

Zemmy's story

Posted by ZemirosShabbos - 25 Oct 2010 17:37

Would like to formally introduce myself here, even though it is a little late in the game.

I am married with a couple of kids b"h. ever since i started working on computers i would periodically seek out p***. first with a dial-up connection, then later with hi-speed internet. for days i would zone out at work, doing the bare minimum, making sure no one saw my dark secret, and feeling all the time that i am probably the only one in my circle of people who has this terrible secret. i would feel bad and try to stop. especially on Yom Kippur i would decide to stop. usually it would last a few weeks but then i would fall back into it. years later i put in a filter and it helped a lot. but only my computer had a filter and even a filter is not fool-proof. i found things that got through the filter. i found opportunities to use other computers. i changed filters. i even shut off the filter at some points.

i found GYE in a round-about way, through a google search for a halacha. i slowly started reading more and more. then i put in k9 and gave the password to the filter gabai (what a zechus Guard and him have!). that helped a lot for the p***. almost a year ago i registered for the forum and posted a little here and there. someone on the forum reached out to me and we became partners (thank you!). that gave me a lot of chizuk. i feel that someone understands my struggle and i spilled the beans about my dark secret. i feel that if i fall ch'v i can holler out to my partner to come dig me out. that is a great feeling. like wearing a life-jacket on a boat or a parachute on a plane.

since Pesach i am clean. thanks to Hashem and to GYE. i realize that since i did not do the steps or join any phone groups the level of change to my attitudes are not too drastic. i think it is the awareness and constant chizuk provided by the forum and chizuk emails that account for whatever time i was able to stay out of trouble. at least i know that the resources for further change are available if ch'v needed in the future.

i cannot thank Guard enough for putting up this Migdal Oz of kedusha and for showing me and others the way to living clean lives. Same goes to Dov, Bardichev, yechida, Kedusha, Kaneshner (remember him?), ImTrying25, Kollel Guy, RageATM, Briut, Silentbattle, Tried123 and many many others, more recently Ovadia, 1Daat, Frumfiend the Star, Yosef Hatzadik, ur-a-jew, jooboy, world, an honest mouse, HashemsSoldier, JIP and more. Special thanks to 1daat for pushing me (gently) to make my own thread. i read a lot more than i post and every time anyone posts about a victory, a fall, a thought, a struggle it is a chizuk just to see others who struggle and sometimes win and sometimes not and keep on going trucking. of course the lessons learned from the veterans here are precious beyond words.

I am by no means out of the woods. i constantly struggle to keep my eyes off things that they should not see both on and off the computer and i know that the dangers of p*** will never go away. but with Hashem's help and with GYE i hope to be clean and slowly change my attitudes for the better.

i chose the name zemiros shabbos because to me shabbos is the day we celebrate our relationship with Hashem and zemiros are one of the most beautiful ways of bring out the spirit of shabbos. it reminds me of what i have at stake in the struggle.

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Re: Zemmy's story

Posted by Back on Track - 01 Sep 2011 18:43

I wanna know if he isa suprano or an alto? And if an alto is he one of those real time baritone altos?and if he'sa suprano is he a screechy squeky one? or a sublime sweet melodius one?

MAZEL TOV - TIZKE LGADLO LTORAH LCHUPA ULIMASSIM TOVIM - MAZEL TOV - A
SACH NACHAS - MAZEL TOV - AND TZU DE GANTZER MISHPACHA

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Re: Zemmy's story

Posted by Back on Track - 01 Sep 2011 18:44

[ur-a-jew wrote on 01 Sep 2011 18:42:](#)

MAZEL TOV! Is that what you meant to say?

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Re: Zemmy's story

Posted by ur-a-jew - 01 Sep 2011 18:46

[Back on Track wrote on 01 Sep 2011 18:44:](#)

[ur-a-jew wrote on 01 Sep 2011 18:42:](#)

MAZEL TOV! Is that what you meant to say?

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Re: Zemmy's story

Posted by gibbor120 - 01 Sep 2011 18:46

You got me on that one.

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Re: Zemmy's story

Posted by JackAbbey - 01 Sep 2011 18:49

seems like, when typing "mazel" you where just smiling, but when i came to "tov" you started laughing, out of control

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Re: Zemmy's story

Posted by Back on Track - 01 Sep 2011 18:49

BOT, I think you need an airplane flying in front of that banner
nuh uh.... I need a biiiiiig monstuh truck!

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Re: Zemmy's story

Posted by Back on Track - 01 Sep 2011 18:51

[JackInShteeble wrote on 01 Sep 2011 18:49:](#)

seems like, when typing "mazel" you where just smiling, but when i came to "tov" you started laughing, out of control

lawwl

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Re: Zemmy's story

Posted by gibbor120 - 01 Sep 2011 19:02

[ZemirosShabbos wrote on 01 Sep 2011 17:08:](#)

the ironic thing is that as soon as he was born he started singing. well, he did not know the words or the tune but he was belting it out like a pro in baby-talk (some people confuse baby-talk with crying)

We could use a shliyah tzibbur for the yomim noraim. Is he available? I'm sure his cries will pierce the heavens.

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Re: Zemmy's story

Posted by Yosef Hatzadik - 01 Sep 2011 19:07

[gibbor120 wrote on 01 Sep 2011 19:02:](#)

We could use a shliyah tzibbur for the yomim noraim. Is he available? I'm sure his cries will pierce the heavens.

Then we won't have this problem!

[Can an addict be a Chazan for the Yomim Noraim???](#)

Hevel pihem shel tinokos shein bahem cheit!

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Re: Zemmy's story

Posted by 1daat - 01 Sep 2011 21:10

Hey Zem, Mazel Tov, of course. You are showered with blessings. When's the bris, we're all gonna be there. From around the world, we're all gonna be there. May you and your wife chap so much nachis from this new torah scholar, a tzaddik, that you've helped come into our world. As you sit at his little feet learning from him, may he be gentle with you. Much love.

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Re: Zemmy's story

Posted by ben durdayah - 01 Sep 2011 21:47

Good thing you let me know now, so that I can tell the Gabbai of the Bardichever Shteeble to start soaking the arbes.

How many guests should we prepare from?

Is the rebbe going to be back from his vacation before Shabbos?

(When I start singing kol rinah veyesheeya at the Shabbos tish, my kids are going to think I'm nuts -but it will be spontaneous, so what can I do anyways... BTW, I think it's time to reinstitute the GYE worldwide lechaim... 8:30 PM is a bit too early for me. Could we make it 9:30ish?)

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Re: Zemmy's story

Posted by obormottel - 01 Sep 2011 22:36

I am soooo in for the l'chaim. Lemme know.....7.30pm is not too early.....is it EST or Jerusalem time?

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Re: Zemmy's story

Posted by Back on Track - 02 Sep 2011 03:13

I'm down for a gye lchaim at the shbbs tible.

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Re: Zemmy's story

Posted by ZemirosShabbos - 02 Sep 2011 13:52

[1daat wrote on 01 Sep 2011 21:10:](#)

Hey Zem, Mazel Tov, of course. You are showered with blessings. When's the bris, we're all gonna be there. From around the world, we're all gonna be there. May you and your wife chap so much nachis from this new torah scholar, a tzaddik, that you've helped come into our world. As you sit at his little feet learning from him, may he be gentle with you. Much love.

Amein!

thank you kindly for your warm brachos, 1daat, they reflect the goodness in you

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