

Zemmy's story

Posted by ZemirosShabbos - 25 Oct 2010 17:37

Would like to formally introduce myself here, even though it is a little late in the game.

I am married with a couple of kids b"h. ever since i started working on computers i would periodically seek out p***. first with a dial-up connection, then later with hi-speed internet. for days i would zone out at work, doing the bare minimum, making sure no one saw my dark secret, and feeling all the time that i am probably the only one in my circle of people who has this terrible secret. i would feel bad and try to stop. especially on Yom Kippur i would decide to stop. usually it would last a few weeks but then i would fall back into it. years later i put in a filter and it helped a lot. but only my computer had a filter and even a filter is not fool-proof. i found things that got through the filter. i found opportunities to use other computers. i changed filters. i even shut off the filter at some points.

i found GYE in a round-about way, through a google search for a halacha. i slowly started reading more and more. then i put in k9 and gave the password to the filter gabai (what a zechus Guard and him have!). that helped a lot for the p***. almost a year ago i registered for the forum and posted a little here and there. someone on the forum reached out to me and we became partners (thank you!). that gave me a lot of chizuk. i feel that someone understands my struggle and i spilled the beans about my dark secret. i feel that if i fall ch'v i can holler out to my partner to come dig me out. that is a great feeling. like wearing a life-jacket on a boat or a parachute on a plane.

since Pesach i am clean. thanks to Hashem and to GYE. i realize that since i did not do the steps or join any phone groups the level of change to my attitudes are not too drastic. i think it is the awareness and constant chizuk provided by the forum and chizuk emails that account for whatever time i was able to stay out of trouble. at least i know that the resources for further change are available if ch'v needed in the future.

i cannot thank Guard enough for putting up this Migdal Oz of kedusha and for showing me and others the way to living clean lives. Same goes to Dov, Bardichev, yechida, Kedusha, Kaneshner (remember him?), ImTrying25, Kollel Guy, RageATM, Briut, Silentbattle, Tried123 and many many others, more recently Ovadia, 1Daat, Frumfiend the Star, Yosef Hatzadik, ur-a-jew, jooboy, world, an honest mouse, HashemsSoldier, JIP and more. Special thanks to 1daat for pushing me (gently) to make my own thread. i read a lot more than i post and every time anyone posts about a victory, a fall, a thought, a struggle it is a chizuk just to see others who struggle and sometimes win and sometimes not and keep on going trucking. of course the lessons learned from the veterans here are precious beyond words.

I am by no means out of the woods. i constantly struggle to keep my eyes off things that they should not see both on and off the computer and i know that the dangers of p*** will never go away. but with Hashem's help and with GYE i hope to be clean and slowly change my attitudes for the better.

i chose the name zemiros shabbos because to me shabbos is the day we celebrate our relationship with Hashem and zemiros are one of the most beautiful ways of bring out the spirit of shabbos. it reminds me of what i have at stake in the struggle.

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Re: Zemmy's story

Posted by ZemirosShabbos - 11 Jul 2011 21:15

saying for today:

Keep a green tree in your heart and perhaps a singing bird will come.

(Chinese proverb)

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Re: Zemmy's story

Posted by ben durdayah - 11 Jul 2011 22:17

[ZemirosShabbos wrote on 11 Jul 2011 21:15:](#)

saying for today:

Keep a green tree in your heart and perhaps a singing giraffe will come.

(Chinese proverb)

Isn't that what you meant to say?

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Re: Zemmy's story

Posted by Shteeble - 12 Jul 2011 00:53

[ZemirosShabbos wrote on 11 Jul 2011 21:15:](#)

saying for today:

Keep a green tree in your heart and perhaps R' Bardichev will come back.

(Chinese proverb)

Isn't that what you meant to say?

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Re: Zemmy's story

Posted by ur-a-jew - 12 Jul 2011 02:32

[ZemirosShabbos wrote on 11 Jul 2011 21:15:](#)

saying for today:

If a green tree is in your heart have someone call 911 quickly.

(Life threatening situations for dummies)

Isn't this what you meant to say?

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Re: Zemmy's story

Posted by mnman415 - 12 Jul 2011 02:45

[ur-a-jew wrote on 12 Jul 2011 02:32:](#)

[ZemirosShabbos wrote on 11 Jul 2011 21:15:](#)

saying for today:

If a green tree is in your heart have someone call 911 quickly.

(Life threatening situations for dummies)

Isn't this what you meant to say?

HA!

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Re: Zemmy's story

Posted by ZemirosShabbos - 12 Jul 2011 04:54

Whatever course you decide upon, there is always someone to tell you
that you are wrong. (Ralph Waldo Emerson)

it seemed the meaning was rather straightforward but for those who like making simple things
complicated, here's to you.

Green tree signifies life, as opposed to a dead tree. A person can have a heart of stone or a
heart of flesh, as it says in Yechezkel, ?????????? ?? ?? ????? ?????? ??? ?? ????. Reb Nachman
says that if you hear song from a rasha it damages your yiras shomayim. The birds brought by a
metzora were symbolic of the two states of speech, fallen speech, i.e. lashon hara, and rectified
speech. Hence one bird was killed and the other released. Birds allude to speech as they chirp
constantly. (L"M 1:3).

So if you want proper speech and pure song you need a 'living' heart.

next time you see a Chinese guy in Uman, ask him pshat...

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Re: Zemmy's story

Posted by ben durdayah - 12 Jul 2011 09:09

[ZemirosShabbos wrote on 12 Jul 2011 04:54:](#)

Whatever course you decide upon, there is always someone to tell you
that you are wrong. (Ralph Waldo Emerson)

Of course!

And they are generally family and friends.

That would describe us pretty well...

and we love the heileger Guard too, of course!

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Re: Zemmy's story

Posted by ZemirosShabbos - 12 Jul 2011 14:43

[On The Road wrote on 12 Jul 2011 12:37:](#)

Keep a green tree in your heart so a flying singing giraffe wth reb barditchev stting on its wings
will come by, and all the neighbors will call 911 with a UFO sighting..... I think THAT'S what the
oilam was getting to.

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bingo!

Re: Zemmy's story
Posted by ZemirosShabbos - 12 Jul 2011 15:05

here's one for today:

If the English language made any sense, a catastrophe would be an apostrophe with fur. (*Doug Larson*)

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Re: Zemmy's story
Posted by ur-a-jew - 12 Jul 2011 15:49

[ZemirosShabbos wrote on 12 Jul 2011 15:05:](#)

here's one for today:

If the English language made any sense, a catastrophe would look something like this. (*Jerry Mouse*)

Isn't this what you really meant to say?

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Re: Zemmy's story

Posted by ben durdayah - 12 Jul 2011 17:22

[ZemirosShabbos wrote on 12 Jul 2011 15:05:](#)

here's one for today:

If the English language made any sense, a catastrophe would be an apostrophe with fur. (*Doug Larson*)

Gevaldigggg

How are you today ~~Green Tree~~ Zemmy?

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Re: Zemmy's story

Posted by ZemirosShabbos - 12 Jul 2011 17:24

yishtabach shemo

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Re: Zemmy's story

Posted by ben durdayah - 12 Jul 2011 20:15

No,

[ben durdayah wrote on 30 Apr 2011 19:01:](#)

Actually Zemmy, I only play electric kazoo...

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Re: Zemmy's story

Posted by mnman415 - 12 Jul 2011 20:19

you play the electic kazoo???

i play the electic triangle,

maybe we can get together.....

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