

Zemmy's story

Posted by ZemirosShabbos - 25 Oct 2010 17:37

Would like to formally introduce myself here, even though it is a little late in the game.

I am married with a couple of kids b"h. ever since i started working on computers i would periodically seek out p***. first with a dial-up connection, then later with hi-speed internet. for days i would zone out at work, doing the bare minimum, making sure no one saw my dark secret, and feeling all the time that i am probably the only one in my circle of people who has this terrible secret. i would feel bad and try to stop. especially on Yom Kippur i would decide to stop. usually it would last a few weeks but then i would fall back into it. years later i put in a filter and it helped a lot. but only my computer had a filter and even a filter is not fool-proof. i found things that got through the filter. i found opportunities to use other computers. i changed filters. i even shut off the filter at some points.

i found GYE in a round-about way, through a google search for a halacha. i slowly started reading more and more. then i put in k9 and gave the password to the filter gabai (what a zechus Guard and him have!). that helped a lot for the p***. almost a year ago i registered for the forum and posted a little here and there. someone on the forum reached out to me and we became partners (thank you!). that gave me a lot of chizuk. i feel that someone understands my struggle and i spilled the beans about my dark secret. i feel that if i fall ch'v i can holler out to my partner to come dig me out. that is a great feeling. like wearing a life-jacket on a boat or a parachute on a plane.

since Pesach i am clean. thanks to Hashem and to GYE. i realize that since i did not do the steps or join any phone groups the level of change to my attitudes are not too drastic. i think it is the awareness and constant chizuk provided by the forum and chizuk emails that account for whatever time i was able to stay out of trouble. at least i know that the resources for further change are available if ch'v needed in the future.

i cannot thank Guard enough for putting up this Migdal Oz of kedusha and for showing me and others the way to living clean lives. Same goes to Dov, Bardichev, yechida, Kedusha, Kaneshner (remember him?), ImTrying25, Kollel Guy, RageATM, Briut, Silentbattle, Tried123 and many many others, more recently Ovadia, 1Daat, Frumfiend the Star, Yosef Hatzadik, ur-a-jew, jooboy, world, an honest mouse, HashemsSoldier, JIP and more. Special thanks to 1daat for pushing me (gently) to make my own thread. i read a lot more than i post and every time anyone posts about a victory, a fall, a thought, a struggle it is a chizuk just to see others who struggle and sometimes win and sometimes not and keep on going trucking. of course the lessons learned from the veterans here are precious beyond words.

I am by no means out of the woods. i constantly struggle to keep my eyes off things that they should not see both on and off the computer and i know that the dangers of p*** will never go away. but with Hashem's help and with GYE i hope to be clean and slowly change my attitudes for the better.

i chose the name zemiros shabbos because to me shabbos is the day we celebrate our relationship with Hashem and zemiros are one of the most beautiful ways of bring out the spirit of shabbos. it reminds me of what i have at stake in the struggle.

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Re: Zemmy's story

Posted by ZemirosShabbos - 21 Nov 2010 19:14

[Frumfiend The star wrote on 21 Nov 2010 13:00:](#)

Hello

hello reb FTS,

thanks for stopping by my humble ~~abode~~ thread, sit down and take a bite, then get up and stand in line for the audition, it should only be about an hour's wait....

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Re: Zemmy's story

Posted by an honest mouse - 21 Nov 2010 21:16

how did i do? :-\

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Re: Zemmy's story

Posted by ZemirosShabbos - 21 Nov 2010 21:26

well well, first we have to unpack, get over the ~~hangover~~ jet-lag, unpack, and then schedule a meeting and compare notes, sometimes that can take a while....

one minute, after conferring with my esteemed colleagues, it seems the panel made a decision while i was sleeping, somewhere over Iceland, and they want you to be the soloist every week, on the condition that you don't inhale any more helium and don't feed the ducks...

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Re: Zemmy's story

Posted by ZemirosShabbos - 23 Nov 2010 22:18

was just speaking to a friend from GYE and he commented that he feels that he is now learning how to live life. we are in our 30's. i feel the same way. i learn so much from GYE.

to appreciate everything i have

not to confuse lust with love

it is normal to have struggles, challenge is to keep working at being better

to face up to problems rather than avoid them

to know that i CANNOT do it all alone

i need friends

and most of all i need Hashem

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Re: Zemmy's story

Posted by ur-a-jew - 23 Nov 2010 22:39

[ZemirosShabbos wrote on 23 Nov 2010 22:18:](#)

to appreciate everything i have

not to confuse lust with love

it is normal to have struggles, challenge is to keep working at being better

to face up to problems rather than avoid them

to know that i CANNOT do it all alone

i need friends

and most of all i need Hashem

So true. Thanks for reminding me.

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Re: Zemmy's story

Posted by Shteeble - 24 Nov 2010 00:17

[ZemirosShabbos wrote on 21 Nov 2010 19:09:](#)

i looked in the GYE glossary and "serious" is just not there....

oops!

better check again!

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Re: Zemmy's story

Posted by Yosef Hatzadik - 24 Nov 2010 00:30

[world wrote on 24 Nov 2010 00:17:](#)

[ZemirosShabbos wrote on 21 Nov 2010 19:09:](#)

i looked in the GYE glossary and "serious" is just not there....

oops!

better check again!

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World, you are a CHEATER!!! You change the facts mid-game! >

Re: Zemmy's story

Posted by Shteeble - 24 Nov 2010 00:35

sorry. cheater is not in the gye dictionary.

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Re: Zemmy's story

Posted by Yosef Hatzadik - 24 Nov 2010 00:37

I am **powerless** to change that.....

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Re: Zemmy's story

Posted by ZemirosShabbos - 24 Nov 2010 04:45

i guess you meant i'm a lot of fun.

i had an epiphany:

i was driving to shul and nearly ran over a skunk

i started thinking that i am pretty much like that skunk...

things are not always black and white and things are sometimes a little stinky but i'm glad i'm alive

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Re: Zemmy's story

Posted by bardichev - 24 Nov 2010 05:59

Zemms

Funny I was driving in bardstown

I also almost ran over a skunk

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Re: Zemmy's story

Posted by ur-a-jew - 24 Nov 2010 14:28

ZS its very interesting you say that because my exterminator once told me that if you see a skunk you should sing because it calms them and this way they won't spray.

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Re: Zemmy's story

Posted by ZemirosShabbos - 24 Nov 2010 14:59

[ur-a-jew wrote on 24 Nov 2010 14:28:](#)

ZS its very interesting you say that because my exterminator once told me that if you see a skunk you should sing because it calms them and this way they won't spray.

do you know if they like MBC YBC or MBD? what about oy yoy oy oy oy la deedee da?

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Re: Zemmy's story

Posted by briut - 24 Nov 2010 15:27

ZS: Well, you can call them skunks if you like.

(My former secretary used to call them zebras; perhaps a bit better: more valuable and less stinky.)

This year's politically correct expression, however, apparently is "multi-racial."

And shkoiach for not running them down. There's prison time involved.

(or is that, ?) (In other words, I AM joking.)

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