

The life of a soldier in hashems army

Posted by mnman415 - 16 Nov 2010 03:54

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my last thread was called starting over after 37 days and the one before that was called this time im in it to win it.

very quickly. im 16. got into this at 11 years old. always said ill stop after my bar mitzvah. in 8th grade i talked to girls. in summer going into 9th i decided to stop talking to them because i felt guilty about m\*\*\*\*\*. skipping ahead. here i am now as an addict. a teenage addict trying to get close to hashem.

the only way i can do it is with his help, without hashem i am helpless.

so here is what we are doing. we are DAVENING 3 times a day. not saying the words but talking to hashem. if possible, talk to hashem often.

filling my day with as much torah as possible.and maintining kedusha. thursday nights i will try to exercise to get rid of some extra hormone buildup. and get rid of sexual energy.

there is so much more to do, but this is the main outline.

today was day 1. it was good, i was careful with my eyes. i learned a lot. i feel really good. i just decided. by next schoolyear, going into 12th grade, i WILL know how to learn. im still pushing myself in shiur. but out of shiur, i am taking a jastrow (dictionary) and learning torah. i am learning the entire masechta bekiyus that we are doing in school. we are only going to cover 20 or so dafim of gemorah so i am doing thr whole thing. over the vacations when i have more time i will try to learn how to learn be'iyun. but i first need to get down the basics.

anyways. i feel really pumped to keep going and really make it to 90 days this time. and with hashems help and only with his help will i be able to make it.

HS

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Re: The life of a soldier in hashems army

Posted by silentbattle - 30 Jan 2011 22:01

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Sometimes, our job is to truck along even when we feel drained, and we don't feel like we're doing the job we'd like to be doing - but to still keep doing the best we can.

Fell shmell, because you haven't lost all the growth that you had. Because you can pick up and keep going, and be proud of the things you've done.

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Re: The life of a soldier in hashems army  
Posted by mnman415 - 31 Jan 2011 04:33

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thank you.

your advice was good for today.

hopefully soon ill be able to get back into everything and have energy for everything.my goal isnt for 90 days, my goal is just for today.

going back into a week o school now.

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Re: The life of a soldier in hashems army  
Posted by mnman415 - 01 Feb 2011 03:52

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checking in.

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Re: The life of a soldier in hashems army  
Posted by ZemirosShabbos - 01 Feb 2011 04:17

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hi HS,

are you checking into the Waldorf or the Econolodge?

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Re: The life of a soldier in hashems army  
Posted by mnman415 - 01 Feb 2011 20:36

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doing great.

just got home. the rest of today +tommorow is a snow day. i think im sick though, so i have what to keep myself busy with today. (torah +rest)

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Re: The life of a soldier in hashems army  
Posted by ZemirosShabbos - 01 Feb 2011 20:47

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glad you are doing good

hope you feel better

it says in Toras Avos:

A person must eat and drink and sleep and also learn and daven, but not **also** learn and daven

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Re: The life of a soldier in hashems army  
Posted by ben durdayah - 01 Feb 2011 20:50

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Good to hear that you're doing great. Refuah Sheleimah!

I also have a bit of a cold...

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Re: The life of a soldier in hashems army  
Posted by mnman415 - 03 Feb 2011 04:28

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still sick. snow day again tommorow, over 2 feet of snow in the average place. in other places where the snow got blown by the wind 3 feet.

but im sick so just checking in

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Re: The life of a soldier in hashems army  
Posted by ben durdayah - 03 Feb 2011 11:47

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Be 2

Hatcchhoooo!

Keep od Truckid'!

EBD

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Re: The life of a soldier in hashems army  
Posted by mnman415 - 04 Feb 2011 00:27

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starting to feel better, aspecially since in the past 2 days ive slept more than a bear sleeps during hibernation

still clean. had a slip before i fell asleep this morning when i got home from shachris when i wqas going to take a sick nap. feeling better n0ow than before and before i felt better than before-er and before-er i felt better than before-er-er than that. so at this rate when i get back to school tomorrow i should be much better until my 3 hour gemorah test (which im the only one in my class that will say its easy!).

anyways, thats all thats happening now. not much. jsut resting up.

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Re: The life of a soldier in hashems army  
Posted by mnman415 - 06 Feb 2011 01:30

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gut voch.

im ready to just jump out of this addiction.one of the many reasons its hard is cus there are so many things to remember as we recover. so many ideas and concepts. in the group, we are working on living ALL G-D ALL THE TIME, which i still dont completely understand. but trying to work on it.

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Re: The life of a soldier in hashems army  
Posted by silentbattle - 06 Feb 2011 19:07

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We grow one day at a time. That can be difficult, because we'd all like to just be over this, to be past it all. But time takes time. One day at a time is the only way to live life, and I'm still learning this - in areas other than addiction. Live life, one day at a time, learn what you can, grow as you can.

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Re: The life of a soldier in hashems army  
Posted by mnman415 - 06 Feb 2011 21:11

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i fell last night. again.

ive got the first step of understanding that i have no control of it. im very good at it. i know that i have nothing that i can do. its all from a greater source. all from hashem. i feel helpless right now. all im trying to do is get closer to hashem. but again, in this stage of life in my situation its hard. i dnt know what else to say except for i need to get up and keep on going.

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Re: The life of a soldier in hashems army  
Posted by ZemirosShabbos - 07 Feb 2011 18:01

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[HashemsSoldier wrote on 06 Feb 2011 21:11:](#)

i dnt know what else to say except for i need to get up and keep on going.

wow, that you can say that is great

you made a lot of progress, don't let anyone try to convince you otherwise.

maybe you need something fresh, something different?

i don't know what, but you can daven to Hashem that He show you what you can do

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