

Zemmy's story

Posted by ZemirosShabbos - 25 Oct 2010 17:37

Would like to formally introduce myself here, even though it is a little late in the game.

I am married with a couple of kids b"h. ever since i started working on computers i would periodically seek out p***. first with a dial-up connection, then later with hi-speed internet. for days i would zone out at work, doing the bare minimum, making sure no one saw my dark secret, and feeling all the time that i am probably the only one in my circle of people who has this terrible secret. i would feel bad and try to stop. especially on Yom Kippur i would decide to stop. usually it would last a few weeks but then i would fall back into it. years later i put in a filter and it helped a lot. but only my computer had a filter and even a filter is not fool-proof. i found things that got through the filter. i found opportunities to use other computers. i changed filters. i even shut off the filter at some points.

i found GYE in a round-about way, through a google search for a halacha. i slowly started reading more and more. then i put in k9 and gave the password to the filter gabai (what a zechus Guard and him have!). that helped a lot for the p***. almost a year ago i registered for the forum and posted a little here and there. someone on the forum reached out to me and we became partners (thank you!). that gave me a lot of chizuk. i feel that someone understands my struggle and i spilled the beans about my dark secret. i feel that if i fall ch'v i can holler out to my partner to come dig me out. that is a great feeling. like wearing a life-jacket on a boat or a parachute on a plane.

since Pesach i am clean. thanks to Hashem and to GYE. i realize that since i did not do the steps or join any phone groups the level of change to my attitudes are not too drastic. i think it is the awareness and constant chizuk provided by the forum and chizuk emails that account for whatever time i was able to stay out of trouble. at least i know that the resources for further change are available if ch'v needed in the future.

i cannot thank Guard enough for putting up this Migdal Oz of kedusha and for showing me and others the way to living clean lives. Same goes to Dov, Bardichev, yechida, Kedusha, Kaneshner (remember him?), ImTrying25, Kollel Guy, RageATM, Briut, Silentbattle, Tried123 and many many others, more recently Ovadia, 1Daat, Frumfiend the Star, Yosef Hatzadik, ur-a-jew, jooboy, world, an honest mouse, HashemsSoldier, JIP and more. Special thanks to 1daat for pushing me (gently) to make my own thread. i read a lot more than i post and every time anyone posts about a victory, a fall, a thought, a struggle it is a chizuk just to see others who struggle and sometimes win and sometimes not and keep on going trucking. of course the lessons learned from the veterans here are precious beyond words.

I am by no means out of the woods. i constantly struggle to keep my eyes off things that they should not see both on and off the computer and i know that the dangers of p*** will never go away. but with Hashem's help and with GYE i hope to be clean and slowly change my attitudes for the better.

i chose the name zemiros shabbos because to me shabbos is the day we celebrate our relationship with Hashem and zemiros are one of the most beautiful ways of bring out the spirit of shabbos. it reminds me of what i have at stake in the struggle.

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Re: Zemmy's story

Posted by ZemirosShabbos - 15 Feb 2011 21:32

the giraffe comes from Bardstown Zoo, of course

Bina sent a photographer there for the photos

and i'm sure the rebbe never takes a Bina out to read but sometimes when the rebbe goes to the Bardstown shuk and the rebbetzin calls into the rebbe's zilbener shtecken with built in Bluetooth speakers and asks the rebbe to be so kind and pick up a Bina to read. then the rebbe tells the gabbai (EL) to take him to the magazine section and the rebbe picks out a nice unwrinkled copy for the rebbetzin and then the rebbe peeks out of the corner of his eye at the giraffes

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Re: Zemmy's story

Posted by ben durdayah - 18 Feb 2011 06:46

Bina isn't classy enough to send a photographer to Bardstown!

Besides, the bardichever rebbitzen is too intelligent and heilig to read Bina, I think she only reads 'Der Yiddene'...

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Re: Zemmy's story

Posted by ZemirosShabbos - 18 Feb 2011 15:58

what about Tzena Urena?

any self-respecting rebbetzin ought to have a rocking chair and a pile of mending near the fireplace with a well-worn Tzena Urena

(undercover Anglo-Saxon rebbetzins can take "The Midrash Says" and bind it in a cover of

thanks for stopping by Reb EBD, great to see you!

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Re: Zemmy's story

Posted by bardichev - 18 Feb 2011 17:42

the "rooster" reads binah

hanosen lasechvi binah

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Tzena Urena just for appearance's sake)

Re: Zemmy's story

Posted by ZemirosShabbos - 21 Feb 2011 20:17

was being maavir sedra and a thought occured to me.

When the yidden made the Eigel and Hashem told Moshe 'lech raid ki shichais amcha etc.', Moshe davened for the yidden not to be destroyed, and Hashem told Moshe 'hanicha li etc.' implying that it is up to Moshe to daven for the yidden.

All this took place even as the yidden were in middle of dancing around the eigel.

I will leave it to others to expound on this but for me it shows that no matter how deeply fallen and depraved a person might fall Hashem and tzadikim (like Moshe) are still 'on the case', pulling strings and moving and shaking things to get you out of the hole.

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Re: Zemmy's story

Posted by ZemirosShabbos - 21 Feb 2011 20:42

another thought in a somewhat similar vein.

Moshe Rabeinu became rich from the leftover sapphire that he used to make the Luchos Shniyos. We too, who are often greatly in need of luchos shniyos, can actually get rich in the process, by rebuilding our lives and using all the trials and falls to spur us onward and upward.

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Re: Zemmy's story

Posted by Yosef Hatzadik - 21 Feb 2011 21:11

[ZemirosShabbos wrote on 21 Feb 2011 20:17:](#)

I will leave it to others to expound on this

Nothing left to be said!

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Re: Zemmy's story

Posted by an honest mouse - 22 Feb 2011 22:57

great vertlech zemmy! its great to be back on your heilige thread!

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Re: Zemmy's story

Posted by Yosef Hatzadik - 22 Feb 2011 22:59

[an honest mouse wrote on 22 Feb 2011 22:57:](#)

great vertlech zemmy! its great to be **back** on your heilige thread!

Back?? How can anyone leave it??

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Re: Zemmy's story

Posted by ZemirosShabbos - 22 Feb 2011 23:07

if you stay here long enough i will give you passes to the VIP lounge

overlooks my possum ranch

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Re: Zemmy's story

Posted by an honest mouse - 22 Feb 2011 23:16

trully mouthwatering, got any cheese back there?

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Re: Zemmy's story

Posted by ZemirosShabbos - 23 Feb 2011 16:28

but it operates on a BYOC (bring your own cheese) policy

lot of white knuckling today

lot of (innocent?) Jewish blood being spilled this morning

lot of tension

cleaning out buildup of garbage and residues from past indulgences

painful process but necessary

if i would be consistent and punctilious in daily exercises in removing excesses and living healthy i would not need such a drastic periodic cleansing

all this took place at the dentist's office this morning

reb AHM, you are officially granted use of the Possum Ranch VIP Lounge

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Re: Zemmy's story

Posted by Yosef Hatzadik - 23 Feb 2011 16:44

:-X

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Re: Zemmy's story

Posted by Shteeble - 24 Feb 2011 12:19

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