Generated: 31 July, 2025, 05:58

fresh start

Posted by Sturggle - 06 Jul 2009 19:35

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I was on the list before under a different name and I decided to change it. Previously I was "David". I am nearing the end of my 4th day clean. Today was difficult and challenging. Thanks to your help, I have had a filter (K9) on my computer since Thursday afternoon. That has been helpful. Anyway, happy to be on this journey of sobriety. I'm not so sure how much to disclose about myself and what to write on these forums. I hope to make use of them, though. I have needed, do need and will need help and support.

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Re: fresh start

Posted by Sturggle - 15 Sep 2009 17:38

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letakain21 wrote on 15 Sep 2009 17:26:

SOMEBODY CALL STRUGGLE!

im chatting with the heilige rebbe miberdichev

and uri will call when hes ready to

battleworn wrote on 15 Sep 2009 17:21:

Hey, instead of crying all by yourself, maybe give me a call. 052-713-9525

**GYE - Guard Your Eyes** 

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maybe a sudden one
maybe a psychotic crazed "though out" one
if i can accomplish what youre suggesting id be in good shape
Battleworn,
thats beautiful,
more tears
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Re: fresh start
Posted by Sturggle - 15 Sep 2009 17:47
i guess nishmas gets some credit for that as well (just saw todays email), thank you, battleworn
for bringing it here
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Re: fresh start Posted by Kedusha - 15 Sep 2009 17:52
Dear Struggle,
Please read this article. I was crying the entire way through. It may help you "switch gears."
www.theyeshivaworld.com/article.php?s=Biegeleisen
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Re: fresh start Posted by letakain - 15 Sep 2009 17:53		
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Re: fresh start Posted by Sturggle - 15 Sep 2009 18:01		
thought you were on the phone!! >		
please dont be mad.		
m going away from the comp for a bit.		
see yall soon.		
and thanks so much		
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Re: fresh start Posted by MosheF - 15 Sep 2009 18:02		
sturggle, I feel for you brother, I really do and don't know how I can say to help. 30 days, wow! I fell at 32 days and was told in SA that it get very difficult around the 30 day milestone and then it finally passes. There must be something to it, a reason why the yetzer hora puts so much effort into destroying the 30 days or maybe it's psychological, either way, accept the impossible pain and ignore the crazy obsession and try to pass the milestone period one half hour at a time, good luck, i'm davening for you.		

Re: fresh start Posted by letakain - 15 Sep 2009 18:05
'm not mad at you. don't worry. i just want you to overcome!
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Re: fresh start Posted by Lechayim - 15 Sep 2009 18:13
am also hitting 30 days this week iy'h. My YH is burning in me today. Its crazy!! Can anyone nelp me please?
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Re: fresh start Posted by Rage AT Machine - 15 Sep 2009 18:28
yeah sturggle im old and im bitterthe reason for the bitterness? because i shouldve done this when i was your age, instead i made this so much more difficult on myself by not properly addressing the problem soonerso my message to you is: you will have to deal with this sooner or later; it will not go away by itselfthe earlier you start, the better off youll bewait until youre my age and youd have thrown away so many good years and youll be making out dated a team references on a forum in 10 yearsseriously, if you choose to blow away the 30 days you will making a huge terrible mistake that you will realize a mere 10 seconds after youve done itdo yourself a favor and be strong; stand tall; take a punch, youre strong, but dont let it knock you down
Re: fresh start Posted by Kedusha - 15 Sep 2009 18:34
Dear RAM,

It's such a pleasure having you on the forum!

I can relate to the notion of wasted years. But we need not lo channel our experience into helping others, which means, in e wasted after all.	•
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Re: fresh start	
Posted by kanesher - 15 Sep 2009 18:37	
HAIL RAM!	
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