

Zemmy's story

Posted by ZemirosShabbos - 25 Oct 2010 17:37

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Would like to formally introduce myself here, even though it is a little late in the game.

I am married with a couple of kids b"h. ever since i started working on computers i would periodically seek out p\*\*\*. first with a dial-up connection, then later with hi-speed internet. for days i would zone out at work, doing the bare minimum, making sure no one saw my dark secret, and feeling all the time that i am probably the only one in my circle of people who has this terrible secret. i would feel bad and try to stop. especially on Yom Kippur i would decide to stop. usually it would last a few weeks but then i would fall back into it. years later i put in a filter and it helped a lot. but only my computer had a filter and even a filter is not fool-proof. i found things that got through the filter. i found opportunities to use other computers. i changed filters. i even shut off the filter at some points.

i found GYE in a round-about way, through a google search for a halacha. i slowly started reading more and more. then i put in k9 and gave the password to the filter gabai (what a zechus Guard and him have!). that helped a lot for the p\*\*\*. almost a year ago i registered for the forum and posted a little here and there. someone on the forum reached out to me and we became partners (thank you!). that gave me a lot of chizuk. i feel that someone understands my struggle and i spilled the beans about my dark secret. i feel that if i fall ch'v i can holler out to my partner to come dig me out. that is a great feeling. like wearing a life-jacket on a boat or a parachute on a plane.

since Pesach i am clean. thanks to Hashem and to GYE. i realize that since i did not do the steps or join any phone groups the level of change to my attitudes are not too drastic. i think it is the awareness and constant chizuk provided by the forum and chizuk emails that account for whatever time i was able to stay out of trouble. at least i know that the resources for further change are available if ch'v needed in the future.

i cannot thank Guard enough for putting up this Migdal Oz of kedusha and for showing me and others the way to living clean lives. Same goes to Dov, Bardichev, yechida, Kedusha, Kaneshet (remember him?), ImTrying25, Kollel Guy, RageATM, Briut, Silentbattle, Tried123 and many many others, more recently Ovadia, 1Daat, Frumfiend the Star, Yosef Hatzadik, ur-a-jew, jooboy, world, an honest mouse, HashemsSoldier, JIP and more. Special thanks to 1daat for pushing me (gently) to make my own thread. i read a lot more than i post and every time anyone posts about a victory, a fall, a thought, a struggle it is a chizuk just to see others who struggle and sometimes win and sometimes not and keep on going trucking. of course the lessons learned from the veterans here are precious beyond words.

I am by no means out of the woods. i constantly struggle to keep my eyes off things that they should not see both on and off the computer and i know that the dangers of p\*\*\* will never go away. but with Hashem's help and with GYE i hope to be clean and slowly change my attitudes for the better.

i chose the name zemiros shabbos because to me shabbos is the day we celebrate our relationship with Hashem and zemiros are one of the most beautiful ways of bring out the spirit of shabbos. it reminds me of what i have at stake in the struggle.

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Re: Zemmy's story  
Posted by an honest mouse - 20 Jul 2011 09:39

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That's beautiful zemmy, thanks for sharing!

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Re: Zemmy's story  
Posted by ZemirosShabbos - 20 Jul 2011 15:23

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thank you OTR, YH, and AHM!

"Wisdom is the reward you get for a lifetime of listening when you'd have preferred to talk."  
(Doug Larson)

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Re: Zemmy's story  
Posted by Shteeble - 20 Jul 2011 16:44

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"Shalom bayis is the reward you get for a lifetime of listening when your wife wants to talk



and talk

and talk

and....."

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Re: Zemmy's story

Posted by ZemirosShabbos - 20 Jul 2011 16:48

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Shteeble,

that

was



very





eloquent, thank you

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Re: Zemmy's story

Posted by lookingforwisdom - 20 Jul 2011 17:00

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Zemmy it's not his own credit his wife taught him

that

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Re: Zemmy's story

Posted by ZemirosShabbos - 20 Jul 2011 17:24

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Re: Zemmy's story

Posted by shteighecher - 20 Jul 2011 18:19

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According to some rishnim, talking to the wife is part of mitzvas onah (thats why a yoitza luderech can replace it with talking). So, next time, you got to talk and talk and talk, say a lshim yichim kidshu brich hi lkiyem mitzvas onah and thank hoshem for giving you a chance to do another mitzvah.

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Re: Zemmy's story

Posted by ZemirosShabbos - 20 Jul 2011 19:34

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[shteighecher wrote on 20 Jul 2011 18:19:](#)

According to some rishonim, posting on the GYE forum is part of mitzvas 'le'olam yargiz adam yetzer tov al yetzer hara' (thats why a if you meet a GYE person you can replace it with talking). So, next time, you got to post and post and post, say a lshim yichim kidshu brich hi lkiyem mitzvas hargazas hayetzer and thank Hashem for giving you a chance to do another mitzvah.

am i reading you right?

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Re: Zemmy's story  
Posted by shteighecher - 20 Jul 2011 19:37

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Agree

Ishim yichim kidshu brich hi lkiyem mitzvas hargazas hayetzer.

Thank you Hashem for giving me a chance to do another mitzvah today, which is so easy.  
Thank you hoshem, i love you.

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Re: Zemmy's story  
Posted by mnman415 - 20 Jul 2011 23:26

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beutiful!

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Re: Zemmy's story  
Posted by Eye.nonymous - 21 Jul 2011 08:57

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[On The Road wrote on 20 Jul 2011 23:32:](#)

What amazes me about this site is how we can go from eloquently silly to recklessly poignant and back in a matter of minutes...

I think that's the way we deal with life, too.

--Eye.

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Re: Zemmy's story

Posted by Shteeble - 21 Jul 2011 13:41

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[On The Road wrote on 20 Jul 2011 23:32:](#)

What amazes me about this site is how we can go from eloquently silly to recklessly poignant and back in a matter of minutes...

Does it really take *that* long?

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Re: Zemmy's story

Posted by ZemirosShabbos - 21 Jul 2011 14:55

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[On The Road wrote on 20 Jul 2011 23:32:](#)

from eloquently silly to recklessly poignant

what happens if some days it's recklessly silly and an eloquent croissant?

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Re: Zemmy's story

Posted by Yosef Hatzadik - 21 Jul 2011 15:04

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[ZemirosShabbos wrote on 21 Jul 2011 14:55:](#)

eloquent croissant?

[Croissant](#)

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