

The life of a soldier in hashems army

Posted by mnman415 - 16 Nov 2010 03:54

my last thread was called starting over after 37 days and the one before that was called this time im in it to win it.

very quickly. im 16. got into this at 11 years old. always said ill stop after my bar mitzvah. in 8th grade i talked to girls. in summer going into 9th i decided to stop talking to them because i felt guilty about m*****. skipping ahead. here i am now as an addict. a teenage addict trying to get close to hashem.

the only way i can do it is with his help, without hashem i am helpless.

so here is what we are doing. we are DAVENING 3 times a day. not saying the words but talking to hashem. if possible, talk to hashem often.

filling my day with as much torah as possible.and maintining kedusha. thursday nights i will try to exercise to get rid of some extra hormone buildup. and get rid of sexual energy.

there is so much more to do, but this is the main outline.

today was day 1. it was good, i was careful with my eyes. i learned a lot. i feel really good. i just decided. by next schoolyear, going into 12th grade, i WILL know how to learn. im still pushing myself in shiur. but out of shiur, i am taking a jastrow (dictionary) and learning torah. i am learning the entire masechta bekiyus that we are doing in school. we are only going to cover 20 or so dafim of gemorah so i am doing thr whole thing. over the vacations when i have more time i will try to learn how to learn be'iyun. but i first need to get down the basics.

anyways. i feel really pumped to keep going and really make it to 90 days this time. and with hashems help and only with his help will i be able to make it.

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Re: The life of a soldier in hashems army

Posted by Ano Nymous - 04 Jul 2011 22:55

Touche, Dov.

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Re: The life of a soldier in hashems army
Posted by mnman415 - 05 Jul 2011 02:22

today is day 20!

ya, thanks Ano! havnt seen you in a while!

anyone see any good fireworks?

i learned another 3 letters today!

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Re: The life of a soldier in hashems army
Posted by mnman415 - 06 Jul 2011 02:32

bh im on day 21.

still taking it one day at a time. the hardest part right now is shmiras eynayim (as we know that once we have that first sip of lust, the craving kicks in) im trying to surrender, about half of the time i am successful in this. looking at my accomplishments and not the falls, so baruch hashem half of the time i am successful.

going to continue working on it.

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Re: The life of a soldier in hashems army
Posted by Yosef Hatzadik - 06 Jul 2011 14:38

[HashemsSoldier wrote on 06 Jul 2011 02:32:](#)

bh im on day 21.

21= ?? = *Ach l'rabos.*

You are headed to GREAT heights!

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Re: The life of a soldier in hashems army
Posted by mnman415 - 06 Jul 2011 22:11

today is yet one more day bringing me to day 22.

today has been difficult again, still working on JUST today. also, sometimes another thought that helps me is the lashon of the second step that a higher power can restore us to SANITY. this means that the decision that i want to make is complete insanity. i know that i dont want to do it, iknow the pain ill feel after i do it, i know its an aveirah, i have all the thoughts and reasons not to do it. yet i still want to throw it away for 5 min of pleasure.....this is complete insanity. and the thought of myself being in a state of 100% insanity helps me connect to the steps.

once i realize that (at the moment of the craving) i dont have sanity, then i understand why i am powerless. im not thinking sane, so in this moment of insanity i cant choose the right thing versus the wrong thing, i cant think about the fture, all i want is the pleasure of this second. when i realize that i am insane, through that knowledge, i jump to the steps.

(after writing all of this i realize that this is why the book starts off telling us that we are sick in head and body. the sickness of the head IS what i just said)

that was helpful.

ok now im going to finish TODAY off.

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Re: The life of a soldier in hashems army
Posted by shteighecher - 07 Jul 2011 13:31

Keep it up. One day at a time. You need day 22 for day 23.

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Re: The life of a soldier in hashems army
Posted by mnman415 - 10 Jul 2011 20:36

last night i had a fall,

it all started a couple days ago when i got caught up in an image, and that set off my "allergic reaction" to lust, till last night when i finally had a fall.

but this is a yeridah letzorech aliyah.

i should have called my partner beforehand but i didnt. i need to work on making the call wehn i need to.

but this past 25ish days are not lost,

although i had a fall, i still have those days under my belt as a chizzuk telling me to get right back up and connect to the program.

today is day one.

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Re: The life of a soldier in hashems army
Posted by ben durdayah - 10 Jul 2011 21:15

KOT and don't look back soldier person.

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Re: The life of a soldier in hashems army
Posted by mnman415 - 11 Jul 2011 00:24

shkoyach ben!

only up and onward.

usually when i have a fall, the next days are very difficult to get back up.

but becasue of hashems help, i am still clean.

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Re: The life of a soldier in hashems army
Posted by teenagehelp - 11 Jul 2011 04:19

keep lookin' ahead! it seems like your mind is in the right place and you've identified what you can do.

8) keep at it.

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Re: The life of a soldier in hashems army
Posted by mnman415 - 11 Jul 2011 23:04

ok,

today is day 3.

this morning i was suffering from MAJOR withdrawal symptoms since we had a huge thunderstorm and our internet was out and i wasnt able to get onto GYE.

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Re: The life of a soldier in hashems army
Posted by mnman415 - 11 Jul 2011 23:13

btw 2 days ago when i fell and i had to post about it, i forgot to say " FALL SHMALL!" SO IM
JUST SAYING IT RIGHT NOW,

FALL SHMALL!!!!

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Re: The life of a soldier in hashems army
Posted by Echos of The Rebbe - 12 Jul 2011 00:34

FEHL SHMEHL

BARDY SAYS NUHRSIMCHE

WFFRD

TRUCKKKKK

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Re: The life of a soldier in hashems army
Posted by mnman415 - 12 Jul 2011 19:18

shkoyach reb echos!

today is day 3.

not much gong on, i already know 15 osiyos

i have 2 more classes this week. ithink 2 or 3 classes next week then ill know all the osiyos and then i need PRACTICE (im actually pretty good at the ones i know, i just need practice to make sure i REALLY REALLY have them down and consistent) then i need to learn some halacha and then im ready to write a megillah.

so hopefully by the end of net week ill have already started the megillah.

cant wait!

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