

Zemmy's story

Posted by ZemirosShabbos - 25 Oct 2010 17:37

Would like to formally introduce myself here, even though it is a little late in the game.

I am married with a couple of kids b"h. ever since i started working on computers i would periodically seek out p***. first with a dial-up connection, then later with hi-speed internet. for days i would zone out at work, doing the bare minimum, making sure no one saw my dark secret, and feeling all the time that i am probably the only one in my circle of people who has this terrible secret. i would feel bad and try to stop. especially on Yom Kippur i would decide to stop. usually it would last a few weeks but then i would fall back into it. years later i put in a filter and it helped a lot. but only my computer had a filter and even a filter is not fool-proof. i found things that got through the filter. i found opportunities to use other computers. i changed filters. i even shut off the filter at some points.

i found GYE in a round-about way, through a google search for a halacha. i slowly started reading more and more. then i put in k9 and gave the password to the filter gabai (what a zechus Guard and him have!). that helped a lot for the p***. almost a year ago i registered for the forum and posted a little here and there. someone on the forum reached out to me and we became partners (thank you!). that gave me a lot of chizuk. i feel that someone understands my struggle and i spilled the beans about my dark secret. i feel that if i fall ch'v i can holler out to my partner to come dig me out. that is a great feeling. like wearing a life-jacket on a boat or a parachute on a plane.

since Pesach i am clean. thanks to Hashem and to GYE. i realize that since i did not do the steps or join any phone groups the level of change to my attitudes are not too drastic. i think it is the awareness and constant chizuk provided by the forum and chizuk emails that account for whatever time i was able to stay out of trouble. at least i know that the resources for further change are available if ch'v needed in the future.

i cannot thank Guard enough for putting up this Migdal Oz of kedusha and for showing me and others the way to living clean lives. Same goes to Dov, Bardichev, yechida, Kedusha, Kaneshner (remember him?), ImTrying25, Kollel Guy, RageATM, Briut, Silentbattle, Tried123 and many many others, more recently Ovadia, 1Daat, Frumfiend the Star, Yosef Hatzadik, ur-a-jew, jooboy, world, an honest mouse, HashemsSoldier, JIP and more. Special thanks to 1daat for pushing me (gently) to make my own thread. i read a lot more than i post and every time anyone posts about a victory, a fall, a thought, a struggle it is a chizuk just to see others who struggle and sometimes win and sometimes not and keep on going trucking. of course the lessons learned from the veterans here are precious beyond words.

I am by no means out of the woods. i constantly struggle to keep my eyes off things that they should not see both on and off the computer and i know that the dangers of p*** will never go away. but with Hashem's help and with GYE i hope to be clean and slowly change my attitudes for the better.

i chose the name zemiros shabbos because to me shabbos is the day we celebrate our relationship with Hashem and zemiros are one of the most beautiful ways of bring out the spirit of shabbos. it reminds me of what i have at stake in the struggle.

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Re: Zemmy's story

Posted by ZemirosShabbos - 03 Nov 2011 16:05

so is anteater cholint wrap extreme good or extreme evil?

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Re: Zemmy's story

Posted by gibbor120 - 03 Nov 2011 16:09

[ZemirosShabbos wrote on 03 Nov 2011 16:05:](#)

so is anteater cholint wrap extreme good or extreme evil?

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Re: Zemmy's story

Posted by Gevura Shebyesod - 03 Nov 2011 16:12

The actual passage that Lorem Ipsum comes from is interesting in it's own right. Here is the translation (from the same website).

"But I must explain to you how all this mistaken idea of denouncing pleasure and praising pain was born and I will give you a complete account of the system, and expound the actual teachings of the great explorer of the truth, the master-builder of human happiness. No one rejects, dislikes, or avoids pleasure itself, because it is pleasure, but because those who do not know how to pursue pleasure rationally encounter consequences that are extremely painful. Nor again is there anyone who loves or pursues or desires to obtain pain of itself, because it is pain, but because occasionally circumstances occur in which toil and pain can procure him some great pleasure. To take a trivial example, which of us ever undertakes laborious physical exercise, except to obtain some advantage from it? But who has any right to find fault with a man who chooses to enjoy a pleasure that has no annoying consequences, or one who avoids a pain that produces no resultant pleasure?"

"On the other hand, we denounce with righteous indignation and dislike men who are so beguiled and demoralized by the charms of pleasure of the moment, so blinded by desire, that they cannot foresee the pain and trouble that are bound to ensue; and equal blame belongs to those who fail in their duty through weakness of will, which is the same as saying through shrinking from toil and pain. These cases are perfectly simple and easy to distinguish. In a free hour, when our power of choice is untrammelled and when nothing prevents our being able to do what we like best, every pleasure is to be welcomed and every pain avoided. But in certain circumstances and owing to the claims of duty or the obligations of business it will frequently occur that pleasures have to be repudiated and annoyances accepted. The wise man therefore always holds in these matters to this principle of selection: he rejects pleasures to secure other greater pleasures, or else he endures pains to avoid worse pains."

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Re: Zemmy's story

Posted by ur-a-jew - 03 Nov 2011 16:13

[ZemirosShabbos wrote on 03 Nov 2011 16:05:](#)

so is anteater cholint wrap extreme good or extreme evil?

I guess it would depend if you are a chossid or a misnagid, since that would determine whether you eat them hot or cold. You know, as I'm sure what Reb Nosson said: "The difference between a Chassid and a Misnaged is the difference between a hot knish and a cold knish."

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Re: Zemmy's story

Posted by gibbor120 - 03 Nov 2011 16:18

This also may be an old maaseh, and someone here can probably tell it better, but this is how I remember it.

A misnaged asked a chossid why he drinks shnapps after davening. The chossid replied, you learn mishnayos after davening because your davening is dead. (mishnayos are learned for a niftar) We drink a lechayim because our tefillos are alive!

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Re: Zemmy's story

Posted by ZemirosShabbos - 03 Nov 2011 16:29

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Re: Zemmy's story

Posted by obormottel - 03 Nov 2011 16:56

Here I was, wanting to boast my gaonus on the wrap issue, and anteaters and lorem ipsum

I just gave a class last night on second perek of Hilchos Hanehenin from Shulchon Oruch HaRav, which deals exactly with lechem sh'eino gomur and kvius pseudo, and shiur sviyo etc stole my thunder! >
But now I'm too wrapped up (get it?) in the Atrocities and Whinings of Cicero to even remember

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Re: Zemmy's story
Posted by ZemirosShabbos - 03 Nov 2011 17:01

what the original question was....
Motel, please share

and btw, my 3 yr old son has his own opinion. he says "shehakol minei mezonos" (i kid you not).

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Re: Zemmy's story
Posted by heuni memass - 03 Nov 2011 17:03

don't you dare correct a 3 yr old!

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Re: Zemmy's story
Posted by gibbor120 - 03 Nov 2011 17:07

[ZemirosShabbos wrote on 03 Nov 2011 17:01:](#)

my 3 yr old son has his own opinion. he says "shehakol minei mezonos" (i kid you not).

He's already paskening, how cute, he's saying that everything is a type of mezonos and therefore mezonos, like shahakol, covers everything! Brilliant! Call Art Scroll and have them

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Re: Zemmy's story

start following him. Make sure to take note at what very young age exactly he finishes shas!
Posted by bardichev - 03 Nov 2011 17:14

anteater cholint??

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Re: Zemmy's story

Posted by ZemirosShabbos - 03 Nov 2011 17:22

[bardichev wrote on 31 Oct 2011 18:00:](#)

possums

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Re: Zemmy's story

Posted by heuni memass - 03 Nov 2011 17:24

[ZemirosShabbos wrote on 03 Nov 2011 17:22:](#)

[bardichev wrote on 31 Oct 2011 18:00:](#)

possums

Seems like the answer to all questions.

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Re: Zemmy's story

Posted by gibbor120 - 03 Nov 2011 17:26

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