

The life of a soldier in hashems army

Posted by mnman415 - 16 Nov 2010 03:54

---

my last thread was called starting over after 37 days and the one before that was called this time im in it to win it.

very quickly. im 16. got into this at 11 years old. always said ill stop after my bar mitzvah. in 8th grade i talked to girls. in summer going into 9th i decided to stop talking to them because i felt guilty about m\*\*\*\*\*. skipping ahead. here i am now as an addict. a teenage addict trying to get close to hashem.

the only way i can do it is with his help, without hashem i am helpless.

so here is what we are doing. we are DAVENING 3 times a day. not saying the words but talking to hashem. if possible, talk to hashem often.

filling my day with as much torah as possible.and maintining kedusha. thursday nights i will try to exercise to get rid of some extra hormone buildup. and get rid of sexual energy.

there is so much more to do, but this is the main outline.

today was day 1. it was good, i was careful with my eyes. i learned a lot. i feel really good. i just decided. by next schoolyear, going into 12th grade, i WILL know how to learn. im still pushing myself in shiur. but out of shiur, i am taking a jastrow (dictionary) and learning torah. i am learning the entire masechta bekiyus that we are doing in school. we are only going to cover 20 or so dafim of gemorah so i am doing thr whole thing. over the vacations when i have more time i will try to learn how to learn be'iyun. but i first need to get down the basics.

anyways. i feel really pumped to keep going and really make it to 90 days this time. and with hashems help and only with his help will i be able to make it.

HS

=====

=====

Re: The life of a soldier in hashems army

Posted by mnman415 - 09 Feb 2011 03:13

---

today was pretty good.

ive been feeling alone lately. my friends have been haveing promiscuios convos lately (more than usual) that pushes me away.

but vayevaser yakov levado....

i am never alone, i am always with hashem....well hashem is always with me...

=====  
=====

Re: The life of a soldier in hashems army  
Posted by ZemirosShabbos - 09 Feb 2011 19:47

---

wow, that sounds tough

is there anybody there with whom you can identify?

=====  
=====

Re: The life of a soldier in hashems army  
Posted by 1daat - 09 Feb 2011 20:37

---

When I'm besieged with rid, it can last days. Every single time it's turned out that I'm scared and worried that I can't get/get done what will relieve my rid. And every single time the only time I feel any relief is when I rediscover, for the umpteenth time that I'm holding out on b'chol levav'cha/nafshecha. that is, letting go and letting G-d. When I let go, finally, it's always the case that Hashem used the rid to show me that the only safe place is in the shadow of his wing b'tzel canafecha.

Don't know if that's useful, but I share your struggle.

=====  
=====

Re: The life of a soldier in hashems army  
Posted by mnman415 - 10 Feb 2011 01:33

---

zm.

not really, except for you guys. there are some people that i WOULD be able to get close to and be happy with, but 1st thing is that im in the high school and they are in the bais medrish level so we dont see each other often +the ones i would want to get close with (which i am close with) are getting married shortly....so much less available time.

1daat

thank you. i hear your message and it is good, i am never alone, im always under hashems arm, but its hard to really feel that.

truthfully i will always be alone on my own mission, the only thing is that i dont have to always be physically alone to fulfill the mission. some day i will have a beautiful wife and beautiful children (bli ayin harah) and i will always have them to be with and be in a place and environment that i create, but until that day, i still need to just keep pushing.

=====

Re: The life of a soldier in hashems army  
Posted by silentbattle - 10 Feb 2011 06:55

---

No matter what, feeling alone is tough. It's especially tough when it comes to dealing with these issues at the same time. I'd recommend trying to get close to those people that you think you can connect with, even if it takes a bit more effort.

Also, please be careful - when you say that you're "powerless," that can lead to feeling of accepting the fact that we fall. After all, there's nothing I can do, it's all up to hashem!

=====

Re: The life of a soldier in hashems army  
Posted by mnman415 - 11 Feb 2011 05:24

---

youre right.

time to kvetch again.

why is this stage of life so hard???? im eorking on finding a yeshiva but i just cant find one for me. there are so many things that are wrong i just want to cry to hashem!!!

theres so many things, i dont even know what to kvetch!!!!!!!

=====  
=====

Re: The life of a soldier in hashems army  
Posted by mnman415 - 13 Feb 2011 20:28

---

hi, i had a fall on shabbas. 2 of them. it was my first fall on shabbas in who know how long, but my attitude was excellant.

shabbas was great overall. its hard to get back up now, im very very weak. i want to have another fall

=====  
=====

Re: The life of a soldier in hashems army  
Posted by mnman415 - 13 Feb 2011 22:01

---

i had a fall

my attitude is getting better.

=====  
=====

Re: The life of a soldier in hashems army  
Posted by Maccabee - 13 Feb 2011 23:13

---

Hey HS, Mac here. Checking in to see how you're doing. I'm a bochur too. I'm in the same boat as you. Fell on shabbos. Feeling terrible. Let's do this together. Email me. I have found that the most helpful and important thing for me is having LIVE people that I can call email and text.

=====  
=====

Re: The life of a soldier in hashems army  
Posted by mnman415 - 14 Feb 2011 04:08

---

the past 2 days have been the worst days ive had in who know how long. fell twice today and i still have a desire to keep falling. oy vay hashem, lead me on the right derech to recovery,i will not live like this for the rest of my life. im scared that i wont be able to stop and i will get married and still have this issue. oy voy voy hashem. what else is there to do hashem???

=====  
=====

Re: The life of a soldier in hashems army  
Posted by mnman415 - 15 Feb 2011 02:40

---

ok here i am. remember that when we fall we dont loose previous growth,

day 1

=====  
=====

Re: The life of a soldier in hashems army  
Posted by mnman415 - 15 Feb 2011 02:58

---

[ZemirosShabbos wrote on 16 Nov 2010 05:08:](#)

keep it up, bezras Hashem you will fight and win!

youre right.

im not a quitter. i might be a baby since i only care about myself (learnt that through the ohone conference, that is what an addict is and one of the things we will work on in the call) but im not quitter!

=====  
=====

Re: The life of a soldier in hashems army  
Posted by Yosef Hatzadik - 15 Feb 2011 17:50

---

I wish I had your attitude! :-\*

=====

Re: The life of a soldier in hashems army  
Posted by ZemirosShabbos - 15 Feb 2011 17:55

---

me too!

=====

did Energizer contact you for a commercial yet?