

Zemmy's story

Posted by ZemirosShabbos - 25 Oct 2010 17:37

Would like to formally introduce myself here, even though it is a little late in the game.

I am married with a couple of kids b"h. ever since i started working on computers i would periodically seek out p***. first with a dial-up connection, then later with hi-speed internet. for days i would zone out at work, doing the bare minimum, making sure no one saw my dark secret, and feeling all the time that i am probably the only one in my circle of people who has this terrible secret. i would feel bad and try to stop. especially on Yom Kippur i would decide to stop. usually it would last a few weeks but then i would fall back into it. years later i put in a filter and it helped a lot. but only my computer had a filter and even a filter is not fool-proof. i found things that got through the filter. i found opportunities to use other computers. i changed filters. i even shut off the filter at some points.

i found GYE in a round-about way, through a google search for a halacha. i slowly started reading more and more. then i put in k9 and gave the password to the filter gabai (what a zechus Guard and him have!). that helped a lot for the p***. almost a year ago i registered for the forum and posted a little here and there. someone on the forum reached out to me and we became partners (thank you!). that gave me a lot of chizuk. i feel that someone understands my struggle and i spilled the beans about my dark secret. i feel that if i fall ch'v i can holler out to my partner to come dig me out. that is a great feeling. like wearing a life-jacket on a boat or a parachute on a plane.

since Pesach i am clean. thanks to Hashem and to GYE. i realize that since i did not do the steps or join any phone groups the level of change to my attitudes are not too drastic. i think it is the awareness and constant chizuk provided by the forum and chizuk emails that account for whatever time i was able to stay out of trouble. at least i know that the resources for further change are available if ch'v needed in the future.

i cannot thank Guard enough for putting up this Migdal Oz of kedusha and for showing me and others the way to living clean lives. Same goes to Dov, Bardichev, yechida, Kedusha, Kaneshner (remember him?), ImTrying25, Kollel Guy, RageATM, Briut, Silentbattle, Tried123 and many many others, more recently Ovadia, 1Daat, Frumfiend the Star, Yosef Hatzadik, ur-a-jew, jooboy, world, an honest mouse, HashemsSoldier, JIP and more. Special thanks to 1daat for pushing me (gently) to make my own thread. i read a lot more than i post and every time anyone posts about a victory, a fall, a thought, a struggle it is a chizuk just to see others who struggle and sometimes win and sometimes not and keep on going trucking. of course the lessons learned from the veterans here are precious beyond words.

I am by no means out of the woods. i constantly struggle to keep my eyes off things that they should not see both on and off the computer and i know that the dangers of p*** will never go away. but with Hashem's help and with GYE i hope to be clean and slowly change my attitudes for the better.

i chose the name zemiros shabbos because to me shabbos is the day we celebrate our relationship with Hashem and zemiros are one of the most beautiful ways of bring out the spirit of shabbos. it reminds me of what i have at stake in the struggle.

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Re: Zemmy's story

Posted by ZemirosShabbos - 15 Aug 2011 19:24

here is an honorary doctorate, for your service to mankind and the promotion of recyclable Chamomile knishes

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Re: Zemmy's story

Posted by bardichev - 15 Aug 2011 19:25

pom-oin virimoin

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Re: Zemmy's story

Posted by ZemirosShabbos - 15 Aug 2011 19:34

since the first saying today was summarily refuted here is a new one

It is a miracle that curiosity survives formal education.

(Albert Einstein)

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Re: Zemmy's story

Posted by ben durdayah - 15 Aug 2011 21:13

[ZemirosShabbos wrote on 15 Aug 2011 19:34:](#)

since the first saying today was summarily refuted here is a new one

It is a miracle that children survive formal education.

(Albert Einstein)

Isn't that what you meant to say?

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Re: Zemmy's story

Posted by ZemirosShabbos - 15 Aug 2011 21:20

EBD, are you hanging out with UAJ?

{shaking head and muttering under breath: people keep telling me what i meant...}

Who keeps company with the wolf will learn to howl.

(16th century proverb)

:D

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Re: Zemmy's story

Posted by ben durdayah - 15 Aug 2011 21:34

[ZemirosShabbos wrote on 15 Aug 2011 21:20:](#)

>

Who keeps company with ur-a-jew will learn to lend his own interpretation to Zemmy's quotes.

(16th century proverb)

Isn't that what you meant to say?

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Re: Zemmy's story

Posted by ZemirosShabbos - 15 Aug 2011 21:41

and by the way, i highly recommend hanging out with my good friend UAJ

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Re: Zemmy's story

Posted by ben durdayah - 15 Aug 2011 21:53

Just make sure he gets over the green tree transplant and rehab and we'll discuss it.

In the meantime I wouldn't want his geshtamtzifleeegen to get infected...

Speaking of geshtamtzifleeegen, did the carrier pigeon get there yet? You can't imagine how hard it was to shpachtel it off the mirpesset, pack it in a cooler and find a carrier pigeon...

It was almost cheaper to send by Fedex.

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Re: Zemmy's story

Posted by ZemirosShabbos - 15 Aug 2011 21:58

i suspect that the pigeon might have ran off with the Halva bars and taken my gestalzimfleeegen with it to some high-rise ledge in downtown London and made a seudas hoda'a with his freinds for surviving the riots

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Re: Zemmy's story

Posted by ben durdayah - 15 Aug 2011 22:21

Will your insurance cover a synthetic prosthesis replacement?

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Re: Zemmy's story

Posted by Back on Track - 16 Aug 2011 04:22

Pomalia shell maalah.- Pom trees-..(Keep a green one for yourself)

My my, how much fun we can have. Its a miracle I survived 5th grade... Man did that rebbe love slapping people around...

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Re: Zemmy's story

Posted by ZemirosShabbos - 16 Aug 2011 16:15

[Back on Track wrote on 16 Aug 2011 04:22:](#)

Its a miracle I survived 5th grade... Man did that rebbe love slapping people around...

“Who provides the opportunity to cultivate patience? Not our friends. Our enemies give us the most crucial chances to grow.”

Tibetan saying

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Re: Zemmy's story

Posted by Back on Track - 16 Aug 2011 17:01

[ZemirosShabbos wrote on 16 Aug 2011 16:15:](#)

[Back on Track wrote on 16 Aug 2011 04:22:](#)

Its a miracle I survived 5th grade... Man did that rebbe love slapping people around...

“Who provides the opportunity to cultivate patience? Not our friends. Our enemies give us the most crucial chances to grow.”

Tibetan saying

was that quote referring to our rebbeim? i would sooner send them that thought and say who provides us the opportunity to cultivate patience... our STUDENTS
wait, did you have my 9th grade rebbe in 5th grade?

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Re: Zemmy's story

Posted by ben durdayah - 16 Aug 2011 17:06

[Back on Track wrote on 16 Aug 2011 04:22:](#)

My my, how much fun we can have. Its a miracle I survived 5th grade... Man did that rebbe love slapping people around...

Hey, wait one second -were we in the same class? :o

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