

Zemmy's story

Posted by ZemirosShabbos - 25 Oct 2010 17:37

Would like to formally introduce myself here, even though it is a little late in the game.

I am married with a couple of kids b"h. ever since i started working on computers i would periodically seek out p***. first with a dial-up connection, then later with hi-speed internet. for days i would zone out at work, doing the bare minimum, making sure no one saw my dark secret, and feeling all the time that i am probably the only one in my circle of people who has this terrible secret. i would feel bad and try to stop. especially on Yom Kippur i would decide to stop. usually it would last a few weeks but then i would fall back into it. years later i put in a filter and it helped a lot. but only my computer had a filter and even a filter is not fool-proof. i found things that got through the filter. i found opportunities to use other computers. i changed filters. i even shut off the filter at some points.

i found GYE in a round-about way, through a google search for a halacha. i slowly started reading more and more. then i put in k9 and gave the password to the filter gabai (what a zechus Guard and him have!). that helped a lot for the p***. almost a year ago i registered for the forum and posted a little here and there. someone on the forum reached out to me and we became partners (thank you!). that gave me a lot of chizuk. i feel that someone understands my struggle and i spilled the beans about my dark secret. i feel that if i fall ch'v i can holler out to my partner to come dig me out. that is a great feeling. like wearing a life-jacket on a boat or a parachute on a plane.

since Pesach i am clean. thanks to Hashem and to GYE. i realize that since i did not do the steps or join any phone groups the level of change to my attitudes are not too drastic. i think it is the awareness and constant chizuk provided by the forum and chizuk emails that account for whatever time i was able to stay out of trouble. at least i know that the resources for further change are available if ch'v needed in the future.

i cannot thank Guard enough for putting up this Migdal Oz of kedusha and for showing me and others the way to living clean lives. Same goes to Dov, Bardichev, yechida, Kedusha, Kaneshner (remember him?), ImTrying25, Kollel Guy, RageATM, Briut, Silentbattle, Tried123 and many many others, more recently Ovadia, 1Daat, Frumfiend the Star, Yosef Hatzadik, ur-a-jew, jooboy, world, an honest mouse, HashemsSoldier, JIP and more. Special thanks to 1daat for pushing me (gently) to make my own thread. i read a lot more than i post and every time anyone posts about a victory, a fall, a thought, a struggle it is a chizuk just to see others who struggle and sometimes win and sometimes not and keep on going trucking. of course the lessons learned from the veterans here are precious beyond words.

I am by no means out of the woods. i constantly struggle to keep my eyes off things that they should not see both on and off the computer and i know that the dangers of p*** will never go away. but with Hashem's help and with GYE i hope to be clean and slowly change my attitudes for the better.

i chose the name zemiros shabbos because to me shabbos is the day we celebrate our relationship with Hashem and zemiros are one of the most beautiful ways of bring out the spirit of shabbos. it reminds me of what i have at stake in the struggle.

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Re: Zemmy's story

Posted by ZemirosShabbos - 14 Nov 2011 22:26

maybe i should rename the thread

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Re: Zemmy's story

Posted by Yosef Hatzadik - 14 Nov 2011 22:53

[ur-a-jew wrote on 14 Nov 2011 22:20:](#)

[Yosef Hatzadik wrote on 14 Nov 2011 21:13:](#)

[ZemirosShabbos wrote on 14 Nov 2011 21:11:](#)

and i am happy that since shtika ke'hoda'a, everyone must be maskim that my thread is the

best

NO comment.

(Yup! I am agreeing!)

Yosef, since you agree we can certainly arrange to have similar posts about possums and the like on your thread as well.

CHAS V'SHOLOM!!!!

Nobody dares compete with **ZemirosShabbos!!!!**

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Re: Zemmy's story

Posted by ur-a-jew - 14 Nov 2011 22:56

[Yosef Hatzadik wrote on 14 Nov 2011 22:53:](#)

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[Yosef Hatzadik wrote on 14 Nov 2011 21:13:](#)

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Yosef, since you agree we can certainly arrange to have similar posts about possums and the like on your thread as well.

best

CHAS V'SHOLOM!!!!

Nobody dares compete with **ZemirosShabbos!!!!**

Imitation is the best compliment. I'm sure he wouldn't mind.

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Re: Zemmy's story

Posted by ZemirosShabbos - 14 Nov 2011 23:05

yup, Yosef, you have my permission. you can borrow some of my possums too

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Re: Zemmy's story

Posted by Shteeble - 15 Nov 2011 00:51

with your kissoines possum

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Re: Zemmy's story

Posted by ZemirosShabbos - 15 Nov 2011 05:37

it's a little late but today is/was Z.M.A.N.

(zs's monday appreciation night)

for those that missed it you can always get a T.A.N.

shluff gezint

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Re: Zemmy's story

Posted by heuni memass - 15 Nov 2011 21:47

SO I guess TAN is tatty appreciation night?

I better let the family know.

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Re: Zemmy's story

Posted by Yosef Hatzadik - 15 Nov 2011 21:53

[ZemirosShabbos wrote on 14 Nov 2011 23:05:](#)

yup, Yosef, you have my permission. you can borrow some of my possums too

I imported one via truck.

A big red truck.

A firetruck!!

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Re: Zemmy's story

Posted by ZemirosShabbos - 15 Nov 2011 22:11

Yosef zeh haya tov!

TAN can be Tuesday Appreciation Night or Tatty Appreciation Night, ????? ?????

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Re: Zemmy's story

Posted by JackAbbey - 15 Nov 2011 22:13

Today Absoloutly Not

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Re: Zemmy's story

Posted by obormottel - 15 Nov 2011 22:21

Total Abstinence? Nu.

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Re: Zemmy's story

Posted by ZemirosShabbos - 15 Nov 2011 22:28

Talking About Nuttin'

Tiramisu And Nougat

Trachting About Narishkeit

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Re: Zemmy's story

Posted by gibbor120 - 15 Nov 2011 22:29

Tish At Noon?

Trying Amid Nisyonos.

Tuna And Nachos

Take A Number.

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Re: Zemmy's story

Posted by Gevura Shebyesod - 16 Nov 2011 04:22

Trucking And Noshing

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