

GYE - Guard Your Eyes

Generated: 21 August, 2025, 15:07

PostalServicio's Battle Log

Posted by BentleyJunkie - 23 Nov 2008 23:11

Battle's Started: Nov 17, 2008

Longest Previous Battle: 18 days (CHAI!!)

Goal: 90 Days

Duration of Battle: So far, 6 days.

Daily Updates (Level 1): Every Night (10pm Central Time)

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Re: PostalServicio's Battle Log

Posted by BentleyJunkie - 23 Jan 2009 00:17

i was seeing what girls i was friends with before becoming religious were up to...and granted, I recently graduated from college...so they aren't middle-aged or unattractive

I know i shouldnt be doing it, but it is the last thing i'm allowing myself to do...after getting rid of tv, installing a strong internet filter, and guarding my eyes when i'm out in the world. I don't see myself using it for excitement, but i can see that it might lead to that one day.

I still would like facebook for corresponding since it helps me keep in touch with friends, but i might just have to not look at pictures.

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Re: PostalServicio's Battle Log

Posted by BentleyJunkie - 25 Jan 2009 21:37

Checking in...day 38 was yesterday...

been feeling a bit down lately, but i didnt allow that to get me to fall.

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Re: PostalServicio's Battle Log

Posted by the.guard - 25 Jan 2009 22:18

Postal, you are a real warrior. I **know** you will make it for the GOLD.

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Re: PostalServicio's Battle Log

Posted by battleworn - 26 Jan 2009 18:00

Holy postal, I want to ask you for a very big favor. Please look at what I posted yesterday on be holy's thread. It all applies to you to; you have tremendous power in shomayim and I really need your help. Thank you very very much!

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Re: PostalServicio's Battle Log

Posted by BentleyJunkie - 27 Jan 2009 04:06

This such an important thing to do! Thank you battleworn for bringing it to our intention. I will daven for your sons and all the children in klal yisroel.

40 clean days!

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Re: PostalServicio's Battle Log

Posted by the.guard - 27 Jan 2009 23:10

Chart Updated! Some Sefarim bring down that it takes 40 days to get a used to a new behavior (like getting up before dawn). - And it takes 40 days from inception until the Neshama enters the baby. May Hashem give you a new Neshama in this merit! ***Ruach Nachon Chadesh Bikirbi.***

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Re: PostalServicio's Battle Log

Posted by BentleyJunkie - 30 Jan 2009 00:49

Had a dream again that I fell, but no wet dream again (B'H").

That's the second time in two weeks.

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Re: PostalServicio's Battle Log

Posted by the.guard - 30 Jan 2009 10:50

Happy to hear from you, I was getting worried :D

I believe that a wet dream is something to be PROUD of for us here on this forum (as opposed to others who don't struggle with this addiction). In the past, the body never needed a wet dream, we did it ourselves. A wet dream shows we are working on ourselves and making such

Ashrecha.

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Re: PostalServicio's Battle Log
Posted by BentleyJunkie - 30 Jan 2009 12:40

GUE,

don't think you read correctly: i just dreamt that that i had an emission, but i didnt actually have a nocturnal emmission.

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Re: PostalServicio's Battle Log
Posted by the.guard - 30 Jan 2009 13:20

That shows that your subconscious mind is accepting the fact that you want to hold back, and it doesn't let you finish even in your sleep. This is an even BETTER sign. It shows that your subconscious is adjusting to your new, holier way of life. ;D

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Re: PostalServicio's Battle Log
Posted by BentleyJunkie - 01 Feb 2009 03:57

Day 45 done

past week was a tough one...yh was attacking, i wasn't so meticulous in mitzvos, didn't learn much

will try to pick myself up for this week.

BUT i'm halfway to 90!

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Re: PostalServicio's Battle Log

Posted by Ano Nymous - 01 Feb 2009 11:04

Great job postal! Send me an email once in a while! I'm glad you're doing so well. :D

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Re: PostalServicio's Battle Log

Posted by BentleyJunkie - 02 Feb 2009 23:48

Thanks for the chizuk!

I think i've internalized something....when i'm not actively cleaving to H' and growing daily, i'm like a sitting duck. That's what was missing this past week.

Today is Day 47...almost 49!!!!!!

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Re: PostalServicio's Battle Log

Posted by battleworn - 03 Feb 2009 12:11

You hit the nail right on the head!

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