

Zemmy's story

Posted by ZemirosShabbos - 25 Oct 2010 17:37

Would like to formally introduce myself here, even though it is a little late in the game.

I am married with a couple of kids b"h. ever since i started working on computers i would periodically seek out p***. first with a dial-up connection, then later with hi-speed internet. for days i would zone out at work, doing the bare minimum, making sure no one saw my dark secret, and feeling all the time that i am probably the only one in my circle of people who has this terrible secret. i would feel bad and try to stop. especially on Yom Kippur i would decide to stop. usually it would last a few weeks but then i would fall back into it. years later i put in a filter and it helped a lot. but only my computer had a filter and even a filter is not fool-proof. i found things that got through the filter. i found opportunities to use other computers. i changed filters. i even shut off the filter at some points.

i found GYE in a round-about way, through a google search for a halacha. i slowly started reading more and more. then i put in k9 and gave the password to the filter gabai (what a zechus Guard and him have!). that helped a lot for the p***. almost a year ago i registered for the forum and posted a little here and there. someone on the forum reached out to me and we became partners (thank you!). that gave me a lot of chizuk. i feel that someone understands my struggle and i spilled the beans about my dark secret. i feel that if i fall ch'v i can holler out to my partner to come dig me out. that is a great feeling. like wearing a life-jacket on a boat or a parachute on a plane.

since Pesach i am clean. thanks to Hashem and to GYE. i realize that since i did not do the steps or join any phone groups the level of change to my attitudes are not too drastic. i think it is the awareness and constant chizuk provided by the forum and chizuk emails that account for whatever time i was able to stay out of trouble. at least i know that the resources for further change are available if ch'v needed in the future.

i cannot thank Guard enough for putting up this Migdal Oz of kedusha and for showing me and others the way to living clean lives. Same goes to Dov, Bardichev, yechida, Kedusha, Kaneshner (remember him?), ImTrying25, Kollel Guy, RageATM, Briut, Silentbattle, Tried123 and many many others, more recently Ovadia, 1Daat, Frumfiend the Star, Yosef Hatzadik, ur-a-jew, jooboy, world, an honest mouse, HashemsSoldier, JIP and more. Special thanks to 1daat for pushing me (gently) to make my own thread. i read a lot more than i post and every time anyone posts about a victory, a fall, a thought, a struggle it is a chizuk just to see others who struggle and sometimes win and sometimes not and keep on going trucking. of course the lessons learned from the veterans here are precious beyond words.

I am by no means out of the woods. i constantly struggle to keep my eyes off things that they should not see both on and off the computer and i know that the dangers of p*** will never go away. but with Hashem's help and with GYE i hope to be clean and slowly change my attitudes for the better.

i chose the name zemiros shabbos because to me shabbos is the day we celebrate our relationship with Hashem and zemiros are one of the most beautiful ways of bring out the spirit of shabbos. it reminds me of what i have at stake in the struggle.

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Re: Zemmy's story

Posted by ZemirosShabbos - 24 Feb 2011 17:23

auto-gelt to the rescue!

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Re: Zemmy's story

Posted by 1daat - 25 Feb 2011 06:11

Zemmy brings down that if you spend your free time looking for atm pictures, and other such hysterically funny pursuits, the yetzer sulks in the corner.

Hi Zem

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Re: Zemmy's story

Posted by ZemirosShabbos - 25 Feb 2011 18:04

hi 1daat,

have a great shabbos!

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thanks for stopping by, even if it was only to use the ATM

Re: Zemmy's story

Posted by bardichev - 25 Feb 2011 18:13

zemmy u are 13 possums away from 2000

u will get a free kickboxing class with mr class himself billy

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Re: Zemmy's story

Posted by ZemirosShabbos - 25 Feb 2011 18:47

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Re: Zemmy's story

Posted by ZemirosShabbos - 25 Feb 2011 18:50

this is just FYI:

some blogs that i follow which others might enjoy

dixieyid.blogspot.com/

asimplejew.blogspot.com/

fire-in-breslov.blogspot.com/

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Re: Zemmy's story

Posted by Eye.nonymous - 26 Feb 2011 20:27

ATM?! I thought around here that meant: Addicted to M*...

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Re: Zemmy's story

Posted by ZemirosShabbos - 27 Feb 2011 03:18

i just meant the standard "Automated Teller Machine"

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Re: Zemmy's story

Posted by pinokio - 27 Feb 2011 17:13

Zem, i know this is ur thread, but i have a problem. I cant seem to manage my time properly to read threads of friends of mine like you-what should i do? Its getting unmanagable. (within the word unmanagable is the word gunman, meal, and AA)

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Re: Zemmy's story

Posted by ZemirosShabbos - 28 Feb 2011 05:57

how about waiting till you eat with the divorced-one-nostriled-flying-bathrobe-mekubal again and

just kidding

i really cannot tell you much, as i spend way too much time on GYE than i should

so time management is not my strong point

all i can say is that there is no pressure to read every thread that catches your eye

the ikkar is that you get whatever you are looking for out of GYE, be it chizuk, ideas, objectivity, friends or all of the above

of course to get friends you have to be a friend, and if i were to write in my thread that i woke up in the morning and could not find my second nostril and then you send me a PM asking if i am

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Re: Zemmy's story

Posted by pinokio - 28 Feb 2011 14:06

i hope ur upset, cuz ur nostril is now mounted on the wall near my leichter, and the pm is waiting ready to pose for a picture with you in a Rambo get up i might be upset....
for you can we take the photo say "opm" at ur's back table with the.....

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?huh?

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Re: Zemmy's story

Posted by ZemirosShabbos - 28 Feb 2011 18:02

6pm at Uri's for a photo shoot

anyone who cares to join just show up wearing a t-shirt that says "I am a work in progress not perfection"

and being that this is my 2000th post some dignified words of recognition are in order

may i have your attention please,

Gentlemen, gr**n elephants and possums, we are gathered here to celebrate the fortuitous and propitious milestone of hitting the 'post' button 2000 times and inflicting my own skewed and skewered shishkebab philosophy on the general public so please eat only Post cereal on this

on a really serious note

i am truly grateful to the RBSO who led me here to GYE, a place where it is safe to lay bare my problems and shortcomings and work together in a positive and uplifting spirit, and for giving me such precious and dear friends with whom i can share my struggles and learn from. Guard has done so much for me, more than he knows, and he has such a tremendous zechus that mere words do not approach the threshold of doing justice to the amount of appreciation i should have.

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day
Re: Zemmy's story
Posted by Shteeble - 01 Mar 2011 02:03

does do something in html??

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Re: Zemmy's story
Posted by bardichev - 01 Mar 2011 02:54

To the kretchmerr boys!!

(Billy stand at the door vee need ahh bountzir)

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