

fresh start

Posted by Sturggle - 06 Jul 2009 19:35

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I was on the list before under a different name and I decided to change it. Previously I was "David". I am nearing the end of my 4th day clean. Today was difficult and challenging. Thanks to your help, I have had a filter (K9) on my computer since Thursday afternoon. That has been helpful. Anyway, happy to be on this journey of sobriety. I'm not so sure how much to disclose about myself and what to write on these forums. I hope to make use of them, though. I have needed, do need and will need help and support.

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Re: fresh start

Posted by ZemirosShabbos - 16 Feb 2011 16:32

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good to hear!

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Re: fresh start

Posted by Tev - 18 Feb 2011 16:00

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Sturggle!

Sorry to hear about your fall buddy!

Have a good shabbos!

Bestrong

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btw, F-16's are from the 20th century, how about a F-22 or an F-35?

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Re: fresh start

Posted by ben durdayah - 20 Feb 2011 15:35

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Gitte Vuch S,

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Re: fresh start

Posted by Sturggle - 21 Feb 2011 08:07

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thanks for the good wishes guys,

BeStrong, so good to hear from you!

and Zemiros, if you have a suggestion for me...

so, I don't even know exactly what today is,

Dov, you'd be proud,

keeping focus on today being the one day clean

had a good day yesterday,

just got a lot of learning in,

felt good overall.

dealing with some anger,

not too much lust at the moment,

and don't want to go there,

so before i need to give up my lust  
to a higher power,  
i can give up my anger to a higher power.

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Re: fresh start  
Posted by ZemirosShabbos - 21 Feb 2011 17:13

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[sturggle wrote on 21 Feb 2011 08:07:](#)

and Zemiros, if you have a suggestion for me...

so, I don't even know exactly what today is,  
Dov, you'd be proud,  
keeping focus on today being the one day clean

had a good day yesterday,  
just got a lot of learning in,  
felt good overall.

my suggestion is that you keep doing good stuff  
and that you buy yourself a nice tall cappucino and sushi roll shaped like an F-16

very good to hear you are doing good!

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Re: fresh start  
Posted by Dov - 21 Feb 2011 17:46

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Re: fresh start  
Posted by Sturggle - 21 Feb 2011 20:26

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thanks Dov.

and Z, I dont drink coffee,

but sushi is spot on!

where can i get one of those F-16 rolls?

i mean after all, it is the 21st century...

:D ;D ;D

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Re: fresh start  
Posted by ZemirosShabbos - 21 Feb 2011 20:38

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[sturggle wrote on 21 Feb 2011 20:26:](#)

where can i get one of those F-16 rolls?

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Re: fresh start  
saved you the trouble  
Posted by Sturggle - 21 Feb 2011 20:47

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yum!

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Re: fresh start  
Posted by ZemiroShabbos - 21 Feb 2011 20:54

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here's the f-22

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Re: fresh start  
Posted by Sturggle - 21 Feb 2011 20:56

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that is really cool.

where's his ammo, though?

looks like it has a lot of stealth,

but i cant just keep dodging my yetzarim,

i need to strengthen myself

against the, take 'em down!

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Re: fresh start

Posted by ZemirosShabbos - 21 Feb 2011 21:05

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do you remember the U-2 or the SR-71?

neither one was armed

the U-2 was thought to fly too high to be vulnerable (Powers being shot down disproved that)

ok, you woke up the sleeping aviation buff in me  
the SR-71 was supposed to fly too fast to be vulnerable

so there are more than one way to fight...

(and i think you are right about the stealth, probably keeps the missiles and stuff in internal bays)

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Re: fresh start

Posted by Sturggle - 27 Feb 2011 23:42

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whoa! just had a slip. moving away from that stuff. and, yes, probably could just go to sleep.

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Re: fresh start

Posted by Dov - 27 Feb 2011 23:45

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You are *fantasico* amigo! Geit ah zees shlofen .

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