in I would look for women in underwear and the swimsuit section. One time when me and where collecting old newspapers for a project at our school at 6th grade we got a box full of old newspapers but with a bundle of playboy magazines at the bottom. We discovered them and started to look at them. A couple of friends from my school had older brothers who bought porn magazines and they got hold of them and took them to show them to me. What I'm trying to say is: that in my childhood there were plenty occasions where I was presented with improper images and wasn't able to refuse them. It felt like there was this power which got hold of me at a very young age and was not willing to let me go. During my childhood and teenage years I kept struggling with it. I also learned how to masturbate at a very young age and kept on doing it. I promised HaShem to stop doing it over and over again, but wasn't able to. Before I got married I confessed my struggle to my spouse to be and fortunately she was very understanding and willing to keep loving me in spite of my addiction. Unfortunately, I still kept falling back in my addiction and kept disappointing her. I'm now 34 and as you can all see on the chart am now 67 days clean thanks to HaShem for leading me to this great website. B'ezras HaShem I will reach 90 days and beyond!!! I have good hopes that I will stop this addiction for Good but I know (as is stated in Pirke Avot) to not trust myself until the day of my death!

I want to close with a general call to Please, please keep the filth out of reach of children because otherwise this addiction will grab hold of them too. Prevention is the best cure!!!

I want to encourage all of you who are in this struggle to keep up the fight!!!!

Mordechai

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Re: my lifelong battle with lust

Posted by ZemirosShabbos - 21 Nov 2011 22:28

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Mazel Tov!

many more happy clean days!

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wishing you much continued hatzlocha

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Re: my lifelong battle with lust

Posted by obormottel - 21 Nov 2011 22:49

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Mazel tov, many sober years ahead, one day at a time!

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Re: my lifelong battle with lust

Posted by pischoshelmachat - 16 Oct 2013 20:43

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Reb Mordechai,

I am climbing the chart right behind you. I know you have had over 2 years of sobriety so I consider you an expert climber. I am greatly honored to be near you and feel strengthened being near you.

I would love to keep in touch with you if you would be agreeable and ask you to help me with my climb.

Thank you!

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Re: my lifelong battle with lust  
Posted by Mordechai - 11 Jan 2014 03:40

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REb Pischoshelmachat,

I would be honored to climb together with you. My activity on the forum has been few for a while due to obligations and the demands of daily living.

I had a fall in the meantime so maybe I am not an expert climber.

However if you want to make it safe to the top of a mountain, you need a buddy who can help you secure yourself in case of a slip, so you won't fall down. Even if you fall a little, your buddy can help you get up again.

If you are interested I would very much like to climb together with you and reach the mountain together.

I'm offering you my right hand.

Rak beYachad!

Mordechai

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Re: my lifelong battle with lust  
Posted by pischoshelmachat - 15 Jan 2014 03:57

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Hi Reb Mordechai,

I appreciate your offer. I am all dressed in my climbing gear and ready to go. Please keep in touch!

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Re: my lifelong battle with lust

Posted by Mordechai - 23 Jan 2014 02:12

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Allright Pischoshelmachat,

Let's go! it's a great day for climbing!

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