

Zemmy's story

Posted by ZemirosShabbos - 25 Oct 2010 17:37

Would like to formally introduce myself here, even though it is a little late in the game.

I am married with a couple of kids b"h. ever since i started working on computers i would periodically seek out p***. first with a dial-up connection, then later with hi-speed internet. for days i would zone out at work, doing the bare minimum, making sure no one saw my dark secret, and feeling all the time that i am probably the only one in my circle of people who has this terrible secret. i would feel bad and try to stop. especially on Yom Kippur i would decide to stop. usually it would last a few weeks but then i would fall back into it. years later i put in a filter and it helped a lot. but only my computer had a filter and even a filter is not fool-proof. i found things that got through the filter. i found opportunities to use other computers. i changed filters. i even shut off the filter at some points.

i found GYE in a round-about way, through a google search for a halacha. i slowly started reading more and more. then i put in k9 and gave the password to the filter gabai (what a zechus Guard and him have!). that helped a lot for the p***. almost a year ago i registered for the forum and posted a little here and there. someone on the forum reached out to me and we became partners (thank you!). that gave me a lot of chizuk. i feel that someone understands my struggle and i spilled the beans about my dark secret. i feel that if i fall ch'v i can holler out to my partner to come dig me out. that is a great feeling. like wearing a life-jacket on a boat or a parachute on a plane.

since Pesach i am clean. thanks to Hashem and to GYE. i realize that since i did not do the steps or join any phone groups the level of change to my attitudes are not too drastic. i think it is the awareness and constant chizuk provided by the forum and chizuk emails that account for whatever time i was able to stay out of trouble. at least i know that the resources for further change are available if ch'v needed in the future.

i cannot thank Guard enough for putting up this Migdal Oz of kedusha and for showing me and others the way to living clean lives. Same goes to Dov, Bardichev, yechida, Kedusha, Kaneshner (remember him?), ImTrying25, Kollel Guy, RageATM, Briut, Silentbattle, Tried123 and many many others, more recently Ovadia, 1Daat, Frumfiend the Star, Yosef Hatzadik, ur-a-jew, jooboy, world, an honest mouse, HashemsSoldier, JIP and more. Special thanks to 1daat for pushing me (gently) to make my own thread. i read a lot more than i post and every time anyone posts about a victory, a fall, a thought, a struggle it is a chizuk just to see others who struggle and sometimes win and sometimes not and keep on going trucking. of course the lessons learned from the veterans here are precious beyond words.

I am by no means out of the woods. i constantly struggle to keep my eyes off things that they should not see both on and off the computer and i know that the dangers of p*** will never go away. but with Hashem's help and with GYE i hope to be clean and slowly change my attitudes for the better.

i chose the name zemiros shabbos because to me shabbos is the day we celebrate our relationship with Hashem and zemiros are one of the most beautiful ways of bring out the spirit of shabbos. it reminds me of what i have at stake in the struggle.

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Re: Zemmy's story

Posted by 1daat - 18 Jun 2012 06:09

Hi Zem, Progress!

Baruch Hashem. Perfection.

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Re: Zemmy's story

Posted by ZemirosShabbos - 25 Jun 2012 15:56

hi 1daat,

not really sure i understand your post but it's nice to hear from you

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Re: Zemmy's story

Posted by ZemirosShabbos - 26 Jun 2012 04:13

Ole zem here reporting in

Still clean

Still trucking

Still ambulating

Still on DL

Still gotta be on guard for drive by lust shootings and my own personal lust fifth columnists who live in my mind

life is a bowl of cherries. As long as you're not under the table in the shmutz. No one keeps the cherry bowls there...

zeh essof hachadashot mikol zem

Laila tov

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Re: Zemmy's story

Posted by 1daat - 03 Jul 2012 16:12

Zem's making progress. Only Hashem is Perfection. KOT

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Re: Zemmy's story

Posted by jack - 03 Jul 2012 17:20

yeah kedush - but i didn't have to travel to get there for 3 or more hours like you did - it took me only 20 minutes and i found a parking spot right in the front.what mesiras nefesh you showed us all in making that trip

jack

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Re: Zemmy's story

Posted by ZemirosShabbos - 13 Jul 2012 17:04

a small thing but a really big thing

something came up and entailed my family not being home for shabbos. not a big deal. but i am a homebody and i don't like going away for shabbos. so i bellyached about it to the wife and to a friend. later i thought to myself if this is what the RBSO wants to happen then it's my job to make the best of it.

I said out loud to the RBSO "You know i don't want to go. but if You want me to go I will go and do it with a smile and make the best of it."
(move over Neil Armstrong)

not a major dramatic history-making happening (i hope), but for me it is a glimmer of a better attitude.

so i am happy.

Boruch Hashem

a sweet shabbos to one and all

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and that is what i plan on doing. be"n.
Re: Zemmy's story

Posted by ur-a-jew - 13 Jul 2012 17:17

[ZemirosShabbos wrote on 13 Jul 2012 17:04:](#)

so i am happy.

[illegible]

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Posted by ZemirosShabbos - 17 Jul 2012 19:03

lighten up

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Posted by tehillimzugger - 02 Aug 2012 20:02

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I said out loud to the RBSO "You know i don't want to go. but if You want me to go I will go and do it with a smile and make the best of it."

KEEP UP THE GOOD WORK!

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Re: Zemmy's story

Posted by Yosef Hatzadik - 13 Aug 2012 17:33

Yup!

I am me!

Me iz back for a visit!

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Re: Zemmy's story

Posted by ZemirosShabbos - 13 Aug 2012 17:39

if it isn't Joe Righteous himself stopping by at the possum ranch!

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Re: Zemmy's story

Posted by Yosef Hatzadik - 13 Aug 2012 17:40

Gotta remember my roots!!

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Re: Zemmy's story

Posted by tehylimzugger - 17 Mar 2013 16:14

ummm?

mistah moderator?

bist doo?

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Re: Zemmy's story

Posted by ZemirosShabbos - 18 Mar 2013 19:47

yessir

how can i help you?

want scrambled eggs and hash browns? to stay or to go?

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