

Zemmy's story

Posted by ZemirosShabbos - 25 Oct 2010 17:37

Would like to formally introduce myself here, even though it is a little late in the game.

I am married with a couple of kids b"h. ever since i started working on computers i would periodically seek out p***. first with a dial-up connection, then later with hi-speed internet. for days i would zone out at work, doing the bare minimum, making sure no one saw my dark secret, and feeling all the time that i am probably the only one in my circle of people who has this terrible secret. i would feel bad and try to stop. especially on Yom Kippur i would decide to stop. usually it would last a few weeks but then i would fall back into it. years later i put in a filter and it helped a lot. but only my computer had a filter and even a filter is not fool-proof. i found things that got through the filter. i found opportunities to use other computers. i changed filters. i even shut off the filter at some points.

i found GYE in a round-about way, through a google search for a halacha. i slowly started reading more and more. then i put in k9 and gave the password to the filter gabai (what a zechus Guard and him have!). that helped a lot for the p***. almost a year ago i registered for the forum and posted a little here and there. someone on the forum reached out to me and we became partners (thank you!). that gave me a lot of chizuk. i feel that someone understands my struggle and i spilled the beans about my dark secret. i feel that if i fall ch'v i can holler out to my partner to come dig me out. that is a great feeling. like wearing a life-jacket on a boat or a parachute on a plane.

since Pesach i am clean. thanks to Hashem and to GYE. i realize that since i did not do the steps or join any phone groups the level of change to my attitudes are not too drastic. i think it is the awareness and constant chizuk provided by the forum and chizuk emails that account for whatever time i was able to stay out of trouble. at least i know that the resources for further change are available if ch'v needed in the future.

i cannot thank Guard enough for putting up this Migdal Oz of kedusha and for showing me and others the way to living clean lives. Same goes to Dov, Bardichev, yechida, Kedusha, Kaneshner (remember him?), ImTrying25, Kollel Guy, RageATM, Briut, Silentbattle, Tried123 and many many others, more recently Ovadia, 1Daat, Frumfiend the Star, Yosef Hatzadik, ur-a-jew, jooboy, world, an honest mouse, HashemsSoldier, JIP and more. Special thanks to 1daat for pushing me (gently) to make my own thread. i read a lot more than i post and every time anyone posts about a victory, a fall, a thought, a struggle it is a chizuk just to see others who struggle and sometimes win and sometimes not and keep on going trucking. of course the lessons learned from the veterans here are precious beyond words.

I am by no means out of the woods. i constantly struggle to keep my eyes off things that they should not see both on and off the computer and i know that the dangers of p*** will never go away. but with Hashem's help and with GYE i hope to be clean and slowly change my attitudes for the better.

i chose the name zemiros shabbos because to me shabbos is the day we celebrate our relationship with Hashem and zemiros are one of the most beautiful ways of bring out the spirit of shabbos. it reminds me of what i have at stake in the struggle.

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Re: Zemmy's story
Posted by frumfiend - 14 Nov 2010 04:00

Beautifull post zemmmmysss

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Re: Zemmy's story
Posted by 1daat - 14 Nov 2010 04:19

nice! Vos iss "scion". Is this Yosef on skis? A gutteh voch.

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Re: Zemmy's story
Posted by Shteeble - 14 Nov 2010 04:38

totw!

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Re: Zemmy's story

Posted by ZemirosShabbos - 14 Nov 2010 05:41

[1daat wrote on 14 Nov 2010 04:19:](#)

nice! Vos iss "scion". Is this Yosef on skis? A gutteh voch.

i think in his locale it would have been a little hard to get around on skis, unless you mean water

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Re: Zemmy's story

Posted by ZemirosShabbos - 14 Nov 2010 06:17

[world wrote on 14 Nov 2010 04:38:](#)

totw!

first i thought you meant Totally Outta This World
skis. maybe a Segway

but then i checked your handy-dandy glossary and was enlightened...

thank you!

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Re: Zemmy's story

Posted by bardichev - 14 Nov 2010 13:19

Yiddish for skiing is skee-un (kj)

Skee-in (bp)

Or plain skee

Here is it in it right way to say skkee in yiddish

Ess iss assach fun tzee gayn skkee or skEe-un or skkee-in

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Re: Zemmy's story

Posted by ZemirosShabbos - 14 Nov 2010 16:57

ok rebbe, so where is the closest ski area near Bardstown, KY?

don't tell me you forgot about the shabbaton you are making for us...

besides, it would be a nice break to the monotony of seeing all the rebbes at chasunas, bar mitzvahs, chumash seudas, and vorts, to see a 'geblimta bekishe' doing a perfect slalom run, no?

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Re: Zemmy's story

Posted by bardichev - 14 Nov 2010 17:03

Kentucky

No resorts found for KENTUCKY

the only ski we have is whis-ski

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Re: Zemmy's story

Posted by briut - 14 Nov 2010 17:56

Ach! Zoich a shandeh!! You guys seem to have lost all hakaros hatov for our forbears (no, not Yogi or even Goldie's friends, the other bears):

KamenetSKI, WarshavSKI, MichelovSKI, BrodSKI, etc etc.

I suppose it's just more proof of Yeridos haDoros, meaning that we're all moving downhill. With skis.

I expected more from you, chevra.

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Re: Zemmy's story

Posted by Shteeble - 14 Nov 2010 22:53

How do you ski while driving a truck anyway?

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Re: Zemmy's story

Posted by bardichev - 14 Nov 2010 23:03

Snowmobile

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Re: Zemmy's story

Posted by Shteeble - 14 Nov 2010 23:32

Re: Zemmy's story

Posted by ZemirosShabbos - 15 Nov 2010 20:50

just told the wife of my struggles. Baruch Hashem a thousand times over she is very supportive and understanding. gives me a whole new appreciation of her. i think i did it in a brash way and could have done better with some advice and planning but it sort of happened on its own and it is over and done.

and here is some long-due acknowledgment: thanks to GYE, Guard and all the special people here on the forum i was able to get to this point and hopefully move forward living a real life, not a life chasing screen pixels and fleeting moments. my special dear friends here on GYE, you know who you are, you are so precious in my eyes and you help me so much, i literally owe my 'real' life to you. thank you so much.

oh.

please keep posting, advising, davening and clowning. all of it is welcome.

thanks

back to the real thorny issues of life: what happens if a snowmobile slips and falls before reaching 90 yards? should it call its sponsor? or try the torah & chizuk approach? and is Wayne

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Re: Zemmy's story

Posted by Yosef Hatzadik - 16 Nov 2010 00:40

When the snowmobile begins to think that **he** is in charge, that he goes wherever **he** wants to, that is the beginning of the troubles. He is constantly being steered from above, if he overturns he can be confident that the One above will right him quickly so that he can continue racing toward the finish line!
Gretz**ski** jewish?

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