

Zemmy's story

Posted by ZemirosShabbos - 25 Oct 2010 17:37

Would like to formally introduce myself here, even though it is a little late in the game.

I am married with a couple of kids b"h. ever since i started working on computers i would periodically seek out p***. first with a dial-up connection, then later with hi-speed internet. for days i would zone out at work, doing the bare minimum, making sure no one saw my dark secret, and feeling all the time that i am probably the only one in my circle of people who has this terrible secret. i would feel bad and try to stop. especially on Yom Kippur i would decide to stop. usually it would last a few weeks but then i would fall back into it. years later i put in a filter and it helped a lot. but only my computer had a filter and even a filter is not fool-proof. i found things that got through the filter. i found opportunities to use other computers. i changed filters. i even shut off the filter at some points.

i found GYE in a round-about way, through a google search for a halacha. i slowly started reading more and more. then i put in k9 and gave the password to the filter gabai (what a zechus Guard and him have!). that helped a lot for the p***. almost a year ago i registered for the forum and posted a little here and there. someone on the forum reached out to me and we became partners (thank you!). that gave me a lot of chizuk. i feel that someone understands my struggle and i spilled the beans about my dark secret. i feel that if i fall ch'v i can holler out to my partner to come dig me out. that is a great feeling. like wearing a life-jacket on a boat or a parachute on a plane.

since Pesach i am clean. thanks to Hashem and to GYE. i realize that since i did not do the steps or join any phone groups the level of change to my attitudes are not too drastic. i think it is the awareness and constant chizuk provided by the forum and chizuk emails that account for whatever time i was able to stay out of trouble. at least i know that the resources for further change are available if ch'v needed in the future.

i cannot thank Guard enough for putting up this Migdal Oz of kedusha and for showing me and others the way to living clean lives. Same goes to Dov, Bardichev, yechida, Kedusha, Kaneshner (remember him?), ImTrying25, Kollel Guy, RageATM, Briut, Silentbattle, Tried123 and many many others, more recently Ovadia, 1Daat, Frumfiend the Star, Yosef Hatzadik, ur-a-jew, jooboy, world, an honest mouse, HashemsSoldier, JIP and more. Special thanks to 1daat for pushing me (gently) to make my own thread. i read a lot more than i post and every time anyone posts about a victory, a fall, a thought, a struggle it is a chizuk just to see others who struggle and sometimes win and sometimes not and keep on going trucking. of course the lessons learned from the veterans here are precious beyond words.

I am by no means out of the woods. i constantly struggle to keep my eyes off things that they should not see both on and off the computer and i know that the dangers of p*** will never go away. but with Hashem's help and with GYE i hope to be clean and slowly change my attitudes for the better.

i chose the name zemiros shabbos because to me shabbos is the day we celebrate our relationship with Hashem and zemiros are one of the most beautiful ways of bring out the spirit of shabbos. it reminds me of what i have at stake in the struggle.

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Re: Zemmy's story

Posted by ur-a-jew - 26 Jan 2011 21:34

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Re: Zemmy's story

Posted by ZemirosShabbos - 26 Jan 2011 21:38

x o

o x

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Re: Zemmy's story
Posted by Yosef Hatzadik - 26 Jan 2011 21:41

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Re: Zemmy's story
Posted by ur-a-jew - 26 Jan 2011 21:48

[Yosef Hatzadik wrote on 26 Jan 2011 21:41:](#)

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Actually it is

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Re: Zemmy's story

Posted by Rising Up - 26 Jan 2011 21:48

this is an ○ without a parachute

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Re: Zemmy's story

Posted by Yosef Hatzadik - 26 Jan 2011 21:50

[RisingUp wrote on 26 Jan 2011 21:48:](#)

this is an ○ without a parachute

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Re: Zemmy's st - ry

Posted by ZemirosShabbos - 26 Jan 2011 22:08

there must be a message here

i go to mincha and come back and not only did i lose the tic tac to game but the 'o' perished in a rather violent way...

let us proclaim today as the first yartzeit of the O and resolve to eat Cheerios in its memory,
amen

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Re: Zemmy's story

Posted by Shteeble - 26 Jan 2011 23:31

O say can you splat

what has become of this thread?

Zemmy, your HONOR is gonna be moved to the JUST HAVIN FUN toybox.

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Re: Zemmy's st - ry

Posted by mnman415 - 27 Jan 2011 04:29

[ZemirosShabbos wrote on 26 Jan 2011 22:08:](#)

there must be a message here

i go to mincha and come back and not only did i lose the tic tac to game but the 'o' perished in a rather violent way...

let us proclaim today as the first yartzeit of the O and resolve to eat Cheerios in its memory, amen

made me laugh! ;D

just doing my routinely (there is no way on earth i spelled the right....yet there is no red squiggly under it!) check in

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Re: Zemmy's story

Posted by ZemirosShabbos - 27 Jan 2011 16:50

[world wrote on 26 Jan 2011 23:31:](#)

O say can you splat

what has become of this thread?

Zemmy, your HONOR is gonna be moved to the JUST HAVIN FUN toybox.

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Re: Zemmy's story

Posted by ZemirosShabbos - 27 Jan 2011 19:12

no kvetching allowed here, there is a special place for that ????? ????? ??? ?????.

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Re: Zemmy's story

Posted by mnman415 - 27 Jan 2011 20:49

[ZemirosShabbos wrote on 27 Jan 2011 19:12:](#)

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wow... ????? ????? ?????

that is a BIG chidush

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Re: Zemmy's story

Posted by Yosef Hatzadik - 31 Jan 2011 20:03

How is our **ZemirosShabbos** faring today?

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Re: Zemmy's story

Posted by ZemirosShabbos - 31 Jan 2011 20:13

it's just over a year that i signed up with GYE.

it was a year unlike any other in my life. i faced things i had done in a way never done before. i learned so much about how to live life. i made some really dear and precious friends. i reached a level of honesty with my wife not reached in the past.

i need to recognize how good Hashem has been to me in bringing me this far. how good my wife has been to me. how good GYE and my GYE friends have been to me. thank you Guard x

it was weird, last year i thought i was gonna burst because of some issues i was having (sounds comical now in hindsight) and i was angry and full of resentment and pity for myself. but through that Hashem engineered something so great and so good. leading me here to gye and all the wonderful people here.

gevaldig

KOT

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