

Zemmy's story

Posted by ZemirosShabbos - 25 Oct 2010 17:37

Would like to formally introduce myself here, even though it is a little late in the game.

I am married with a couple of kids b"h. ever since i started working on computers i would periodically seek out p***. first with a dial-up connection, then later with hi-speed internet. for days i would zone out at work, doing the bare minimum, making sure no one saw my dark secret, and feeling all the time that i am probably the only one in my circle of people who has this terrible secret. i would feel bad and try to stop. especially on Yom Kippur i would decide to stop. usually it would last a few weeks but then i would fall back into it. years later i put in a filter and it helped a lot. but only my computer had a filter and even a filter is not fool-proof. i found things that got through the filter. i found opportunities to use other computers. i changed filters. i even shut off the filter at some points.

i found GYE in a round-about way, through a google search for a halacha. i slowly started reading more and more. then i put in k9 and gave the password to the filter gabai (what a zechus Guard and him have!). that helped a lot for the p***. almost a year ago i registered for the forum and posted a little here and there. someone on the forum reached out to me and we became partners (thank you!). that gave me a lot of chizuk. i feel that someone understands my struggle and i spilled the beans about my dark secret. i feel that if i fall ch'v i can holler out to my partner to come dig me out. that is a great feeling. like wearing a life-jacket on a boat or a parachute on a plane.

since Pesach i am clean. thanks to Hashem and to GYE. i realize that since i did not do the steps or join any phone groups the level of change to my attitudes are not too drastic. i think it is the awareness and constant chizuk provided by the forum and chizuk emails that account for whatever time i was able to stay out of trouble. at least i know that the resources for further change are available if ch'v needed in the future.

i cannot thank Guard enough for putting up this Migdal Oz of kedusha and for showing me and others the way to living clean lives. Same goes to Dov, Bardichev, yechida, Kedusha, Kaneshner (remember him?), ImTrying25, Kollel Guy, RageATM, Briut, Silentbattle, Tried123 and many many others, more recently Ovadia, 1Daat, Frumfiend the Star, Yosef Hatzadik, ur-a-jew, jooboy, world, an honest mouse, HashemsSoldier, JIP and more. Special thanks to 1daat for pushing me (gently) to make my own thread. i read a lot more than i post and every time anyone posts about a victory, a fall, a thought, a struggle it is a chizuk just to see others who struggle and sometimes win and sometimes not and keep on going trucking. of course the lessons learned from the veterans here are precious beyond words.

I am by no means out of the woods. i constantly struggle to keep my eyes off things that they should not see both on and off the computer and i know that the dangers of p*** will never go away. but with Hashem's help and with GYE i hope to be clean and slowly change my attitudes for the better.

i chose the name zemiros shabbos because to me shabbos is the day we celebrate our relationship with Hashem and zemiros are one of the most beautiful ways of bring out the spirit of shabbos. it reminds me of what i have at stake in the struggle.

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Re: Zemmy's story

Posted by tehlimzugger - 06 Mar 2012 19:40

[ZemirosShabbos wrote on 06 Mar 2012 19:36:](#)

duly noted

many thanks sir

you probably mean

[ZemirosShabbos wrote on 17 Jan 2012 19:15:](#)

Tz, you're a gentleman

also

did u notice you're on page 101

eino domeh meah peamim....

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Re: Zemmy's story

Posted by gibbor120 - 06 Mar 2012 20:15

Very appropriate for this time of year. ???? = ??? ?' ?.

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Re: Zemmy's story

Posted by ZemirosShabbos - 06 Mar 2012 20:17

good one Gibbor!

????? is gimatria 102

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Re: Zemmy's story

Posted by tehlimzugger - 07 Mar 2012 15:28

[ben durdayah wrote on 10 Feb 2011 18:45:](#)

Zemmy, I love the giraffe!

How'd ya do it?

[ZemirosShabbos wrote on 10 Feb 2011 18:56:](#)

Photoshop

Kalamazoo

Oshkosh

Tomato Dip

Turkey Goulash

Green Eggs and Brisket

No I didn't drink yet. [it's a fast day!]

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Re: Zemmy's story

Posted by ontheedgeman - 07 Mar 2012 16:07

[TehillimZugger wrote on 07 Mar 2012 15:28:](#)

No I didn't drink yet. [it's a fast day!]

If it's a fast day, how come it seems to go by sooo slowly!!

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Re: Zemmy's story

Posted by tehillimzugger - 07 Mar 2012 18:02

[ontheedgeman wrote on 07 Mar 2012 16:07:](#)

If it's a fast day, how come it seems to go by sooo slowly!!

hah! I ate already!

[courtesy of brooklyn bakery- just moved from malkhei yisrael to meah shearim]

some cinnamonny thing,

some type of blueberry sugary muffin [yeah! a muffin],

real regular american hamantaschen with apricot, raspberry, and all the other garbage.

a cup of taster's choice coffe [not courtesy of aforementioned bakery, the cup, spoon, sugar, and milk courtesy of myself, the tasters choice coffe courtesy of a guy in my dirah who i won't identify but his first name starts with an e, i have my own cheap israeli coffe but i figured that this "breakfast" warrants something special].

but i still have another whooooooooooooooooole day til purim

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Re: Zemmy's story

Posted by Gevura Shebyesod - 07 Mar 2012 18:05

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Re: Zemmy's story

Posted by tehillimzuger - 07 Mar 2012 18:10

[Gevura ShebYesod wrote on 07 Mar 2012 18:05:](#)

what about you guys that have purim tonight already?

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Re: Zemmy's story

Posted by Gevura Shebyesod - 07 Mar 2012 18:12

U can just walk a few blocks and have 2 days!

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Re: Zemmy's story

Posted by ZemirosShabbos - 07 Mar 2012 18:28

[TehillimZugger wrote on 07 Mar 2012 18:02:](#)

[ontheedgeman wrote on 07 Mar 2012 16:07:](#)

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[courtesy of brooklyn bakery- just moved from malkhei yisrael to meah shearim]

some cinnamonny thing,

some type of blueberry sugary muffin [yeah! a muffin], ASERES YEMEI TESHUVA!!

real regular american hamantaschen with apricot, raspberry, and all the other garbage.

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i have my own cheap israeli coffe but i figured that this "breakfast" warrants something special].

but i still have another whooooooooooooooooole day til purim

Re: Zemmy's story
Posted by ZemirosShabbos - 07 Mar 2012 18:30

my friend Geoffrey is back

check out his sparkling new voice

www.mostlymusic.com/l-chaim-purim-tish-collection.html

Re: Zemmy's story
Posted by tehillimzuger - 07 Mar 2012 18:34

Gevura ShebYesod wrote on 07 Mar 2012 18:12:

U can just walk a few blocks and have 2 days!

don't know about a few blocks but if you sit in a few hours worth traffic [pkak] and then rush back really really quickly you can make it.

btw the pros of learning in a litvish yeshiva- there was a whole hock about if a ger is nisgayar the first day of purim in bnei brak, if he has a chiyuv to go to yerushalayim so that he can be yoitze- peerimtoires

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Re: Zemmy's story

Posted by 1daat - 12 Mar 2012 09:06

[ZemirosShabbos wrote on 02 Mar 2012 18:30:](#)

be'emes, it is a good thing to appreciate what GYE has done for so many and for me specifically. before GYE i was in the dark. looking at bad stuff. feeling bad about it. hiding. feeling like some mutated armadillo. not seeing how the lusting is not the problem, it is the solution i used to comfort myself in the face of my real problems.

now i am not cured or fixed or unpickled, but at least i am more aware of what's going on inside, seeing the resentments, fears and insecurities for what they are. friends who can identify are probably the greatest gift i have gotten from GYE, second only to a new lease on yiddishkeit which has gotten more real and relevant than ever before.

Reb Guard shlita, thank you so much!

and to my friends, bechol makom shehaim, i love you and i thank you for being my friend and for your support chizuk advice jokes recipes and coupons.

and to myself and to anyone else the best thing to do is to keep on posting, zamboniing, humming, trucking, tomato dipping, SINGING, cholinting and kugeling ad bias hagoel.

Thanks for that. Just zoomin by. Another thing that helped is how honest you are with all of us.

Unembellished 100% emes story: Drove 350 miles to spend Shabbos with my son. The car

overheated and I had to drive super slow. then a traffic jam. I'm sure I'm ending up stashing the car and walking. I turn on the radio for traffic news around the jam. What comes on? "Shabbat Shalom, Shabbat Shalom, Shabbat Shabbat Shabbat Shabbat Shalom"!!!!!!! A Hispanic Jewish radio station, wishing everyone Shabbat Shalom. (I made it with 4 minutes to spare to Licht Benching). The lengths Hashem goes to remind us He can do anything, anytime, anywhere.

Thank you for reminding us that the goal of getting clean isn't getting clean, anymore than that the goal of tefillin is to be tefillin. Nope, they have to be used. Being clean has to be used. L'sheym Shamayim, to be ever growing closer to Him, that He can bestow on us more of His Chesed/Gedolah. That we can be better used for tikun olam, to bring Moshiach, may He come speedily in our days. Then we can say, boy am I glad I was a pervert and did all that acting out. How else could I get to know this, feel this, do this?

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Re: Zemmy's story

Posted by obormottel - 12 Mar 2012 16:41

[1daat wrote on 12 Mar 2012 09:06:](#)

L'sheym Shamayim, to be ever growing closer to Him, that He can bestow on us more of His Chesed/Gedolah. That we can be better used for tikun olam, to bring Moshiach, may He come speedily in our days. **Then we can say, boy am I glad I was a pervert and did all that acting out. How else could I get to know this, feel this, do this?**

I was at a meeting yesterday where someone shared a painful experience from the past and then said that they couldn't be in the happy place they are in now, if they haven't experienced that pain then.

So sometimes we don't even have to wait for Moshiach (may he come speedily in our days) to feel G-d's presence in our lives and to feel alive.

Not to distract from our waiting for Moshiach or anything...

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