

Zemmy's story

Posted by ZemirosShabbos - 25 Oct 2010 17:37

Would like to formally introduce myself here, even though it is a little late in the game.

I am married with a couple of kids b"h. ever since i started working on computers i would periodically seek out p***. first with a dial-up connection, then later with hi-speed internet. for days i would zone out at work, doing the bare minimum, making sure no one saw my dark secret, and feeling all the time that i am probably the only one in my circle of people who has this terrible secret. i would feel bad and try to stop. especially on Yom Kippur i would decide to stop. usually it would last a few weeks but then i would fall back into it. years later i put in a filter and it helped a lot. but only my computer had a filter and even a filter is not fool-proof. i found things that got through the filter. i found opportunities to use other computers. i changed filters. i even shut off the filter at some points.

i found GYE in a round-about way, through a google search for a halacha. i slowly started reading more and more. then i put in k9 and gave the password to the filter gabai (what a zechus Guard and him have!). that helped a lot for the p***. almost a year ago i registered for the forum and posted a little here and there. someone on the forum reached out to me and we became partners (thank you!). that gave me a lot of chizuk. i feel that someone understands my struggle and i spilled the beans about my dark secret. i feel that if i fall ch'v i can holler out to my partner to come dig me out. that is a great feeling. like wearing a life-jacket on a boat or a parachute on a plane.

since Pesach i am clean. thanks to Hashem and to GYE. i realize that since i did not do the steps or join any phone groups the level of change to my attitudes are not too drastic. i think it is the awareness and constant chizuk provided by the forum and chizuk emails that account for whatever time i was able to stay out of trouble. at least i know that the resources for further change are available if ch'v needed in the future.

i cannot thank Guard enough for putting up this Migdal Oz of kedusha and for showing me and others the way to living clean lives. Same goes to Dov, Bardichev, yechida, Kedusha, Kaneshner (remember him?), ImTrying25, Kollel Guy, RageATM, Briut, Silentbattle, Tried123 and many many others, more recently Ovadia, 1Daat, Frumfiend the Star, Yosef Hatzadik, ur-a-jew, jooboy, world, an honest mouse, HashemsSoldier, JIP and more. Special thanks to 1daat for pushing me (gently) to make my own thread. i read a lot more than i post and every time anyone posts about a victory, a fall, a thought, a struggle it is a chizuk just to see others who struggle and sometimes win and sometimes not and keep on going trucking. of course the lessons learned from the veterans here are precious beyond words.

I am by no means out of the woods. i constantly struggle to keep my eyes off things that they should not see both on and off the computer and i know that the dangers of p*** will never go away. but with Hashem's help and with GYE i hope to be clean and slowly change my attitudes for the better.

i chose the name zemiros shabbos because to me shabbos is the day we celebrate our relationship with Hashem and zemiros are one of the most beautiful ways of bring out the spirit of shabbos. it reminds me of what i have at stake in the struggle.

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Re: Zemmy's story

Posted by The Official GYE Bardiche - 02 Mar 2012 06:59

HELLO ZEMMY I CAME TO VISIT!

AS FOR IBBERTRACHTING

THE REBBE ALWAYS SAYS

DON'T GRIBBLE

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Re: Zemmy's story

Posted by ZemirosShabbos - 02 Mar 2012 18:30

thank you mr.togbrp for stopping by and for the the wisdom from the rebbe.

being that this is page 100 of my thread i think it calls for some type of ceremony.

ahem...

we are gathered here tonight...

forget it

be'emes, it is a good thing to appreciate what GYE has done for so many and for me specifically. before GYE i was in the dark. looking at bad stuff. feeling bad about it. hiding. feeling like some mutated armadillo. not seeing how the lusting is not the problem, it is the solution i used to comfort myself in the face of my real problems.

now i am not cured or fixed or unpickled, but at least i am more aware of what's going on inside, seeing the resentments, fears and insecurities for what they are. friends who can identify are probably the greatest gift i have gotten from GYE, second only to a new lease on yiddishkeit which has gotten more real and relevant than ever before.

Reb Guard shlita, thank you so much!

and to my friends, bechol makom shehaim, i love you and i thank you for being my friend and for your support chizuk advice jokes recipes and coupons.

and to myself and to anyone else the best thing to do is to keep on posting, zamboniing, humming, trucking, tomato dipping, SINGING, cholinting and kugeling ad bias hagoel.

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Re: Zemmy's story
Posted by gibbor120 - 02 Mar 2012 19:27

That waz beautiful zem :(.

BTW it's only page 30 for me, you can choose the number of posts per page. You've got a

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Re: Zemmy's story

Posted by obormottel - 02 Mar 2012 22:42

Keep ~~going the good go!~~ ~~fighting a good fight!~~ trucking the good truck!

It's page 30 by me too, so, yeah, you got a long way to go, young man!

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Re: Zemmy's story

Posted by tehylimzuggger - 03 Mar 2012 18:15

it's page 100 for me so congrats

also, while you did mention tomato dip, you said nothing about essen challah,

let's holler!

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Re: Zemmy's story

Posted by Blind Beggar - 03 Mar 2012 18:29

100 pages in your thread! SMF has only just been installed and you have 100 pages already!

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Re: Zemmy's story

Posted by Shteeble - 05 Mar 2012 19:44

bb u make me lol

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Re: Zemmy's story

Posted by ZemirosShabbos - 06 Mar 2012 17:44

[40004 wrote on 31 Oct 2011 18:00:](#)

possums

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Re: Zemmy's story

Posted by tehylimzugger - 06 Mar 2012 18:26

[ZemirosShabbos wrote on 31 Oct 2011 18:05:](#)

kickboxing possums

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Re: Zemmy's story

Posted by Shteeble - 06 Mar 2012 18:58

hi

where's the girraffe??

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Re: Zemmy's story
Posted by ZemirosShabbos - 06 Mar 2012 19:15

taking voice lessons

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Re: Zemmy's story
Posted by tehillimzuger - 06 Mar 2012 19:24

[ZemirosShabbos wrote on 06 Mar 2012 19:15:](#)

taking voice lessons

hmmmmmmmmmmmmmmmm

the reason the giraffe is called a tachash [TZ i'm sure you can find a link to where this was discussed a couple of weeks ago] is because it never makes a sound rather it is always

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Re: Zemmy's story

Posted by ZemirosShabbos - 06 Mar 2012 19:28

that is exactly why it needs voice lessons

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Re: Zemmy's story

Posted by tehylimzuger - 06 Mar 2012 19:34

[ZemirosShabbos wrote on 06 Mar 2012 19:28:](#)

that is exactly why it needs voice lessons

just clarifying that

p.s. i like your new sig recording it for posterity

eat tomato dip, and gain diplomatic immunity

holler about challah

GyEfilte fish rocks!

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