

The life of a soldier in hashems army

Posted by mnman415 - 16 Nov 2010 03:54

my last thread was called starting over after 37 days and the one before that was called this time im in it to win it.

very quickly. im 16. got into this at 11 years old. always said ill stop after my bar mitzvah. in 8th grade i talked to girls. in summer going into 9th i decided to stop talking to them because i felt guilty about m*****. skipping ahead. here i am now as an addict. a teenage addict trying to get close to hashem.

the only way i can do it is with his help, without hashem i am helpless.

so here is what we are doing. we are DAVENING 3 times a day. not saying the words but talking to hashem. if possible, talk to hashem often.

filling my day with as much torah as possible.and maintining kedusha. thursday nights i will try to exercise to get rid of some extra hormone buildup. and get rid of sexual energy.

there is so much more to do, but this is the main outline.

today was day 1. it was good, i was careful with my eyes. i learned a lot. i feel really good. i just decided. by next schoolyear, going into 12th grade, i WILL know how to learn. im still pushing myself in shiur. but out of shiur, i am taking a jastrow (dictionary) and learning torah. i am learning the entire masechta bekiyus that we are doing in school. we are only going to cover 20 or so dafim of gemorah so i am doing thr whole thing. over the vacations when i have more time i will try to learn how to learn be'iyun. but i first need to get down the basics.

anyways. i feel really pumped to keep going and really make it to 90 days this time. and with hashems help and only with his help will i be able to make it.

HS

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Re: The life of a soldier in hashems army

Posted by mnman415 - 21 Nov 2011 00:19

im 3/5th done with my meggilah and im getting much faster

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Re: The life of a soldier in hashems army
Posted by gibbor120 - 21 Nov 2011 16:51

Great!

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Re: The life of a soldier in hashems army
Posted by mnman415 - 24 Nov 2011 00:46

we are going on a big road trip tonight to see my grandmother hopefully ill be able to keep calm.
sometimes trips can be hard to keep calm in.

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Re: The life of a soldier in hashems army
Posted by ZemirosShabbos - 24 Nov 2011 17:46

hi HS

hope it goes well. turkey road trips can be tough

wishing you the best

zs

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Re: The life of a soldier in hashems army
Posted by mnman415 - 28 Nov 2011 04:25

im back

ive identified to major feelings that keep getting at me

my parents are hard to deal with

and many times i feel alone.

i think these 2 major feeling are the main feeling that are still causing me to fall

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Re: The life of a soldier in hashems army
Posted by JackAbbey - 30 Nov 2011 21:58

my parents are hard, would be an understatement

feeling alone is my usual

i never have any one that i can trust and discuss my challenges

therefore i fell and fell and fell.....

but b"h since the day i found out about gye i stopped falling 117 days ago

so i would say:

parents shmarents

alone shmone

just keep on trucking

(besides, we are freinds here, you are not alone)

shmeichel

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Re: The life of a soldier in hashems army
Posted by mnman415 - 02 Dec 2011 19:11

shkoyach

the hard part is actually living with that

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Re: The life of a soldier in hashems army
Posted by JackAbbey - 06 Dec 2011 22:19

get over it!

it wont help you a single iota

1) the hard real truth is: the past is only a fake illusionary wall holding you back with silly excuses

2) a ruff past will either break you or make you, the choice is entirely yours

if you dwell in it, it will keep you in its claws, if you push forward and ignore it, it will boost you, immune you, for the rough road ahead, it will flatten it

talking from experience!

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Re: The life of a soldier in hashems army
Posted by mnman415 - 07 Dec 2011 02:53

thats what im tryig to do....sometimes have some good hatzlacha the hard part is being able to use the 12 step program in the actual place of the feeling, when im living through these hard times.

but hashem hasbeen helping me lately

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Re: The life of a soldier in hashems army
Posted by Shteeble - 07 Dec 2011 03:28

yes, lately

the last 16 or 17 years or so.

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Re: The life of a soldier in hashems army
Posted by ZemirosShabbos - 07 Dec 2011 17:43

hi HS,

ma nishma?

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Re: The life of a soldier in hashems army
Posted by JackAbbey - 07 Dec 2011 22:54

HS twerskys books are like cold water for a hot thisty wanderer

like: angels dont leave footprints

or, like yourself and others will too

he made many many books

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Re: The life of a soldier in hashems army
Posted by mnman415 - 12 Dec 2011 01:58

shkoyach

im still here trucking along

im getting excited for channukah. the yom tov of fireing ourselves back up. the yom tov of

raising out kedusha

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Re: The life of a soldier in hashems army
Posted by mnman415 - 16 Dec 2011 04:17

checking in.

i came back from a ski trip today. i didnt really want to go but my parents wanted me to go.
wasnt so good for me.

im trucking along with hashem

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