

Zemmy's story

Posted by ZemirosShabbos - 25 Oct 2010 17:37

Would like to formally introduce myself here, even though it is a little late in the game.

I am married with a couple of kids b"h. ever since i started working on computers i would periodically seek out p***. first with a dial-up connection, then later with hi-speed internet. for days i would zone out at work, doing the bare minimum, making sure no one saw my dark secret, and feeling all the time that i am probably the only one in my circle of people who has this terrible secret. i would feel bad and try to stop. especially on Yom Kippur i would decide to stop. usually it would last a few weeks but then i would fall back into it. years later i put in a filter and it helped a lot. but only my computer had a filter and even a filter is not fool-proof. i found things that got through the filter. i found opportunities to use other computers. i changed filters. i even shut off the filter at some points.

i found GYE in a round-about way, through a google search for a halacha. i slowly started reading more and more. then i put in k9 and gave the password to the filter gabai (what a zechus Guard and him have!). that helped a lot for the p***. almost a year ago i registered for the forum and posted a little here and there. someone on the forum reached out to me and we became partners (thank you!). that gave me a lot of chizuk. i feel that someone understands my struggle and i spilled the beans about my dark secret. i feel that if i fall ch'v i can holler out to my partner to come dig me out. that is a great feeling. like wearing a life-jacket on a boat or a parachute on a plane.

since Pesach i am clean. thanks to Hashem and to GYE. i realize that since i did not do the steps or join any phone groups the level of change to my attitudes are not too drastic. i think it is the awareness and constant chizuk provided by the forum and chizuk emails that account for whatever time i was able to stay out of trouble. at least i know that the resources for further change are available if ch'v needed in the future.

i cannot thank Guard enough for putting up this Migdal Oz of kedusha and for showing me and others the way to living clean lives. Same goes to Dov, Bardichev, yechida, Kedusha, Kaneshner (remember him?), ImTrying25, Kollel Guy, RageATM, Briut, Silentbattle, Tried123 and many many others, more recently Ovadia, 1Daat, Frumfiend the Star, Yosef Hatzadik, ur-a-jew, jooboy, world, an honest mouse, HashemsSoldier, JIP and more. Special thanks to 1daat for pushing me (gently) to make my own thread. i read a lot more than i post and every time anyone posts about a victory, a fall, a thought, a struggle it is a chizuk just to see others who struggle and sometimes win and sometimes not and keep on going trucking. of course the lessons learned from the veterans here are precious beyond words.

I am by no means out of the woods. i constantly struggle to keep my eyes off things that they should not see both on and off the computer and i know that the dangers of p*** will never go away. but with Hashem's help and with GYE i hope to be clean and slowly change my attitudes for the better.

i chose the name zemiros shabbos because to me shabbos is the day we celebrate our relationship with Hashem and zemiros are one of the most beautiful ways of bring out the spirit of shabbos. it reminds me of what i have at stake in the struggle.

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Re: Zemmy's story

Posted by Back on Track - 12 Aug 2011 21:36

Uman to that!

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Re: Zemmy's story

Posted by Back on Track - 15 Aug 2011 12:47

Hey zemmy... Just dropping by ur thread to say Shalom. Hope you had A great shabbos!

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Re: Zemmy's story

Posted by Blind Beggar - 15 Aug 2011 13:44

[ZemirosShabbos wrote on 12 Aug 2011 16:05:](#)

a saying for today

I love a crooked tree more than I hate a crooked man.

-- *Frank Kramer, Councilman; Feb. 1, 1916; Palo Alto, CA*

[The Kotzker Rebbe zt wrote:](#)

Better a rosho who knows he's a rosho than a tzaddik who knows he's a tzaddik.

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Re: Zemmy's story

Posted by ZemirosShabbos - 15 Aug 2011 15:03

[Back on Track wrote on 12 Aug 2011 21:36:](#)

Uman

Rosh Hashana?

and thanks for dropping by BOT, great to see you

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Re: Zemmy's story

Posted by ZemirosShabbos - 15 Aug 2011 15:08

[Blind Beggar wrote on 15 Aug 2011 13:44:](#)

[ZemirosShabbos wrote on 12 Aug 2011 16:05:](#)

a saying for today

I love a crooked tree more than I hate a crooked man.

-- *Frank Kramer, Councilman; Feb. 1, 1916; Palo Alto, CA*

[The Kotzker Rebbe zt wrote:](#)

Better a rosho who knows he's a rosho than a tzaddik who knows he's a tzaddik.

rebbe BB, i think we differ in our interpretation of that saying. to me it seemed like the idea was to appreciate and focus on the crooked trees, which have a special beauty, as opposed to)

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Re: Zemmy's story

Posted by Back on Track - 15 Aug 2011 15:14

moping about and being bitter because of crooked people (reminiscent of torah 282 - Azamra

Umain!

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Re: Zemmy's story

Posted by ZemirosShabbos - 15 Aug 2011 15:17

a saying for today

Promises that you make to yourself are often like the Japanese plum tree - they bear no fruit.

-- Francis Marion

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Re: Zemmy's story

Posted by ZemirosShabbos - 15 Aug 2011 17:39

On shabbos i was speaking to a guy who has a yeshiva for bochurim. In the conversation he said that he heard that there are yidden who go to SA, but he said it doesn't make sense that there are yidden who need it.

i felt like bopping him on the head and telling him that many of my friends go and it is exactly his attitude that puts an obstacle in front of people who need it. i am still considering if, and what to tell him about this subject

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Re: Zemmy's story

Posted by gibbor120 - 15 Aug 2011 17:50

You bring up a point I have been thinking about. Does anyone have experience telling a regular friend (who you assume does not have a problem in this area) about your problem? Did they understand? How did it affect your friendship?

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Re: Zemmy's story

Posted by ZemirosShabbos - 15 Aug 2011 17:56

my chavrusa and close friend of many years knows about gye, and he figured out my screen name in about 5 minutes flat (i still wonder about that) but he did not read my story and i don't know how much he infers/deducts about my 'problem'. we are as good friends as ever.

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Re: Zemmy's story

Posted by ur-a-jew - 15 Aug 2011 18:15

[ZemirosShabbos wrote on 15 Aug 2011 15:17:](#)

Quotes about fruit trees from one ignorant in pomology are like promises you make to yourself, they're usually rotten.

Is that what you really meant to say?

N.B.

po·mol·o·gy /po??m?l?d?i/ [poh-mol-uh-jee]

noun

the science that deals with fruits and fruit growing.

The loquat, *Eriobotrya japonica*, is a fruit tree in the family Rosaceae, indigenous to southeastern China. It was formerly thought to be closely related to the genus *Mespilus*, and is still sometimes known as the Japanese medlar. It is also known as Japanese plum and as Chinese plum.

Loquats are unusual among fruit trees in that the flowers appear in the autumn or early winter, and the fruits are ripe in late winter or early spring. The flowers are 2 cm diameter, white, with five petals, and produced in stiff panicles of three to ten flowers. The flowers have a sweet, heady aroma that can be smelled from a distance.

Loquat fruits, growing in clusters, are oval, rounded or pear-shaped, 3–5 cm long, with a smooth or downy, yellow or orange, sometimes red-blushed skin. The succulent, tangy flesh is white, yellow or orange and sweet to subacid or acid, depending on the cultivar. Each fruit contains five ovules, of which one to five mature into large brown seeds. The skin, though thin, can be peeled off manually if the fruit is ripe.

The fruits are the sweetest when soft and orange. The flavor is a mix of peach, citrus and mild mango.

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Re: Zemmy's story

Posted by bardichev - 15 Aug 2011 18:16

from a zoo to a fruit store??????

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Re: Zemmy's story

Posted by ur-a-jew - 15 Aug 2011 18:21

[bardichev wrote on 15 Aug 2011 18:16:](#)

from a zoo to a fruit store??????

Other Uses of the Loquat:

Animal feed: The young branches have been lopped for fodder.

Medicinal Uses: The fruit is said to act as a sedative and is eaten to halt vomiting and thirst.
(Take two loquats with each shot of Woodford).

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Re: Zemmy's story

Posted by ZemirosShabbos - 15 Aug 2011 18:25

isn't pomology the study of Flatbush mega-groceries?

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