

fresh start

Posted by Sturggle - 06 Jul 2009 19:35

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I was on the list before under a different name and I decided to change it. Previously I was "David". I am nearing the end of my 4th day clean. Today was difficult and challenging. Thanks to your help, I have had a filter (K9) on my computer since Thursday afternoon. That has been helpful. Anyway, happy to be on this journey of sobriety. I'm not so sure how much to disclose about myself and what to write on these forums. I hope to make use of them, though. I have needed, do need and will need help and support.

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Re: fresh start

Posted by Sturggle - 15 Oct 2009 11:18

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[dov wrote on 14 Oct 2009 16:58:](#)

(Where *is* Ms Mayefsky when you need her?)

who's that?

and, Dov, thanks for your response.

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Re: fresh start

Posted by Sturggle - 15 Oct 2009 11:26

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[Kedusha wrote on 14 Oct 2009 14:04:](#)

Marriage doesn't mean that life will be problem free. But, one eventually gets to the point where he is ready to exchange one set of problems for another! May you get there, b'Shaah Tova!

Amen!

I know...

[guardureyes wrote on 14 Oct 2009 18:58:](#)

Instead of ignoring Shidduchim, why not go out and see what happens?

But what's wrong with starting? You are 25 and you aint getting any younger...

Been there , done that. Have been dating for the last two years or so...

Well, now, I've almost had a 6 month break...

[bardichev wrote on 14 Oct 2009 19:01:](#)

YEAH GO OUT!!

IF ITS AN AMERICAN

REMEBER WHO IS PICKING YOU UP IN JFK

You might have to fight that out with my sister,  
although, I'm sure she'll be happy for someone else to do the favor.

[7Up wrote on 15 Oct 2009 09:36:](#)

And I think age and stage are very different.  
15, 25 and 35 are nothing more than numbers.  
A person must be ready for what marriage entails.  
I say wait.

Well, mom knows best.

Maybe I should forward you all prospective calls...

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Re: fresh start  
Posted by Sturggle - 15 Oct 2009 11:31

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Ok, so I think that if I would be dating now,  
and something would work out with someone,  
it would mean that we're in the same place as each other now.  
If I don't like where I'm at right now,  
then I don't want to find someone who is matim

to the me of now, b/c that's not whom I want to be with.

Make any sense?

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Re: fresh start

Posted by the.guard - 15 Oct 2009 12:30

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I don't want to find someone who is *matim* to the me of now... Make any sense?

It makes sense, but luckily Hashem knows who the **real** you is, and what/who is *matim* to the you of yesterday and **tomorrow** as well!

But maybe go with Mom on this one, she has more down to earth wisdom about these things. Really.

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Re: fresh start

Posted by Sturggle - 15 Oct 2009 12:34

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conceding on my thread, defeating on rage's...

interesting...

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Re: fresh start

Posted by G38 - 15 Oct 2009 12:41

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[sturggle wrote on 15 Oct 2009 11:31:](#)

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then I don't want to find someone who is matim  
to the me of now, b/c that's not whom I want to be with.

Make any sense?

No sense at all.

After your struggle all the way there is now doubt that you deserve the Eizer rather than the Kenegdo.

So if she is defined to help you working your way up she could easily be the crane controller.

By getting into marriage you are just going up a level in the game.

Don't let such thoughts scare you away from the right one, it is your HUG from your father, accept it!

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Re: fresh start

Posted by Sturggle - 15 Oct 2009 12:53

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[G38 wrote on 15 Oct 2009 12:41:](#)

[sturggle wrote on 15 Oct 2009 11:31:](#)

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and something would work out with someone,  
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Don't let such thoughts scare you away from the right one, it is your HUG from your father,

accept it!

not sure i chopped...

explanation?

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Re: fresh start

Posted by Sturggle - 15 Oct 2009 21:08

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Day 1 + 1

Ok, I think I'm going to try to start adding somethings to these daily updates.

One, I know someone who was R"L killed in a pigua a number of years back and left behind quotes that he was amassing privately. These were found in his bag after his death. I would like to share one a day and I think they're good, so hopefully we'll get some good chazara and may it be an aliyah for his neshama.

"Don't make out that something is very obvious or people will be scared to ask questions."

Another idea I had, which is inspired most specifically by Dov, is that everyday I'd like to point out something positive about a (currently active) member of the forum. Please feel free to add. I'm going to try to keep it short and sweet. Point is not to be all encompassing and say everything, just the idea of taking focus off of me, me, me.

Will start with that, bli neder, tomorrow, well, really, today.

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Re: fresh start

Posted by Sturggle - 15 Oct 2009 21:18

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and about the whole shidduch thing,

i am not going for it at this moment in time.

was just sharing that it is a difficult area for me.

thank you all for your pointers.

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Re: fresh start

Posted by Sturggle - 15 Oct 2009 21:20

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[dov wrote on 14 Oct 2009 16:58:](#)

[sturggle wrote on 14 Oct 2009 13:25:](#)

i wasnt even involved this time around.

how do i work on that?

ppl close to me not communicating,

the whole world seems like it runs around them.

me? im a fly on the wall, if even that.

i dont want to have any expectations.

i want to be able to be mevatel myself.



how do i do so successfully?

when everyone around me is making themselves out to be all that matters in the world?

BZZzzzzzzzzzzzzt! SLAPP! (ouch!) -

Let's have some color-coded fun!

Have you usually been of MORE use *being* involved, or LESS...does it tend to backfire even though your intentions are good? With some people in my immediate family I of far more use to them when I stay out of their mess and let *them* come to *me*. And most of the time it's very uncomfortable to do, and I need someone's help just for me to shut up...

I'd take 10 minutes to write down the answers to these little annoying questions:

**"I don't want to have any expectations..."**

Expectations of what?

and: From who?

Have I gotten these things before from anyone...why do I wish inside to *get* these things, anyway? Do they do me any good?

**"I want to be mevatel myself..."**

To whom? (or is it who? Where *is* Ms Mayefsky when you need her?)

As far as I know, I need to be mevatel myself *TO somebody*. Trying to just "mevatel" myself *TO nothing* is visceral

ly revolting. Being a shmateh is OK, as long as it's for Hashem's use or for a cause greater than myself. But just to be a shmateh for anyone to coma along and wipe their mess up with is yucky and backfires with my resentments taking over eventually....

Dov,

Still thinking about this one,

have some thoughts,

but not ready to post them yet.

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Re: fresh start

Posted by the.guard - 15 Oct 2009 22:08

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great idea! Make sure to post lots of nice things about me.

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Re: fresh start

Posted by Dov - 15 Oct 2009 22:29

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[sturggle wrote on 15 Oct 2009 21:20:](#)

I'd take 10 minutes to write down the answers to these little annoying questions:

***"I don't want to have any expectations..."***

Expectations of what?

and: From who?

Have I gotten these things before from anyone...why do I wish inside to *get* these things, anyway? Do they do me any good?

***"I want to be mevatel myself..."***

To whom? (or is it who? Where *is* Ms Mayefsky when you need her?)

As far as I know, I need to be mevatel myself *TO somebody*. Trying to just "mevatel" myself *TO nothing* is viscerally revolting. Being a shmateh is OK, as long as it's for Hashem's use or for a cause greater than myself. But just to be a shmateh for anyone to come along and wipe their mess up with, is yucky and backfires with my resentments taking over eventually....

Dov,

Still thinking about this one,

have some thoughts,

but not ready to post them yet.

Why think at all? You can write the answers down for yourself - even if they may sound real dumb - and post them later, if you like...

Later.

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Re: fresh start

Posted by 7yipol - 15 Oct 2009 23:10

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[guardureyes wrote on 15 Oct 2009 22:08:](#)

great idea! Make sure to post lots of nice things about me.

Sturggle, tell him he is the Grape Nut cereal king.

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Re: fresh start

Posted by Dov - 15 Oct 2009 23:17

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Head anav indeed! :

[sturggle wrote on 15 Oct 2009 11:18:](#)

[dov wrote on 14 Oct 2009 16:58:](#)

(Where *is* Ms Mayefsky when you need her?)

who's that?

and, Dov, thanks for your response.

my english teacher in MTA high school a *long* time ago.... (oops, I meant **E**nglish)

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