

Zemmy's story

Posted by ZemirosShabbos - 25 Oct 2010 17:37

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Would like to formally introduce myself here, even though it is a little late in the game.

I am married with a couple of kids b"h. ever since i started working on computers i would periodically seek out p\*\*\*. first with a dial-up connection, then later with hi-speed internet. for days i would zone out at work, doing the bare minimum, making sure no one saw my dark secret, and feeling all the time that i am probably the only one in my circle of people who has this terrible secret. i would feel bad and try to stop. especially on Yom Kippur i would decide to stop. usually it would last a few weeks but then i would fall back into it. years later i put in a filter and it helped a lot. but only my computer had a filter and even a filter is not fool-proof. i found things that got through the filter. i found opportunities to use other computers. i changed filters. i even shut off the filter at some points.

i found GYE in a round-about way, through a google search for a halacha. i slowly started reading more and more. then i put in k9 and gave the password to the filter gabai (what a zechus Guard and him have!). that helped a lot for the p\*\*\*. almost a year ago i registered for the forum and posted a little here and there. someone on the forum reached out to me and we became partners (thank you!). that gave me a lot of chizuk. i feel that someone understands my struggle and i spilled the beans about my dark secret. i feel that if i fall ch'v i can holler out to my partner to come dig me out. that is a great feeling. like wearing a life-jacket on a boat or a parachute on a plane.

since Pesach i am clean. thanks to Hashem and to GYE. i realize that since i did not do the steps or join any phone groups the level of change to my attitudes are not too drastic. i think it is the awareness and constant chizuk provided by the forum and chizuk emails that account for whatever time i was able to stay out of trouble. at least i know that the resources for further change are available if ch'v needed in the future.

i cannot thank Guard enough for putting up this Migdal Oz of kedusha and for showing me and others the way to living clean lives. Same goes to Dov, Bardichev, yechida, Kedusha, Kaneshner (remember him?), ImTrying25, Kollel Guy, RageATM, Briut, Silentbattle, Tried123 and many many others, more recently Ovadia, 1Daat, Frumfiend the Star, Yosef Hatzadik, ur-a-jew, jooboy, world, an honest mouse, HashemsSoldier, JIP and more. Special thanks to 1daat for pushing me (gently) to make my own thread. i read a lot more than i post and every time anyone posts about a victory, a fall, a thought, a struggle it is a chizuk just to see others who struggle and sometimes win and sometimes not and keep on going trucking. of course the lessons learned from the veterans here are precious beyond words.

I am by no means out of the woods. i constantly struggle to keep my eyes off things that they should not see both on and off the computer and i know that the dangers of p\*\*\* will never go away. but with Hashem's help and with GYE i hope to be clean and slowly change my attitudes for the better.

i chose the name zemiros shabbos because to me shabbos is the day we celebrate our relationship with Hashem and zemiros are one of the most beautiful ways of bring out the spirit of shabbos. it reminds me of what i have at stake in the struggle.

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Re: Zemmy's story

Posted by heuni memass - 16 Nov 2011 17:29

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OK boys I think we are up to W.A.N

forget it I better not start.. there are some good ones.

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Re: Zemmy's story

Posted by Gevura Shebyesod - 16 Nov 2011 17:45

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Is there any doubt?

Woodford And N\_\_\_\_\_ (fill in anthing you like that starts with N )

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Re: Zemmy's story

Posted by ZemirosShabbos - 16 Nov 2011 17:47

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without a doubt wednesday is W.A.D. wednesday appreciation day

cause it sounds like a wad of cash, and cash is nice

so take your spouse to the bank, withdraw cash and drop her off at the mall, go learn for 4 hours, rent a pickup and get her and the packages from the mall

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Re: Zemmy's story

Posted by Kedusha - 16 Nov 2011 17:49

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[ZemirosShabbos wrote on 16 Nov 2011 17:47:](#)

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Re: Zemmy's story

Posted by heuni memass - 16 Nov 2011 17:52

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Oh kedush..... we love you! How you been? Great to see you.

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Re: Zemmy's story

Posted by ZemirosShabbos - 16 Nov 2011 17:55

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[Kedusha wrote on 16 Nov 2011 17:49:](#)

Sounds like a good idea, Zemiros. How do I access your bank account? ;D

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Re: Zemmy's story

Posted by heuni memass - 16 Nov 2011 17:57

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Kedusha his monthly donation comes out of there. do your research.

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Re: Zemmy's story

Posted by ZemirosShabbos - 16 Nov 2011 18:44

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and i think a little appreciation is a good thing. not only for spouses...

i thought moderators can do that. or is that only Guard?

Thank you Kedusha for being omed al hamishmar be'ne'amanus ubesimcha

Thank you Heuni for dropping by with a kind word and for being a friend

Thank you Guard for starting the ball rolling and for tirelessly keeping it going

Thank you BOT for being a good buddy

Thank you Gevura ShebeKOMTI for your humor, inspiration and CDL training

Thank you Bards (where's the rebbe....)

Thank you UAJ for being the foremost chacham and tzadik on GYE

Thank you Yosef for being a good good friend, your gevaldig he'aros and for sharing great bobover nigunim for shabbos chanuka

Thank you Dov for such awesome and powerful lessons on what living with the RBSO means

Thank you Mottel for the gastronomic delights, good laughs and for teaching by example

Thank you AHM for being the best and greatest mouse

Thank you Yechida for you wisdom, eloquence and help

Thank you 1daat for showing us what we gotta do

Thank you Shmeichel for... the shmeichels

Thank you Shteeble for the great threads, the lunch and the nomswoothyh

Thank you to my favorite weightlifter Gibbor120

Thank you Blind Beggar for being honest, erlich and a great example

Thank you Tzadik90, you are the best (and you are missed here on the treads)

Thank you EBD, an emeser tiyere chasidisher yungerman

Thank you SilentBattle for making the silent battle - not

Thank you Alex for such wise, practical and timely posts

Thank you to the many more people who helped me in so many ways by posting talking caring and smiling

Thank you to the RBSO for giving me my life and everything in it

*if i missed anyone it's probably the possums short-circuiting my posts, send me a possum-proof message and i will right the wrong*

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Re: Zemmy's story

Posted by heuni memass - 16 Nov 2011 20:22

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You should do a bi weekly thanks. After all the turnover rate is pretty high.

ZS- thanks for being YOU.

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Re: Zemmy's story

Posted by Gevura Shebyesod - 16 Nov 2011 21:30

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You're welcome Zemmy. It's nice to be appreciated....

KOMT!!!!

Gevura!

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Re: Zemmy's story

Posted by gibbor120 - 16 Nov 2011 21:34

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Thanks ZS! It's quite bold of you to thank so many people. I would be nervous that I forgot

someone.

You wouldn't be jealous of my muscles in real life - I'm afraid.

You're a good friend.

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Re: Zemmy's story

Posted by JackAbbey - 16 Nov 2011 21:49

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thank you zemmy for singing such nice zemiros

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Re: Zemmy's story

Posted by Yosef Hatzadik - 16 Nov 2011 22:01

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...er....um....what was it that you wrote about me? Lemme check again..... Hey, it is kinda nice!.....Thank you, my dear friend!!!

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Re: Zemmy's story

Posted by obormottel - 16 Nov 2011 22:40

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thanks, friend, for listing me among your friends.

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You are a ben adam tov as well