

fresh start

Posted by Sturggle - 06 Jul 2009 19:35

I was on the list before under a different name and I decided to change it. Previously I was "David". I am nearing the end of my 4th day clean. Today was difficult and challenging. Thanks to your help, I have had a filter (K9) on my computer since Thursday afternoon. That has been helpful. Anyway, happy to be on this journey of sobriety. I'm not so sure how much to disclose about myself and what to write on these forums. I hope to make use of them, though. I have needed, do need and will need help and support.

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Re: fresh start

Posted by Tomim2B - 26 Aug 2009 11:25

Struggle, was that you just talking about sleep? Hehe... I think I was sent down to this world with the sole mission of making sure you don't get any. :D

2B

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Re: fresh start

Posted by Sturggle - 26 Aug 2009 12:47

Bring it on Tomim! I heard a wise man once say that if I have a challenge in this world it means that I also have the ability to overcome it! ;D

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Re: fresh start

Posted by Pintele Yid - 26 Aug 2009 20:16

[struggle wrote on 25 Aug 2009 22:31:](#)

I want to go to sleep. For some reason, I also feel a need to write before I do. Addiction? Ya think?

All I can really say right now is that I love you all.

Pintele, Bardichev, BeStrong, thanks for your posts.

I've been having some ups and downs in the last couple of days, which I think I already wrote a little about. It is much easier for me to come on to the forum and write to others, sometimes joking around, other times even seriously, and to avoid confronting myself and what is going on with me. Last night I had a mikreh layla. I wanted to get a chance to see some of the other posts about it before I wrote something. Didn't get a chance to do that until later in the day. Ok, I need to stop typing and rambling and put myself to sleep. Eight (almost nine) clean days... Thank you for being here for me!

b'ahava raba ugmura,

Struggle

Heiliga Struggle,

I guess the Y"H is also trying to cram and is losing sleep, since all he could do is get you on a

I think you have him on the run ;D

BS"D 9 days and counting..... 10 is a big number!

Love,

Pintele Yid

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Re: fresh start

Posted by Tomim2B - 26 Aug 2009 20:40

Yeah, looks like not sleeping is the latest technique in avoiding mikreh layla. :D

2B

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Re: fresh start

Posted by Pintele Yid - 26 Aug 2009 21:04

[Tomim2B wrote on 26 Aug 2009 20:40:](#)

Yeah, looks like not sleeping is the latest technique in avoiding mikreh layla. :D

2B

Gevaldika Vort! :D

Pintele Yid

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If only we can get the Y"H to sleep more often :

Re: fresh start

Posted by Sturggle - 27 Aug 2009 06:24

good morning to the oylam,

and 10 it is...

Bardichev, how's that for a minyan?!

feeling pretty good right now, actually. i want to post more about how im doing/feeling and diff things that are going, but im going to be keeping it short for now. mechuvan lamatara...study! study! study! and, of course, stay clean! (and somewhat sane...)

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Re: fresh start

Posted by bardichev - 27 Aug 2009 15:33

STRUGGLE YOU WHAT I LOVE ABOUT THIS PLACE

IT IS LIKE THE "KOSEL"

KOTEL KOISEIL KOSEL DER HEILIGER VANT

ALL YIDDEN HERE SHED THEIR EXTERIOR TRAPPINGS

AND THE NESHAMOS CONNECT

NOW HEILIGE (HOLY) STRUGGLE

DO THE RIGHT THING!!!!

b

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Re: fresh start

Posted by Pintele Yid - 27 Aug 2009 17:08

Heiliga Struggle,

Rav Wolfson talks about the number 11 being a number that is the source for the Samach Mem. That is why the Ketores had 11 ingredients to be mevatel the Samach Mem.

Just hang on for today and hopefully tommorow you will have a different attitude. Maybe you should repeat Parshas Ketores today as a Segula to bust the Samach Mem.

Pintele Yid

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Re: fresh start

Posted by Tev - 28 Aug 2009 13:47

Bardichev, I love ur profile pic

I have that one saved on my computer, This site displays so much ahavas yisroel that picture is magnified 100 times!

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Re: fresh start

Posted by Sturggle - 31 Aug 2009 06:17

2 weeks...

14 days...

i dont know how many hours, minutes or seconds...

just saying hi for now.

im feeling ok.

not too great.

not too bad.

still clean.

still studying.

b'ahava,

struggle

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Re: fresh start

Posted by the.guard - 31 Aug 2009 11:52

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Re: fresh start

Posted by bardichev - 31 Aug 2009 14:00

Keeping clean is the best possible "studying" you could be doing for the **real "test"**

STRUGLLE

: :

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Re: fresh start

Posted by Sturggle - 02 Sep 2009 22:59

bard & guard,

thanks for the chizuk.

i am 17 days clean. tomorrow is chai.

i feel down, empty and sad.

~~GEVAULD~~GGGGGGGGGG
I was studying so hard and concentrating on exams, now i'm not sure what next. i was thinking of majorly studying this forum and catching up on all of the threads and posts ive been neglecting. then laziness kicks in and i dont want to be doing anything... shverer matzav.

i also got my left hand bandaged up today. not broken, just in pain. imagine typing with one hand. sorry guys, even for gye, i dont know how easy that will be for me.

back to my feelings...,

so, i think im just ranting and self pity is just as bad as anything else, but im feeling alone... and im even sitting across from one of my friends!! i hate feeling this way! i want to connect to people, but i also want everyone to leave me alone. forget about acting out, this is practically the normal state of my life... and it scares me, cause i dont want to fall no more no more no more no more, but where will these stupid feelings take me? and big secret... i took a test in psych today and anyone who has some experience knows that we genius psych students start analyzing ourselves up the wazoo. you want to know what my relationship with my mother was as a baby that led me to have such issues with other people? care to know according to which theory that is?

ok, i know who holds the cards, i know who's in charge. may He help me get on to tom, it is a new day.

feeling like im a piece of @#%# and somehow still holding love for you guys and finding a way to express myself here,

struggle

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Re: fresh start

Posted by jerusalemsexaddict - 03 Sep 2009 08:30

Struggle my friend.

You are not a peice of *&%\$.

You are a warrior.

You are someone who struggles with something very intense while none of your friends have any dea.

And you have persevered.

You are winning one battle after the next.

I know this for a fact.

I know your battles.

If youre a peice of garbage,then what does that make me??

If i might humbly suggest taking on a project of some sort.

You could write a story about a guy like who with similiar struggles,his insights,and his victories.

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chat with you soon tzaddikle-uri