

Zemmy's story

Posted by ZemirosShabbos - 25 Oct 2010 17:37

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Would like to formally introduce myself here, even though it is a little late in the game.

I am married with a couple of kids b"h. ever since i started working on computers i would periodically seek out p\*\*\*. first with a dial-up connection, then later with hi-speed internet. for days i would zone out at work, doing the bare minimum, making sure no one saw my dark secret, and feeling all the time that i am probably the only one in my circle of people who has this terrible secret. i would feel bad and try to stop. especially on Yom Kippur i would decide to stop. usually it would last a few weeks but then i would fall back into it. years later i put in a filter and it helped a lot. but only my computer had a filter and even a filter is not fool-proof. i found things that got through the filter. i found opportunities to use other computers. i changed filters. i even shut off the filter at some points.

i found GYE in a round-about way, through a google search for a halacha. i slowly started reading more and more. then i put in k9 and gave the password to the filter gabai (what a zechus Guard and him have!). that helped a lot for the p\*\*\*. almost a year ago i registered for the forum and posted a little here and there. someone on the forum reached out to me and we became partners (thank you!). that gave me a lot of chizuk. i feel that someone understands my struggle and i spilled the beans about my dark secret. i feel that if i fall ch'v i can holler out to my partner to come dig me out. that is a great feeling. like wearing a life-jacket on a boat or a parachute on a plane.

since Pesach i am clean. thanks to Hashem and to GYE. i realize that since i did not do the steps or join any phone groups the level of change to my attitudes are not too drastic. i think it is the awareness and constant chizuk provided by the forum and chizuk emails that account for whatever time i was able to stay out of trouble. at least i know that the resources for further change are available if ch'v needed in the future.

i cannot thank Guard enough for putting up this Migdal Oz of kedusha and for showing me and others the way to living clean lives. Same goes to Dov, Bardichev, yechida, Kedusha, Kaneshner (remember him?), ImTrying25, Kollel Guy, RageATM, Briut, Silentbattle, Tried123 and many many others, more recently Ovadia, 1Daat, Frumfiend the Star, Yosef Hatzadik, ur-a-jew, jooboy, world, an honest mouse, HashemsSoldier, JIP and more. Special thanks to 1daat for pushing me (gently) to make my own thread. i read a lot more than i post and every time anyone posts about a victory, a fall, a thought, a struggle it is a chizuk just to see others who struggle and sometimes win and sometimes not and keep on going trucking. of course the lessons learned from the veterans here are precious beyond words.

I am by no means out of the woods. i constantly struggle to keep my eyes off things that they should not see both on and off the computer and i know that the dangers of p\*\*\* will never go away. but with Hashem's help and with GYE i hope to be clean and slowly change my attitudes for the better.

i chose the name zemiros shabbos because to me shabbos is the day we celebrate our relationship with Hashem and zemiros are one of the most beautiful ways of bring out the spirit of shabbos. it reminds me of what i have at stake in the struggle.

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Re: Zemmy's story

Posted by ZemirosShabbos - 24 Aug 2011 21:56

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in connection with the idea referenced above, there is a story with the Satmar Rebbe Reb Yoel zy'a, whose yartzeit is on Friday.

The Rebbe would not sleep in a bed during the week, only on shabbos. He would doze off at a table when overcome with exhaustion. Someone once made a comment to him about how praiseworthy he is for forgoing the pleasure of sleeping in a bed. With his typical wit and humor he answered "Just the opposite, I enjoy my sleep more than you do. You go to sleep and stay sleeping for the night. You only enjoy it right before you fall asleep, as when you are sleeping you are not conscious. But when i sleep, I keep waking up every so often and I enjoy my sleep each time I am about to drift back off."

*(if anyone wants me to include their name on a kvittel to bring to his kever on his yartzeit send me a PM with the details)*

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Re: Zemmy's story

Posted by Back on Track - 24 Aug 2011 22:44

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[ZemirosShabbos wrote on 24 Aug 2011 21:56:](#)

in connection with the idea referenced above, there is a story with the Satmar Rebbe Reb Yoel zy'a, whose yartzeit is on Friday.

The Rebbe would not sleep in a bed during the week, only on shabbos. He would doze off at a table when overcome with exhaustion. Someone once made a comment to him about how praiseworthy he is for forgoing the pleasure of sleeping in a bed. With his typical wit and humor he answered "Just the opposite, I enjoy my sleep more than you do. You go to sleep and stay sleeping for the night. You only enjoy it right before you fall asleep, as when you are sleeping you are not conscious. But when i sleep, I keep waking up every so often and I enjoy my sleep each time I am about to drift back off."

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I am asuming that you were commnting on the post directly above with teh picture of a monstuh truck. I will have everyone here know that i sleep in my monstuh- (I'd like to know if bardy sleeps in his truck?) and it is some of the best sleep around that you can get. awesome stuff.

ZZZZZZZZZZ.....

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Re: Zemmy's story

Posted by ZemirosShabbos - 25 Aug 2011 16:17

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hey you sleeping in the truck!

wake up!

you're blocking the entrance ramp to Sloatsburg

ok, this calls for Plan B.

today's saying is more profound than usual, if anyone needs assistance send me Back on Track a PM.

Jumping for joy is good exercise.

~Author Unknown

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Re: Zemmy's story

Posted by Back on Track - 25 Aug 2011 16:54

ZemirosShabbos wrote on 25 Aug 2011 16:17:

hey you sleeping in the truck!

wake up!

[illegible]

bring the cage and open it next to the window of the monstuh' truck, ok, perfect, now Pesach the Possum will help Back on Track say modeh ani...

~Author Unknown

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Posted by ZemirosShabbos - 25 Aug 2011 16:56

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Re: Zemmy's story

Posted by ur-a-jew - 25 Aug 2011 17:02

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[ZemirosShabbos wrote on 25 Aug 2011 16:56:](#)

OMG, that's totally what i meant

I guess you've been on GYE for a while.

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Re: Zemmy's story

Posted by ZemirosShabbos - 25 Aug 2011 17:09

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being on GYE necessitates being multi-lingual

English

Dovish

Bardish

Guardish

Wiferish

smatterings of yiddish, hungarian, russian and urban dialects help

kapisz?

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Re: Zemmy's story

Posted by Back on Track - 25 Aug 2011 21:30

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[ZemirosShabbos wrote on 25 Aug 2011 17:09:](#)

being on GYE necessitates being multi-lingual

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kapisz?

hey dont forget germanfleegen

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Re: Zemmy's story

Posted by JackAbbey - 25 Aug 2011 22:09

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plane pooshet yidish

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Re: Zemmy's story

Posted by ZemirosShabbos - 29 Aug 2011 20:27

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Baruch Hashem, my family and I survived the hurricane, the tropical storm, the hype about the storm, the power outage, the rain, the wind, and the MTA and the FDA shut-down.

for some reason the kite my daughter and i tried to fly after the storm did not rise to the heights we thought it would given the strength of the wind but we will chalk up a FSKOT for that.

You will find truth more quickly through delight than gravity. Let out a little more string on your kite.

*Alan Cohen*

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Re: Zemmy's story

Posted by Gevura Shebyesod - 29 Aug 2011 20:36

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I let out too much string, it's in the top of a tree now.....

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Re: Zemmy's story

Posted by ZemirosShabbos - 29 Aug 2011 20:57

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Re: Zemmy's story

Posted by JackAbbey - 29 Aug 2011 22:48

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when we try to fly too high we get tangled

lets keep a low and solid profile

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Re: Zemmy's story

Posted by Back on Track - 30 Aug 2011 00:35

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I am not sure y one would try to fly a kite in a hurricane. Isn't that how ben fraklin discovered electricity (and lost his eyebrows? Poor guy)

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