

Zemmy's story

Posted by ZemirosShabbos - 25 Oct 2010 17:37

Would like to formally introduce myself here, even though it is a little late in the game.

I am married with a couple of kids b"h. ever since i started working on computers i would periodically seek out p***. first with a dial-up connection, then later with hi-speed internet. for days i would zone out at work, doing the bare minimum, making sure no one saw my dark secret, and feeling all the time that i am probably the only one in my circle of people who has this terrible secret. i would feel bad and try to stop. especially on Yom Kippur i would decide to stop. usually it would last a few weeks but then i would fall back into it. years later i put in a filter and it helped a lot. but only my computer had a filter and even a filter is not fool-proof. i found things that got through the filter. i found opportunities to use other computers. i changed filters. i even shut off the filter at some points.

i found GYE in a round-about way, through a google search for a halacha. i slowly started reading more and more. then i put in k9 and gave the password to the filter gabai (what a zechus Guard and him have!). that helped a lot for the p***. almost a year ago i registered for the forum and posted a little here and there. someone on the forum reached out to me and we became partners (thank you!). that gave me a lot of chizuk. i feel that someone understands my struggle and i spilled the beans about my dark secret. i feel that if i fall ch'v i can holler out to my partner to come dig me out. that is a great feeling. like wearing a life-jacket on a boat or a parachute on a plane.

since Pesach i am clean. thanks to Hashem and to GYE. i realize that since i did not do the steps or join any phone groups the level of change to my attitudes are not too drastic. i think it is the awareness and constant chizuk provided by the forum and chizuk emails that account for whatever time i was able to stay out of trouble. at least i know that the resources for further change are available if ch'v needed in the future.

i cannot thank Guard enough for putting up this Migdal Oz of kedusha and for showing me and others the way to living clean lives. Same goes to Dov, Bardichev, yechida, Kedusha, Kaneshner (remember him?), ImTrying25, Kollel Guy, RageATM, Briut, Silentbattle, Tried123 and many many others, more recently Ovadia, 1Daat, Frumfiend the Star, Yosef Hatzadik, ur-a-jew, jooboy, world, an honest mouse, HashemsSoldier, JIP and more. Special thanks to 1daat for pushing me (gently) to make my own thread. i read a lot more than i post and every time anyone posts about a victory, a fall, a thought, a struggle it is a chizuk just to see others who struggle and sometimes win and sometimes not and keep on going trucking. of course the lessons learned from the veterans here are precious beyond words.

I am by no means out of the woods. i constantly struggle to keep my eyes off things that they should not see both on and off the computer and i know that the dangers of p*** will never go away. but with Hashem's help and with GYE i hope to be clean and slowly change my attitudes for the better.

i chose the name zemiros shabbos because to me shabbos is the day we celebrate our relationship with Hashem and zemiros are one of the most beautiful ways of bring out the spirit of shabbos. it reminds me of what i have at stake in the struggle.

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Re: Zemmy's story
Posted by Machshovo Tova - 26 Apr 2012 15:55

Hello ZS, and please excuse my ignorance. I'm new around here so I'm not sure whether you mean 'fell' physically or spiritually (i.e. are all those details real or moshol). Either way, I feel sorry for you and wish you a full and speedy recovery.

MT

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Re: Zemmy's story
Posted by ur-a-jew - 26 Apr 2012 16:00

That's the problem with having such a long neck. You dont always see where those legs are going. Glad to see you are up and hopefully running soon.

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Re: Zemmy's story
Posted by obormottel - 26 Apr 2012 16:18

Hey buddy. Kudos on getting up instead of wallowing in the mud. Care to share the details of your fall?

Love,

Mottel

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Re: Zemmy's story

Posted by ZemirosShabbos - 26 Apr 2012 16:29

hi MT,

nice to 'meet' you,

the only thing that was not literal was the part about kumbaya, i dont know the tune. other than that it means what it says. i fell, physically. broke some real physical bones.

Mottel, it was a fall in the physical sense, not a gye-fall, b'h

i think this here giraffe will be hovercrafting around for the next little while

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Re: Zemmy's story

Posted by alexeliezer - 26 Apr 2012 16:38

Ouch!

Sorry Zemmy!

Y'surin shel ahava.

Take vitamin D (up to 1000 units/day -- unless you can spend 20 minutes a day in the sun in your swimming trunks)

Shabbos he m'lizok urefuah krova lavoh.

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Re: Zemmy's story
Posted by Gevura Shebyesod - 26 Apr 2012 17:23

Surveillance camera captures Zemmy's fall!!!!

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Re: Zemmy's story
Posted by Gevura Shebyesod - 26 Apr 2012 17:24

And until you're back on your feet, here's something for you to get around in. Refua Sheleima Bekorov!!!

KOMW!!! ;D

Gevura!

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Re: Zemmy's story
Posted by Shteeble - 26 Apr 2012 22:21

hi zemmy good 2 c u back

hows the kickboxing

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Re: Zemmy's story
Posted by ur-a-jew - 26 Apr 2012 22:40

Lucky you didn't fare the way this giraffe did:

DENVER AND THE WEST Zoo's giraffe euthanized after fall

The Denver Post

After a lengthy rescue effort, officials at Cheyenne Mountain Zoo on Friday night euthanized a 20-year-old female giraffe after she was unable to recover from an afternoon fall.

The giraffe, named Uhura, was accepting a cracker from a zoo visitor when another giraffe stepped into her and she lost her footing. Uhura fell down a slope and couldn't stand up. Zoo staff and firefighters using rescue equipment worked four hours to get Uhura to a standing position but found she could not remain standing on her own.

Uhura was then moved to a flat area and was sitting up, but not getting up. Her condition continued to decline, until veterinarians decided to euthanize Uhura.

Uhura had 10 offspring from 1995 through 2009, including seven females and three males. Five still live at Cheyenne Mountain Zoo. Yesenia Robles, The Denver Post

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Re: Zemmy's story

Posted by Blind Beggar - 27 Apr 2012 06:14

Refuah shelayma Zemmy.

Rebbe Nachman z"l says if you fall down *and people laugh at you* it is because you were not mechaved yom tov properly. If no one laughed at you it just means you fell down.

Here's a joke to cheer you up and maybe provide an explanation for why you fell:

A man walks into a bar with a giraffe and they proceed to get very drunk. The giraffe drinks so much it passes out on the floor. The man gets up and heads for the door to leave when the bartender yells, "Hey! You can't leave that lyin' there!" The drunk replies, "That's not a lion! It's a giraffe."

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Re: Zemmy's story
Posted by 1daat - 30 Apr 2012 03:39

Hi Zemmy,

You're on the repua shlema list. I bumped you up ahead of my friends canary.

A police officier is stopped at a red light. While there, he notices quite a (bez)din coming from the trunk of a car in front of him. He approaches the driver of said car and instructs him to get out of the vehicle and open the trunk. The driver complies, and in the trunk are a dozen giraffes. The police officer says, "Take these giraffes to the zoo immediately!!" The driver says, "Right away officer!" and drives off.

The following day the cop is at the same red light, and who should be stopped in front of him but the same car with the same loud noise coming from the trunk.

The cop is really irritated now and again tells the driver to get out and open his trunk. There are the same dozen giraffes, only this time they're all wearing sunglasses.

The policeman says, "I told you to take these giraffes to the zoo!", to which the driver replies, "But officer, I did...today they want to go to the beach!"

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Re: Zemmy's story
Posted by ZemirosShabbos - 02 May 2012 17:37

thank you Alex, shteeble, mottel, 1daat, UAj, BB, Gevura for your kind brachos, tefilos, advice, jokes and encouragement

i am flattered to be mustered ahead of the canary and i really like that wheelchair

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Re: Zemmy's story

Posted by obormottel - 03 May 2012 07:16

Hope you're feeling better, buddy.

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Re: Zemmy's story

Posted by tehylimzuger - 03 May 2012 11:12

[ur-a-jew wrote on 26 Apr 2012 22:40:](#)

a 20-year-old female giraffe named Uhura.

Uhura had 10 offspring from 1995 through 2009

ten children at that age! sheesh!

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