

Zemmy's story

Posted by ZemirosShabbos - 25 Oct 2010 17:37

Would like to formally introduce myself here, even though it is a little late in the game.

I am married with a couple of kids b"h. ever since i started working on computers i would periodically seek out p***. first with a dial-up connection, then later with hi-speed internet. for days i would zone out at work, doing the bare minimum, making sure no one saw my dark secret, and feeling all the time that i am probably the only one in my circle of people who has this terrible secret. i would feel bad and try to stop. especially on Yom Kippur i would decide to stop. usually it would last a few weeks but then i would fall back into it. years later i put in a filter and it helped a lot. but only my computer had a filter and even a filter is not fool-proof. i found things that got through the filter. i found opportunities to use other computers. i changed filters. i even shut off the filter at some points.

i found GYE in a round-about way, through a google search for a halacha. i slowly started reading more and more. then i put in k9 and gave the password to the filter gabai (what a zechus Guard and him have!). that helped a lot for the p***. almost a year ago i registered for the forum and posted a little here and there. someone on the forum reached out to me and we became partners (thank you!). that gave me a lot of chizuk. i feel that someone understands my struggle and i spilled the beans about my dark secret. i feel that if i fall ch'v i can holler out to my partner to come dig me out. that is a great feeling. like wearing a life-jacket on a boat or a parachute on a plane.

since Pesach i am clean. thanks to Hashem and to GYE. i realize that since i did not do the steps or join any phone groups the level of change to my attitudes are not too drastic. i think it is the awareness and constant chizuk provided by the forum and chizuk emails that account for whatever time i was able to stay out of trouble. at least i know that the resources for further change are available if ch'v needed in the future.

i cannot thank Guard enough for putting up this Migdal Oz of kedusha and for showing me and others the way to living clean lives. Same goes to Dov, Bardichev, yechida, Kedusha, Kaneshner (remember him?), ImTrying25, Kollel Guy, RageATM, Briut, Silentbattle, Tried123 and many many others, more recently Ovadia, 1Daat, Frumfiend the Star, Yosef Hatzadik, ur-a-jew, jooboy, world, an honest mouse, HashemsSoldier, JIP and more. Special thanks to 1daat for pushing me (gently) to make my own thread. i read a lot more than i post and every time anyone posts about a victory, a fall, a thought, a struggle it is a chizuk just to see others who struggle and sometimes win and sometimes not and keep on going trucking. of course the lessons learned from the veterans here are precious beyond words.

I am by no means out of the woods. i constantly struggle to keep my eyes off things that they should not see both on and off the computer and i know that the dangers of p*** will never go away. but with Hashem's help and with GYE i hope to be clean and slowly change my attitudes for the better.

i chose the name zemiros shabbos because to me shabbos is the day we celebrate our relationship with Hashem and zemiros are one of the most beautiful ways of bring out the spirit of shabbos. it reminds me of what i have at stake in the struggle.

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Re: Zemmy's story

Posted by bardichev - 24 Jan 2011 19:41

In hungarian

Thay say

Men ken nisht zayn

Kitchi allapotosh

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Re: Zemmy's story

Posted by Yosef Hatzadik - 24 Jan 2011 19:42

Try filling up your heart with other things, that stuff will feel so cramped they will be physically pushed out.

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Re: Zemmy's story

Posted by ZemirosShabbos - 24 Jan 2011 19:44

[bardichev wrote on 24 Jan 2011 19:41:](#)

In hungarian

Thay say

Men ken nisht zayn

Kitchi allapotosh

any relation to kokosh?

yosef, can you translate the rebbe's heiliger verter into english or yiddish? bitteh

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Re: Zemmy's story

Posted by ZemirosShabbos - 24 Jan 2011 19:45

[Yosef Hatzadik wrote on 24 Jan 2011 19:42:](#)

Try filling up your heart with other things, that stuff will feel so cramped they will be physically pushed out.

good idea

how about some possum kishka?

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Re: Zemmy's story

Posted by Yosef Hatzadik - 24 Jan 2011 19:46

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Re: Zemmy's story

Posted by ben durdayah - 24 Jan 2011 19:52

Tell the YH (I think his first name is Ferencz)

On Kuss Mar!

We love you Zemmy!

Nem tudom Magyarol. = I don't understand Hungarian.... :

Don't ever change...

Except for the better!

BE HAPPY!

K?rj?k, L?gy boldog

Szeret?nk Zemmy b?csi, Szeret?nk!!!

Lazarus Durdayavitz

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Re: Zemmy's story

Posted by bardichev - 24 Jan 2011 19:58

Ok for all u american yankees that don't speak hungarian

There is no sucj thing as being a little bit pregnant

What it means is

That either you are or u are not

So mostly is mostly

What does bards say

Lust?

Resentment?

Hungry?

Hooooo kaaaaares??????????

Kot!!

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Re: Zemmy's story

Posted by ZemirosShabbos - 24 Jan 2011 20:00

reb EBD,

thank you very much for your kind sentiments and words.

Zemmsville is not in Hungary so i don't really understand all that you said

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Re: Zemmy's story

Posted by ZemirosShabbos - 24 Jan 2011 20:03

thank you rebbe b!

wise words from a wise man

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Re: Zemmy's story

Posted by ur-a-jew - 24 Jan 2011 21:10

[ZemirosShabbos wrote on 24 Jan 2011 19:38:](#)

rebbe b

i have a condition.

it's called feelings of resentment, ego and lust. they all took up permanent residency in my heart a long time ago.

Now this is a shocker. I think we better called Guard. I don't think we've ever seen something like this. That someone on GYE should have feelings of resentment, ego and lust. I am just not mekabel this type of loshon hora. Maybe on those other fake-frum sights. But on GYE its not shayich.

Zem's hang in there.

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Re: Zemmy's story

Posted by ZemirosShabbos - 24 Jan 2011 21:37

i did not believe it myself for a long time

i would think "i could not have done anything wrong, i am so high and holy and my feelings are justified because my neighbor's pet cat looked at me crossly just yesterday"

i am high and holy, but not entirely. i have a body and a soul, or rather i *am* a soul in a body. my job is to try to keep the soul in the driver's seat. all too often the soul got kicked out and the body stole its identity and drove around town masquerading as a soul.

this is an important idea to live with. ??? ??? ????? ????? ?? ??? ?????? ????? ?????? ???????

the yetzer is an urge we feel to self-destruct. those urges should not be justified and rationalized just because they sprung up inside me. and they do not define me either. a person is made of of two polar opposites and a constant struggle and tension ensues.

i need to remember that it is 'normal' and expected that i have urges and desires to do things i shouldn't. it does not mean that i am damaged goods. the yetzer/urges are along for the ride. they were *put* there by the manufacturer.

the best thing is that the Manufacturer's warranty is great. we can keep going back to Him for repairs and roadside assistance.

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Re: Zemmy's story

Posted by ben durdayah - 24 Jan 2011 21:47

[ur-a-jew wrote on 24 Jan 2011 21:10:](#)

[ZemirosShabbos wrote on 24 Jan 2011 19:38:](#)

rebbe b

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Zem's hang in there.

Masterful, ur-a-jew!

Zemmy, reb b. might just come give you a kick-boxing lesson for such a teefe post!

I love it!

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Re: Zemmy's story

Posted by bardichev - 24 Jan 2011 22:08

zemms??

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Re: Zemmy's story

Posted by ZemirosShabbos - 24 Jan 2011 22:11

yes?

i am here. i think...

was it your cat that looked at me crossly?

do you want to schedule the kickboxing lesson?

come check out my Novardok music collection?

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