

fresh start

Posted by Sturggle - 06 Jul 2009 19:35

I was on the list before under a different name and I decided to change it. Previously I was "David". I am nearing the end of my 4th day clean. Today was difficult and challenging. Thanks to your help, I have had a filter (K9) on my computer since Thursday afternoon. That has been helpful. Anyway, happy to be on this journey of sobriety. I'm not so sure how much to disclose about myself and what to write on these forums. I hope to make use of them, though. I have needed, do need and will need help and support.

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Re: fresh start

Posted by 7yipol - 30 Sep 2009 20:58

[habib613 wrote on 30 Sep 2009 20:26:](#)

Sturggle!!

my big bro!

listen up, and listen good-

You are amazing!

now repeat that to yourself (except substitute I for you)

and you may say "no i'm not"

but let me ask you a question.

who knows better- you or mom and R' Guard?

and you may say you know yourself better than them, so you're still right

WRONG!!

even if you were the biggest big-shot historian in the world, and you knew all about everything that ever happened in history, and you wrote 999 books on just the topic of the civil war, if you said that krias yam suf never happened, even if you prove it from every source, you'd still be WRONG!!

so R' Guard and mom know best.

but Hashem knows even better

and He created this guy named sturggle, and He decided what sturggle needs to do in his life

and He gave sturggle kochos and challenges

so now sturggle.

repeat after me. again.

"you're amazing!"

cuz Hashem gave you challenges. and you just keep trying.

and trying

and trying

and guess what?

42 DAYS!!!!

now that counts for a whole lot. ;D

so ask R' Guard if it was a fall or a slip. and if it was a fall, see the line above this. and if it was a slip, see the line above this and add in just keep chuggin'

cuz you're RATM's inspiration

(and you're mine too!!)

of all of us "kids" you're the farthest along. (and i'll admit that i want to catch up to you)

i also wanted to tell you something you wrote that makes me laugh all the time

one day you were kinda upset and blew up at us to grow up. and you said that uri calling your house and asking for sturggle was so not "real-world"

or something like that

uri called your house and asked for STURGGLE!!!

anyways, every single time i think of that i crack up

literally.

i was on the subway last night staring at my shoes and all of a sudden i thought of that and i just started laughing. people must have thought i was nuts!!!

but i couldn't help it

:D :D :D :D :D

i know, that's prob not going to help you out right now, but i had to tell you.

Habib, absolutely awesome post.

Sturggle, I dont know about you; but personally I think Id be scared to answer. Sounds like she means business!! :D :D :o

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Re: fresh start

Posted by jerusalemsexaddict - 30 Sep 2009 21:45

[7Up wrote on 30 Sep 2009 19:57:](#)

Guard!

Dont you know the GYE family rule?

When we feel down, we come home, and kvetch so we can all feel sorry together.

Either come to Struggle's cozy thread and hang out, or Moms kitchen thread with chicken soup and ice cream!

chicken soup and ice cream?

soy?

or pareve ice cream?

either way,im not so down.

Sturggle,you're my man,no matter what mood you may be in.

I'm here for you no matter what dude.

Keep sturggling!

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Re: fresh start

Posted by Sturggle - 30 Sep 2009 22:51

Habib,

That post that you're talking about was written by Uri.

Maybe you're also mixing a few other things together, I'm not sure.

Either way, it never really happened.

And it's great that you laugh!

And it totally does help me!

I am laughing with you!! :D :D :D

Too tired to respond to the more serious parts...,

you totally came through with that post,

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Re: fresh start

Posted by Sturggle - 30 Sep 2009 23:09

thanks!

[guardureyes wrote on 30 Sep 2009 18:32:](#)

So, as you can hear in [this short audio clip](#) from Rabbi Reisman, the Steipler's advice on depression is, "**it will pass**"...

R' Guard,

Geshmak!

We should all have a refuah shelaima!

It also happens to be

that for a certain period of time in my life,

I davened by R' Reisman

every year on Yom Kippur.

So, extra meaningful to me

and at this time of year.

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Re: fresh start

Posted by Tomim2B - 01 Oct 2009 02:05

cant read much of the thread on my phone. just read that youve been having a hard time and hope all is well. best of wishes! - 2b

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Re: fresh start

Posted by Sturggle - 01 Oct 2009 07:22

Tomim,

It means a lot to me that you posted on my thread.

:D :D ;D ;D

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Re: fresh start

Posted by Sturggle - 01 Oct 2009 09:50

good morning folks.

i want to post about a bunch of diff things,

but i think i want to try to be somewhat productive off the forum today as well.

i have some cleaning in my room to do before chag

and id like to decorate the sukkah with my sister.

tom is a day in jeru for me

and i have a couple of things i want to accomplish there,

so today is the day to get things done at home.

im writing all this, b/c that will hold me accountable to getting these things done.

who's volunteering to check in on me?

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Re: fresh start

Posted by TrYiNg - 01 Oct 2009 10:00

ME!!! (Ha finally I can critisize you, and you actually give me permission ;D On second thought, then it wudn't be so fun after all :D)

Sounds like you pulled through yester. I don't know how you have so much strength..
May hashem continue to give you koach

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Re: fresh start

Posted by Sturggle - 01 Oct 2009 10:26

constructive criticism is always welcome,

just at times,

i may not take it so well...

that doesn't mean it's not welcome,

just means that at times,

i lose my mind...

i better get off this computer or else you'll have my head!!!

and amen to that bracha,

but i hope instead of giving me koach,

He puts up the fight for me,

He is Hakol Yachol

and I, well, we won't go there now.

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Re: fresh start

Posted by TrYiNg - 01 Oct 2009 10:47

i better get off this computer or else you'll have my head!!!

Beware:Sis on duty.

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Re: fresh start

Posted by Sturggle - 01 Oct 2009 11:14

oy...

i cant stay away for more than 20 minutes!!!

ok, ok, going back to my room...

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Re: fresh start

Posted by TrYiNg - 01 Oct 2009 11:25

Run! Unless....(i told u we shud think of consequences)

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Re: fresh start

Posted by Sturggle - 01 Oct 2009 13:13

sukkah decorating done!

room - well, i made a dent in it,

but it still needs some work!!

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Re: fresh start

Posted by Sturggle - 01 Oct 2009 13:48

I just looked over the posts on this thread

from the past day or so.

Regarding my posts,

it's weird to feel so different

than the person who was posting then.

Actually, not so weird,

and be forewarned,

I will most likely lose my mind again!!

At some point or other...

Regarding your posts,

THANK YOU

for mamash holding me up

when I can't do it myself.

THANK YOU HKB"H

for bringin me to these people

and them to me.

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