

Zemmy's story

Posted by ZemirosShabbos - 25 Oct 2010 17:37

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Would like to formally introduce myself here, even though it is a little late in the game.

I am married with a couple of kids b"h. ever since i started working on computers i would periodically seek out p\*\*\*. first with a dial-up connection, then later with hi-speed internet. for days i would zone out at work, doing the bare minimum, making sure no one saw my dark secret, and feeling all the time that i am probably the only one in my circle of people who has this terrible secret. i would feel bad and try to stop. especially on Yom Kippur i would decide to stop. usually it would last a few weeks but then i would fall back into it. years later i put in a filter and it helped a lot. but only my computer had a filter and even a filter is not fool-proof. i found things that got through the filter. i found opportunities to use other computers. i changed filters. i even shut off the filter at some points.

i found GYE in a round-about way, through a google search for a halacha. i slowly started reading more and more. then i put in k9 and gave the password to the filter gabai (what a zechus Guard and him have!). that helped a lot for the p\*\*\*. almost a year ago i registered for the forum and posted a little here and there. someone on the forum reached out to me and we became partners (thank you!). that gave me a lot of chizuk. i feel that someone understands my struggle and i spilled the beans about my dark secret. i feel that if i fall ch'v i can holler out to my partner to come dig me out. that is a great feeling. like wearing a life-jacket on a boat or a parachute on a plane.

since Pesach i am clean. thanks to Hashem and to GYE. i realize that since i did not do the steps or join any phone groups the level of change to my attitudes are not too drastic. i think it is the awareness and constant chizuk provided by the forum and chizuk emails that account for whatever time i was able to stay out of trouble. at least i know that the resources for further change are available if ch'v needed in the future.

i cannot thank Guard enough for putting up this Migdal Oz of kedusha and for showing me and others the way to living clean lives. Same goes to Dov, Bardichev, yechida, Kedusha, Kaneshner (remember him?), ImTrying25, Kollel Guy, RageATM, Briut, Silentbattle, Tried123 and many many others, more recently Ovadia, 1Daat, Frumfiend the Star, Yosef Hatzadik, ur-a-jew, jooboy, world, an honest mouse, HashemsSoldier, JIP and more. Special thanks to 1daat for pushing me (gently) to make my own thread. i read a lot more than i post and every time anyone posts about a victory, a fall, a thought, a struggle it is a chizuk just to see others who struggle and sometimes win and sometimes not and keep on going trucking. of course the lessons learned from the veterans here are precious beyond words.

I am by no means out of the woods. i constantly struggle to keep my eyes off things that they should not see both on and off the computer and i know that the dangers of p\*\*\* will never go away. but with Hashem's help and with GYE i hope to be clean and slowly change my attitudes for the better.

i chose the name zemiros shabbos because to me shabbos is the day we celebrate our relationship with Hashem and zemiros are one of the most beautiful ways of bring out the spirit of shabbos. it reminds me of what i have at stake in the struggle.

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Re: Zemmy's story

Posted by ben durdayah - 07 Sep 2011 21:48

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BTW -I don't know which was funnier, u-raj's 12 steps or the rebbes comeback.

BTW -the rebbe has at least two other sets of twelve steps running around the forum.

Archivist....!!!

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Re: Zemmy's story

Posted by ZemirosShabbos - 07 Sep 2011 21:50

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ouch!

next time you bemoan heintige yungeleit please remind me

[ben durdayah wrote on 12 May 2011 21:30:](#)

**ZEMMY!**

**PUT YOUR COTTON BALLS IN YOUR EARS FOR CRYING OUT LOUD!!!**

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Re: Zemmy's story

Posted by ZemirosShabbos - 07 Sep 2011 22:04

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[ben durdayah wrote on 07 Sep 2011 21:48:](#)

BTW -I don't know which was funnier, u-raj's 12 steps or the rebbes comeback.

BTW -the rebbe has at least two other sets of twelve steps running around the forum.

Archivist....!!!

here are some bona fide 12-step alternatives (made in a special run using parve-vegan-imitation-glycerin, in an environmentally amicable plant)

[www.guardyoureyes.org/forum/index.php?topic=3608.0](http://www.guardyoureyes.org/forum/index.php?topic=3608.0)

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Re: Zemmy's story

Posted by bardichev - 07 Sep 2011 22:10

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if there is ever a hall of fame for gue

this is a contender!!!!!!!!!!!!!!

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Re: Zemmy's story

Posted by Back on Track - 08 Sep 2011 04:23

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Whoaaaaaaa I heard that when the anshei knese hagedola banished prophecy the power of 'getting kids into school' left with it as well.

Zemmy- sorry I was outta the loop. Stock yer monstuh truck w/ hay and slam dunk that little tzaddik in the backseat with the rest of the nushim and taf...while we get movin' along!

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Re: Zemmy's story

Posted by Shteeble - 08 Sep 2011 11:10

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[bardichev wrote on 07 Sep 2011 22:10:](#)

if there is ever a hall of fame for gue

this is a contender!!!!!!!!!!!!!!

<http://www.guardyoureyes.org/forum/index.php?topic=3900.0>

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Re: Zemmy's story

Posted by ZemirosShabbos - 08 Sep 2011 15:33

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thanks Back on Track for the boost, always welcome and always appreciated

Shteeble, it's great seeing around this part of town, you should come more often. maybe next time you go out for a bagel and a coffee...

a good saying for today:

*A truly happy person is one who can enjoy the scenery while on a detour.*

~Author Unknown

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Re: Zemmy's story

Posted by gibbor120 - 08 Sep 2011 17:23

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[bardichev wrote on 07 Sep 2011 21:39:](#)

avaddeh in avvadeh

the yezter hara wants us to talk about conquering lust

he wants us to define minutea (my new sha) about yh

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its all about being busy with him

even on a frumma level

( just to have it out there but not to pick any fights DOV u know i love you the most)

thats why i am not a chassid of the 12 steps ( i havent said it in almost a year but whoever knows me knows that)

like zemmy said

yak

posuum

geshtaltzemfllegin

smalltexas towns

loquuat shlivovots herring

norvardikker kick boxing

NO YH!!!!!!!!!!!!!!!!!!!!!!

[www.guardyoureyes.org/forum/index.php?topic=4337.msg118130#msg118130](http://www.guardyoureyes.org/forum/index.php?topic=4337.msg118130#msg118130)

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There's a good post by gibbor120 on this here  
Re: Zemmy's story  
Posted by ZemirosShabbos - 09 Sep 2011 16:11

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a happy shlishi lemilah to all, iy'h by you oif simchas!

see below for tikun

this morning i had to go to an office. a person there proved to be a shmiras einayim challenge.  
b'h after the first look i turned away. i could go on about it but with the rebbe's words in my mind  
(vayterrrrrrrrrrr!!!) i will let it slide and recede in the dusts of time. as the saying goes, if you  
wrestle with a muddy person you will become muddy as well.

baruch Hashem the wife and the baby are doing well.

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Re: Zemmy's story  
Posted by ZemirosShabbos - 09 Sep 2011 16:13

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oops, forgot the cake

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Re: Zemmy's story

Posted by heuni memass - 09 Sep 2011 16:15

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for that you got the big 3500- MAZEL TOV!

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Re: Zemmy's story

Posted by obormottel - 09 Sep 2011 16:50

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A deutsche getrunk? PFE!

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Re: Zemmy's story

Posted by JackAbbey - 09 Sep 2011 17:44

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well, thats why its named firewasser

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Re: Zemmy's story

Posted by ZemirosShabbos - 12 Sep 2011 18:04

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mazel tov, it's "pupik-fell-off-day"

iy'h by you oif simchos

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But mazel tov I can join.



