

Zemmy's story

Posted by ZemirosShabbos - 25 Oct 2010 17:37

Would like to formally introduce myself here, even though it is a little late in the game.

I am married with a couple of kids b"h. ever since i started working on computers i would periodically seek out p***. first with a dial-up connection, then later with hi-speed internet. for days i would zone out at work, doing the bare minimum, making sure no one saw my dark secret, and feeling all the time that i am probably the only one in my circle of people who has this terrible secret. i would feel bad and try to stop. especially on Yom Kippur i would decide to stop. usually it would last a few weeks but then i would fall back into it. years later i put in a filter and it helped a lot. but only my computer had a filter and even a filter is not fool-proof. i found things that got through the filter. i found opportunities to use other computers. i changed filters. i even shut off the filter at some points.

i found GYE in a round-about way, through a google search for a halacha. i slowly started reading more and more. then i put in k9 and gave the password to the filter gabai (what a zechus Guard and him have!). that helped a lot for the p***. almost a year ago i registered for the forum and posted a little here and there. someone on the forum reached out to me and we became partners (thank you!). that gave me a lot of chizuk. i feel that someone understands my struggle and i spilled the beans about my dark secret. i feel that if i fall ch'v i can holler out to my partner to come dig me out. that is a great feeling. like wearing a life-jacket on a boat or a parachute on a plane.

since Pesach i am clean. thanks to Hashem and to GYE. i realize that since i did not do the steps or join any phone groups the level of change to my attitudes are not too drastic. i think it is the awareness and constant chizuk provided by the forum and chizuk emails that account for whatever time i was able to stay out of trouble. at least i know that the resources for further change are available if ch'v needed in the future.

i cannot thank Guard enough for putting up this Migdal Oz of kedusha and for showing me and others the way to living clean lives. Same goes to Dov, Bardichev, yechida, Kedusha, Kaneshner (remember him?), ImTrying25, Kollel Guy, RageATM, Briut, Silentbattle, Tried123 and many many others, more recently Ovadia, 1Daat, Frumfiend the Star, Yosef Hatzadik, ur-a-jew, jooboy, world, an honest mouse, HashemsSoldier, JIP and more. Special thanks to 1daat for pushing me (gently) to make my own thread. i read a lot more than i post and every time anyone posts about a victory, a fall, a thought, a struggle it is a chizuk just to see others who struggle and sometimes win and sometimes not and keep on going trucking. of course the lessons learned from the veterans here are precious beyond words.

I am by no means out of the woods. i constantly struggle to keep my eyes off things that they should not see both on and off the computer and i know that the dangers of p*** will never go away. but with Hashem's help and with GYE i hope to be clean and slowly change my attitudes for the better.

i chose the name zemiros shabbos because to me shabbos is the day we celebrate our relationship with Hashem and zemiros are one of the most beautiful ways of bring out the spirit of shabbos. it reminds me of what i have at stake in the struggle.

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Re: Zemmy's story

Posted by ZemirosShabbos - 16 Nov 2010 18:02

something is definitely wrong if bards is selling cars...

i think 'car' is really yiddish for 'truck', as in keep on trucking....

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Re: Zemmy's story

Posted by ZemirosShabbos - 17 Nov 2010 16:02

this morning i taught my 2-yr. old one of the great fundamentals of GYE.

he learned how to say "nu-nu" (like when you hear that George W. Bush sold 254,215 copies of his new book, you shrug your shoulders and say.... nu nu).

the King James, Vulgate and the Septuagint all agree that the correct translation of nu-nu is "fell shmell, keep on trucking"

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Re: Zemmy's story
Posted by an honest mouse - 17 Nov 2010 16:47

wow! unbelievable that you told your wife! I have found it a wonderful source of support having my wife know - although she caught me so there were a few difficult months - your way is much better! It takes down a barrier and allows us to grow ever closer to eachother.

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Re: Zemmy's story
Posted by ZemirosShabbos - 17 Nov 2010 17:23

[an honest mouse wrote on 17 Nov 2010 16:47:](#)

wow! unbelievable that you told your wife! I have found it a wonderful source of support having my wife know - although she caught me so there were a few difficult months - your way is much better! It takes down a barrier and allows us to grow ever closer to eachother.

100%, it is great to be on the same page and take down a barrier. i feel so much better now. she is wonderful about it. it seems to me that the reason she is able to handle it is because of a clean streak. that gives me/her the ability to look at it as something of the 'past'. i am aware that that is patently false, it is never the past and once i am pickled i cannot be 'cumbered', and i even told her that to some extent. but if i can show that i am trying and working on keeping out of trouble and i was clean for a while then it puts it in a much better light.

(disclaimer: telling the wife needs to be done with caution and advice)

thanks AHM, it is nice to see you back

when are you auditioning?

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Re: Zemmy's story
Posted by an honest mouse - 17 Nov 2010 23:17

what am i auditioning for ??? ???

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Re: Zemmy's story
Posted by ZemirosShabbos - 18 Nov 2010 15:50

[ZemirosShabbos wrote on 11 Nov 2010 22:50:](#)

did i tell you that to follow this thread you have to audition by singing 3 zemiros of your choice

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Re: Zemmy's story
Posted by an honest mouse - 18 Nov 2010 16:56

oh yeh! well how about I audition this shabbos at the shabbos table?! 8)

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Re: Zemmy's story
Posted by bardichev - 18 Nov 2010 16:58

Modeh ozev and yerucham. Will sing trio

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Re: Zemmy's story
Posted by ZemirosShabbos - 18 Nov 2010 17:08

well, AHM, if you give Bards and me enough notice we can cross the pond and judge...

otherwise just call Modeh, Ozev and Yerucham....

(that Ozev guy is a sly operator, looks like a Novardiker but he is an undercover kickboxer)

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Re: Zemmy's story
Posted by bardichev - 18 Nov 2010 17:14

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Re: Zemmy's story
Posted by Yosef Hatzadik - 18 Nov 2010 17:36

[ZemirosShabbos wrote on 18 Nov 2010 17:08:](#)

well, AHM, if you give Bards and me enough notice we can cross the pond and judge...

Can I come along????

Puleeeeeeeeeez?????

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Re: Zemmy's story
Posted by bardichev - 18 Nov 2010 17:52

Neee kimm shoin

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Re: Zemmy's story
Posted by ZemirosShabbos - 18 Nov 2010 18:02

bring along Khaleed as well and we can give Modeh Ozev and Yerucham a run for their money

AHM, do you have room for all of us? Bardy, Yosef, me, Khaleed, Modeh, Ozev, and Yerucham

i estimate that at 1liter/hour/person you will need 61 bottles

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Re: Zemmy's story

Posted by bardichev - 18 Nov 2010 18:12

come spend shabbosw with me zemmy ahm yosef khalid a case of pimms a case of wood ford

zemmy has left over cholint

from thursday

moy

modeh ozev and yerucham i think we have minyan

il find efshar

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