

Tzvi's Progress

Posted by Tzvi - 08 Nov 2010 15:36

Today is day one for me.

That may not sound great, but the truth is it's much better than day zero. Kedusha was one of the people that gave me advice on what to choose for a taphsic k'noss.

I chose kappettel 119 as the k'noss like he suggested.

I'm not doing shavuois though. I'm stam doing a kaballah bli neder which should be good enough for me.

Unfortunately I'm used to falling a few times a day, and often I will have to suffer with very strong urges that just don't seem to go away.

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Re: Tzvi's Progress

Posted by Yosef Hatzadik - 04 Jan 2011 20:10

[Tzvi wrote on 03 Jan 2011 19:47:](#)

For today, my accomplishment was joining Duvid Chaim's call. I am hoping that this will start me on a successful path.

This is a MAJOR accomplishment!

It may be the difference between doing & not doing....

Insanity (v), Repeating the same actions while expecting different results.

If the old way wasn't working for you, it is time to go to the next level!

You are on the right path! You will, b'ezras Hashem, arrive!!!

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Re: Tzvi's Progress

Posted by Tzvi - 04 Jan 2011 23:41

[ZemirosShabbos wrote on 04 Jan 2011 15:44:](#)

hi Tzvi, ma nishma?

I don't feel strong enough to announce day 1, day 2, etc.

I don't know if there's a tachlis in that either. For now announcements feel premature.

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Re: Tzvi's Progress

Posted by ZemirosShabbos - 05 Jan 2011 05:07

[Tzvi wrote on 04 Jan 2011 23:41:](#)

in my book that's a great thing

lechaim!

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Re: Tzvi's Progress

I definitely feel stronger though.

Posted by Yosef Hatzadik - 05 Jan 2011 18:56

[Tzvi wrote on 03 Jan 2011 16:19:](#)

Yosef Hatzadik is getting on my case.

You mean to say that you also got stuck with that nudnik???

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Re: Tzvi's Progress

Posted by chaimhelp - 05 Jan 2011 20:43

There is a twelve step line. " Its an inside job" This mean change comes from the inside.
Somtines these changes arent postable. They are deep inside.

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Re: Tzvi's Progress

Posted by Yosef Hatzadik - 05 Jan 2011 22:35

[chaimhelp wrote on 05 Jan 2011 20:43:](#)

There is a twelve step line. " Its an inside job" This mean change comes from the inside.
Somtines these changes arent postable. They are deep inside.

This is a really 'deep' concept....

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Re: Tzvi's Progress

Posted by Yosef Hatzadik - 16 Feb 2011 19:17

Anyone heard from **Tzvi** recently?

How is he doing?

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Re: Tzvi's Progress

Posted by Tzvi - 18 Feb 2011 15:28

I would like to thank Yosef Hatzadik for giving generously of his time and koichess to help me finally make some progress.

Yosef, I'm looking forward to more progress. Keep it coming please.

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Re: Tzvi's Progress

Posted by Yosef Hatzadik - 20 Feb 2011 16:01

I didn't do much. All I did was help YOU recognize what steps YOU can take. All YOUR growth is to YOUR own credit!

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