

Zemmy's story

Posted by ZemirosShabbos - 25 Oct 2010 17:37

Would like to formally introduce myself here, even though it is a little late in the game.

I am married with a couple of kids b"h. ever since i started working on computers i would periodically seek out p***. first with a dial-up connection, then later with hi-speed internet. for days i would zone out at work, doing the bare minimum, making sure no one saw my dark secret, and feeling all the time that i am probably the only one in my circle of people who has this terrible secret. i would feel bad and try to stop. especially on Yom Kippur i would decide to stop. usually it would last a few weeks but then i would fall back into it. years later i put in a filter and it helped a lot. but only my computer had a filter and even a filter is not fool-proof. i found things that got through the filter. i found opportunities to use other computers. i changed filters. i even shut off the filter at some points.

i found GYE in a round-about way, through a google search for a halacha. i slowly started reading more and more. then i put in k9 and gave the password to the filter gabai (what a zechus Guard and him have!). that helped a lot for the p***. almost a year ago i registered for the forum and posted a little here and there. someone on the forum reached out to me and we became partners (thank you!). that gave me a lot of chizuk. i feel that someone understands my struggle and i spilled the beans about my dark secret. i feel that if i fall ch'v i can holler out to my partner to come dig me out. that is a great feeling. like wearing a life-jacket on a boat or a parachute on a plane.

since Pesach i am clean. thanks to Hashem and to GYE. i realize that since i did not do the steps or join any phone groups the level of change to my attitudes are not too drastic. i think it is the awareness and constant chizuk provided by the forum and chizuk emails that account for whatever time i was able to stay out of trouble. at least i know that the resources for further change are available if ch'v needed in the future.

i cannot thank Guard enough for putting up this Migdal Oz of kedusha and for showing me and others the way to living clean lives. Same goes to Dov, Bardichev, yechida, Kedusha, Kaneshner (remember him?), ImTrying25, Kollel Guy, RageATM, Briut, Silentbattle, Tried123 and many many others, more recently Ovadia, 1Daat, Frumfiend the Star, Yosef Hatzadik, ur-a-jew, jooboy, world, an honest mouse, HashemsSoldier, JIP and more. Special thanks to 1daat for pushing me (gently) to make my own thread. i read a lot more than i post and every time anyone posts about a victory, a fall, a thought, a struggle it is a chizuk just to see others who struggle and sometimes win and sometimes not and keep on going trucking. of course the lessons learned from the veterans here are precious beyond words.

I am by no means out of the woods. i constantly struggle to keep my eyes off things that they should not see both on and off the computer and i know that the dangers of p*** will never go away. but with Hashem's help and with GYE i hope to be clean and slowly change my attitudes for the better.

i chose the name zemiros shabbos because to me shabbos is the day we celebrate our relationship with Hashem and zemiros are one of the most beautiful ways of bring out the spirit of shabbos. it reminds me of what i have at stake in the struggle.

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Re: Zemmy's story

Posted by gibbor120 - 07 Sep 2011 19:20

What about sheva brachos for rachel and leah?

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Re: Zemmy's story

Posted by ZemirosShabbos - 07 Sep 2011 19:25

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Re: Zemmy's story

Posted by heuni memass - 07 Sep 2011 19:30

Vyas avraham mishte gadol bayom he'gomal as yitzchak.. Rashi says at 24 months he made a mishte gadol. with the roshei hayshivos.

bards- were does it say about seuda on shlishi?

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Re: Zemmy's story

Posted by JackAbbey - 07 Sep 2011 19:30

or the raute linzen voa der feter hot gegesen

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Re: Zemmy's story

Posted by Yosef Hatzadik - 07 Sep 2011 19:54

The Malachim came to Avraham Avinu on his Shlishi l'Milah. he served them a meal.

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Re: Zemmy's story

Posted by obormottel - 07 Sep 2011 20:07

[ZemirosShabbos wrote on 07 Sep 2011 18:47:](#)

maybe its a tikkun for when klal yisrael left Har Sinai, ?????? ?????? ?????? ?????, now everyone

I never heard this before, zemmy, that's very interesting, and your proposed tikkun is genius.

It must be some Rashi on Chumash somewhere that they learnt on a day I missed school?

[ZemirosShabbos wrote on 07 Sep 2011 19:25:](#)

isn't this amazing, we learn quite a bit of stuff from paraoh melech mitzraim? Jokes aside, I or paraoh's b-day? actually heard a limud on importance of celebrating b'days that quoted paraoh's party and Homon's demise that was caused by Moshe Rabbeinu's b'day.

But I've never heard of a shlishi l'milo seuda outside of parshas Vayeiro....

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Re: Zemmy's story

Posted by Yosef Hatzadik - 07 Sep 2011 20:27

Have you ever been to a chasidisher shteeble with yungeleit?

You know? The kind where they bring Tikun For Yartzeits, l'chaims for upsherens, & mezonos for Shlishi l'Milah....!!!

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Re: Zemmy's story

Posted by heuni memass - 07 Sep 2011 20:34

YH - that was the old times. Now its danishes, hering shtiglets, matjas, crackers, sushi, OJ ,ice coffee.. and Lechaim

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Re: Zemmy's story

Posted by bardichev - 07 Sep 2011 20:48

AND WE CAME HERE TO FIGHT LUST

WE LEAVE BECOMING

groisseh talmidei chachamim

experts in hashkafa

zooligists

and overeaters

keepp on trucking dudes she is everywhere you are!!!!!!!!!!!!!!!!!!!!!!

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Re: Zemmy's story

Posted by ZemirosShabbos - 07 Sep 2011 21:17

rebbe b, permit me to use your comment as a springboard for an idea

coming to GYE to fight lust and leaving with a doctorate in zoology and a certificate in gastrointestinal research in hungarian food among many other sundry topics is possibly a good thing. maybe even a great thing.

if we sit all day and focus on not lusting... chances are we will end up exactly there.

it's a delicate balance. if we focus on it too much we lose. and if we don't focus on it enough we lose as well.

when we are in the mud and desperate to get out all we see is the mud. when we shake loose a little and stay clean for a while we see that there are more dept.'s in the store called life. not just mud or mud prevention.

so let us continue talking about slivovitz recipes, paraoh's birthday, possums, cholint, hovercrafts, shalom zachors and wooly mammoths. **and** keep on trucking!

lechaim yidden!

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Re: Zemmy's story

Posted by ur-a-jew - 07 Sep 2011 21:38

[ZemirosShabbos wrote on 07 Sep 2011 21:17:](#)

rebbe b, permit me to use your comment as a springboard for an idea

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lechaim yidden!

Sounds like someone was immersed in the chinuch this past Shabbos (must have been while rocking the baby to sleep):

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Re: Zemmy's story
Posted by bardichev - 07 Sep 2011 21:39

avadeh in avvadeh

the yezter hara wants us to talk about conquering lust

he wants us to define minutea (my new sha) about yh

its all about being busy with him

even on a frumma level

(just to have it out there but not to pick any fights DOV u know i love you the most)

thats why i am not a chassid of the 12 steps (i havent said it in almost a year but whoever knows me knows that)

like zemmy said

yak

posuum

geshtaltzemfllegin

smalltexas towns

loquuat shlivovots herring

norvardikker kick boxing

NO YH!!!!!!!!!!!!!!!!!!!!!!

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Re: Zemmy's story

Posted by ur-a-jew - 07 Sep 2011 21:43

[bardichev wrote on 07 Sep 2011 21:39:](#)

thats why i am not a chassid of the 12 steps (i havent said it in almost a year but whoever knows me knows that)

[bardichev wrote on 07 Sep 2011 21:39:](#)

like zemmy said

1) yak

2) posuum

3) geshtaltzemfllegin

4) small 5) texas 6) towns

7) loquuat 8) shlivovots 9) herring

10) norvardikker 11) kick 12) boxing

Could've fooled me.

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Re: Zemmy's story

Posted by bardichev - 07 Sep 2011 21:45

look i finally write a serious post

pooof!!!!!!!

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