

Zemmy's story

Posted by ZemirosShabbos - 25 Oct 2010 17:37

Would like to formally introduce myself here, even though it is a little late in the game.

I am married with a couple of kids b"h. ever since i started working on computers i would periodically seek out p***. first with a dial-up connection, then later with hi-speed internet. for days i would zone out at work, doing the bare minimum, making sure no one saw my dark secret, and feeling all the time that i am probably the only one in my circle of people who has this terrible secret. i would feel bad and try to stop. especially on Yom Kippur i would decide to stop. usually it would last a few weeks but then i would fall back into it. years later i put in a filter and it helped a lot. but only my computer had a filter and even a filter is not fool-proof. i found things that got through the filter. i found opportunities to use other computers. i changed filters. i even shut off the filter at some points.

i found GYE in a round-about way, through a google search for a halacha. i slowly started reading more and more. then i put in k9 and gave the password to the filter gabai (what a zechus Guard and him have!). that helped a lot for the p***. almost a year ago i registered for the forum and posted a little here and there. someone on the forum reached out to me and we became partners (thank you!). that gave me a lot of chizuk. i feel that someone understands my struggle and i spilled the beans about my dark secret. i feel that if i fall ch'v i can holler out to my partner to come dig me out. that is a great feeling. like wearing a life-jacket on a boat or a parachute on a plane.

since Pesach i am clean. thanks to Hashem and to GYE. i realize that since i did not do the steps or join any phone groups the level of change to my attitudes are not too drastic. i think it is the awareness and constant chizuk provided by the forum and chizuk emails that account for whatever time i was able to stay out of trouble. at least i know that the resources for further change are available if ch'v needed in the future.

i cannot thank Guard enough for putting up this Migdal Oz of kedusha and for showing me and others the way to living clean lives. Same goes to Dov, Bardichev, yechida, Kedusha, Kaneshner (remember him?), ImTrying25, Kollel Guy, RageATM, Briut, Silentbattle, Tried123 and many many others, more recently Ovadia, 1Daat, Frumfiend the Star, Yosef Hatzadik, ur-a-jew, jooboy, world, an honest mouse, HashemsSoldier, JIP and more. Special thanks to 1daat for pushing me (gently) to make my own thread. i read a lot more than i post and every time anyone posts about a victory, a fall, a thought, a struggle it is a chizuk just to see others who struggle and sometimes win and sometimes not and keep on going trucking. of course the lessons learned from the veterans here are precious beyond words.

I am by no means out of the woods. i constantly struggle to keep my eyes off things that they should not see both on and off the computer and i know that the dangers of p*** will never go away. but with Hashem's help and with GYE i hope to be clean and slowly change my attitudes for the better.

i chose the name zemiros shabbos because to me shabbos is the day we celebrate our relationship with Hashem and zemiros are one of the most beautiful ways of bring out the spirit of shabbos. it reminds me of what i have at stake in the struggle.

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Re: Zemmy's story

Posted by kidushashem - 10 Feb 2012 22:10

you can't compete with Rush Limbaugh but it sounds like you could be a tough adversary for

Good shabbos zemmy!

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Re: Zemmy's story

Posted by tehlimzugger - 13 Feb 2012 12:51

[ZemirosShabbos wrote on 10 Feb 2012 17:17:](#)

reminders

i won't:

be the next gadol hador this week

have relations solely leshaim shomayim with no self-interest whatsoever this week

have perfect kavana during davening

be as punctual as a yekkie

be perfect

be ideal

be competing with Rush Limbaugh who is pure talent (at least in his own eyes)

Alice thought to herself "I don't see how he can ever finish, if he doesn't begin."

Lewis Carrol- Alice in Wonderland

if you won't begin to try doing all these things i have but one verse to remind you of:

Hearken, for the day of gye cometh, to all ye sinners, brimstone and possum tails shall be your lot, verily i say unto you, repent for the day of the Lord is near

Zemiroshabbos- Collected Writings

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Re: Zemmy's story

Posted by Yosef Hatzadik - 14 Feb 2012 04:48

[Zemiroshabbos wrote on 09 Feb 2012 17:27:](#)

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(??? ??)

Are frogs allowed to be depressed? :o :-\

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Re: Zemmy's story

Posted by ZemirosShabbos - 14 Feb 2012 19:10

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(??? ??)

my good friend Gibbor once had a good line:

if you coast you're toast

i think i am/was coasting

losing sight of where i should be heading and not working towards it, just relying on my 'record'.

like the Mesilas Yesharim writes in his hakdama, i need to remember the basics. and take small steps in the right direction.

that's my motto for this afternoon.

small steps in the right direction.

i won't be the gadol hador or even - lehavdil, ch'v - Rush or Tiger (not sure what was meant with Tiger btw) today. i hope no one here was being my friend on the assumption i will be a member of the Moetzes Gedolei Hatorah at some point.

if you were i think you should sidle over to Dov's thread, i think he has a much better shot. wait, Dov doesn't have a thread....

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Re: Zemmy's story

Posted by kidushashem - 14 Feb 2012 19:48

[ZemirosShabbos wrote on 14 Feb 2012 19:10:](#)

(not sure what was meant with Tiger btw)

[ZemirosShabbos wrote on 10 Feb 2012 17:17:](#)

have relations (conditions permitting) at my level

and lastly - sing zemiros

tiger can't do that *and* sing zemiros. It's one or the other.

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Re: Zemmy's story

Posted by ur-a-jew - 14 Feb 2012 20:14

[ZemirosShabbos wrote on 14 Feb 2012 19:10:](#)

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Of course Dov has a thread: www.guardyoureyes.org/forum/index.php?topic=458.0

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Re: Zemmy's story

Posted by gibbor120 - 14 Feb 2012 20:28

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Re: Zemmy's story

Posted by gibbor120 - 14 Feb 2012 20:29

[ZemirosShabbos wrote on 14 Feb 2012 19:10:](#)

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if you coast you're toast

;D

[ZemirosShabbos wrote on 14 Feb 2012 19:10:](#)

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only once?! >

I think he's got a better shot at getting put in cherem :o ;D

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Re: Zemmy's story

Posted by Gevura Shebyesod - 14 Feb 2012 20:31

This one, on the other hand, is an entire spool ;D

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Re: Zemmy's story

Posted by tehillimzugger - 15 Feb 2012 13:41

[ZemirosShabbos wrote on 14 Feb 2012 19:10:](#)

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(??? ??)

see Shivchei haBesht daf gimmel amud gimmel, and joseph perl's Bochen Tzaddik Michtav beis footnote #4 the answer to his question is obviously that the first tzfardea story should be the yesh omrim, and the second one should be the first. in Rabbi Mondstein's Shivchei MiKsav Yad, the first story is left out altogether... anyone with me? ;D

Also for Alice's Rebbetzin Elka's opinion on the intelligence of frogs, see Adventures in Wonderland Chapter VI

[ZemirosShabbos wrote on 14 Feb 2012 19:10:](#)

my good friend Gibbor once had a good line:

if you coast you're toast

i think i am/was coasting

losing sight of where i should be heading and not working towards it, just relying on my 'record'.

The world is moving to the song I hear,
Who's that singing, wind is rushing in my ear,
Mind gushing memories almost lost everything,
Felony and fellows running in my dream,
We were in the van where the hits were driving,
Saw myself In the highlands at age 13
And I'm asking questions to the present day me,
Moving backwards down the hill see we were coasting.

Just in case someone thought I forgot Matisyahu...

[gibbor120 wrote on 14 Feb 2012 20:29:](#)

[ZemirosShabbos wrote on 14 Feb 2012 19:10:](#)

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I think he's got a better shot at getting put in cherem :o ;D

Like!!!

But regarding Dov's "existence" on the forum he posted this in a bunch of places yesterday:

Just to be polite to my sweet friends here, this is to report that b"H all is well but I am taking a break from the *forum* for a while to focus on my own recovery. I will be checking email for PMs, though. The forum is just too much time for me to handle time-wise, right now. Maybe for a few weeks, maybe a few months...no way to know, cuz it really is one day at a time. Love you!

Till then,

Dov

First the Rebberebbards! then the Rebberebber! What will become of us??!!!!

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Re: Zemmy's story

Posted by ZemirosShabbos - 15 Feb 2012 22:58

[gibbor120 wrote on 14 Feb 2012 20:29:](#)

[ZemirosShabbos wrote on 14 Feb 2012 19:10:](#)

my good friend Gibbor once had a good line:

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;D

one quote at a time

i wonder if Dov got a preliminary appointment to the Moetzes and was asked to ~~come down to Ft. Lauderdale with the pitchers and catchers for spring training~~ come in for frock-and-homburg fitting and measuring so he had to leave the forum....

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only once?! >

Re: Zemmy's story

Posted by ZemirosShabbos - 16 Feb 2012 20:58

2/16/12

Dear Mr._____

Thank you very much for the sushi.

T'was velly velly good.

Yours truly,

Jiraff Z. Miros

Editor-in-chief

Whiffology Monthly Review

Cayman Islands

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Re: Zemmy's story
Posted by Shteeble - 16 Feb 2012 21:30

Better than wraps?

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Re: Zemmy's story
Posted by gibbor120 - 16 Feb 2012 21:31

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