

The life of a soldier in hashems army

Posted by mnman415 - 16 Nov 2010 03:54

my last thread was called starting over after 37 days and the one before that was called this time im in it to win it.

very quickly. im 16. got into this at 11 years old. always said ill stop after my bar mitzvah. in 8th grade i talked to girls. in summer going into 9th i decided to stop talking to them because i felt guilty about m*****. skipping ahead. here i am now as an addict. a teenage addict trying to get close to hashem.

the only way i can do it is with his help, without hashem i am helpless.

so here is what we are doing. we are DAVENING 3 times a day. not saying the words but talking to hashem. if possible, talk to hashem often.

filling my day with as much torah as possible.and maintining kedusha. thursday nights i will try to exercise to get rid of some extra hormone buildup. and get rid of sexual energy.

there is so much more to do, but this is the main outline.

today was day 1. it was good, i was careful with my eyes. i learned a lot. i feel really good. i just decided. by next schoolyear, going into 12th grade, i WILL know how to learn. im still pushing myself in shiur. but out of shiur, i am taking a jastrow (dictionary) and learning torah. i am learning the entire masechta bekiyus that we are doing in school. we are only going to cover 20 or so dafim of gemorah so i am doing thr whole thing. over the vacations when i have more time i will try to learn how to learn be'iyun. but i first need to get down the basics.

anyways. i feel really pumped to keep going and really make it to 90 days this time. and with hashems help and only with his help will i be able to make it.

HS

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Re: The life of a soldier in hashems army

Posted by ZemirosShabbos - 19 Dec 2011 22:57

HS, i feel for you. i don't have the answer but i will continue to daven for you

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Re: The life of a soldier in hashems army
Posted by JackAbbey - 20 Dec 2011 21:37

dear HS there is two ways to win a battle

- 1) fighting and constant battling until the enemy is dead
- 2) making the enemy loose interest in the war, taking away his reason for the fight

the 12 steps is busting the balloon of the y"h, whereby the whole issue changes view from a fight to a reprogramming of the mind, where that women over there is not any more an object to serve my desire, she is merely a NORMAL STANDARD human being standing in the wrong place (in front of an addict), so it's not so much fighting against acting out, it's more losing the reason to act out.

however, we still need a constant guard in order not to fall back to stupid imaginary lusts

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Re: The life of a soldier in hashems army
Posted by Dov - 21 Dec 2011 19:34

You need to have consequences. Just maybe, if your motivation to stay clean is only a moral choice that you are making, you are still 'baylim' over it. That's a deficit, in my opinion.

Now from a Torah (not recovery) perspective:

Hashem said (gm' Shabbos 85) "If you accept the Torah now, fine - if not, *shom t'hei kvuraschem* (your grave will be right there)" - and He said this *even though they already said they'd accept!* The MaHaRa"L explains that Hashem wanted to teach them/us that accepting the Torah may *appear* to be a choice - but it really is *an offer we can't refuse*.

I have found that true addicts are among the few who really understand this. They are innately aware that their sobriety is *not a choice* - they have no other option but to stop. And no Torah

can tell them this is so - they (we) need to understand it ourselves. That's why it is not 'gevurah', or 'morality', or 'bravery' to do what is necessary to recover - for no one deserves a *medal* for risking their own lives to save *themselves* from a burning building!

Get me, chabib?

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Re: The life of a soldier in hashems army
Posted by mnman415 - 22 Dec 2011 02:28

shkoyach dov!

i like that

im going to try to say that over to myself over and over

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Re: The life of a soldier in hashems army
Posted by Dov - 22 Dec 2011 04:39

Wow, you are indeed a decent guy.

Hatzlocha.

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Re: The life of a soldier in hashems army
Posted by mnman415 - 23 Dec 2011 03:14

umm thanks?

i try my best to be a decent person

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Re: The life of a soldier in hashems army
Posted by ZemirosShabbos - 23 Dec 2011 16:30

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Re: The life of a soldier in hashems army
Posted by mnman415 - 02 Jan 2012 00:30

ok

Good shabbos reb. decent person!
im still here fighting. still giving it over to hashem.

im almost up to winter vacation.

starting finals this week

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Re: The life of a soldier in hashems army
Posted by Yosef Hatzadik - 02 Jan 2012 06:44

Finals??

What for?

Isn't being a decent person enough? ???

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Re: The life of a soldier in hashems army
Posted by mnman415 - 03 Jan 2012 02:30

[Yosef Hatzadik wrote on 02 Jan 2012 06:44:](#)

Finals??

What for?

Isn't being a decent person enough? ???

according to my understanding,

it is to test me on all the information i have learned in school during the last semester in one big

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Re: The life of a soldier in hashems army
Posted by Hashem Yaasfeni - 03 Jan 2012 18:48

[HashemsSoldier wrote on 22 Dec 2011 02:28:](#)

shkoyach dov!

i like that

im going to try to say that over to myself over and over

I remeber when I was a kid also in Tzivos Hashem as well I always misspelled 'shkoyach' till my father corrected me. in fact that was one of the few times he taught me anything positive... sad...

In fact the correct term is '**Yasher Koach**' as in rashi when MOshe Rabbenu broke the Luchos.

I can tell you there are many of us older guys who would give an arm to be young as you and beating the nasty Yetzer Horah and break the bad habits. You are blessed and wise. You are doing exactly what is intended and will grow up to be a fine young man, whoever you marry will be a lucky girl...

So, Yasher Koach on your struggle.

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Re: The life of a soldier in hashems army
Posted by mnman415 - 04 Jan 2012 01:22

i know that its is yasher koach. i just say shkoyach cus thats what most ppl say. i do want to be

thanks for your words

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Re: The life of a soldier in hashems army
Posted by Gevura Shebyesod - 04 Jan 2012 02:03

To be real nitpicky, I think it's actually "Y'Yasher Kochacha". :D

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Re: The life of a soldier in hashems army

Posted by gibbor120 - 04 Jan 2012 17:07

I think gevura is right, but i say shkoiyach just like everyone else... except HY that is ;D.

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