

Zemmy's story

Posted by ZemirosShabbos - 25 Oct 2010 17:37

Would like to formally introduce myself here, even though it is a little late in the game.

I am married with a couple of kids b"h. ever since i started working on computers i would periodically seek out p***. first with a dial-up connection, then later with hi-speed internet. for days i would zone out at work, doing the bare minimum, making sure no one saw my dark secret, and feeling all the time that i am probably the only one in my circle of people who has this terrible secret. i would feel bad and try to stop. especially on Yom Kippur i would decide to stop. usually it would last a few weeks but then i would fall back into it. years later i put in a filter and it helped a lot. but only my computer had a filter and even a filter is not fool-proof. i found things that got through the filter. i found opportunities to use other computers. i changed filters. i even shut off the filter at some points.

i found GYE in a round-about way, through a google search for a halacha. i slowly started reading more and more. then i put in k9 and gave the password to the filter gabai (what a zechus Guard and him have!). that helped a lot for the p***. almost a year ago i registered for the forum and posted a little here and there. someone on the forum reached out to me and we became partners (thank you!). that gave me a lot of chizuk. i feel that someone understands my struggle and i spilled the beans about my dark secret. i feel that if i fall ch'v i can holler out to my partner to come dig me out. that is a great feeling. like wearing a life-jacket on a boat or a parachute on a plane.

since Pesach i am clean. thanks to Hashem and to GYE. i realize that since i did not do the steps or join any phone groups the level of change to my attitudes are not too drastic. i think it is the awareness and constant chizuk provided by the forum and chizuk emails that account for whatever time i was able to stay out of trouble. at least i know that the resources for further change are available if ch'v needed in the future.

i cannot thank Guard enough for putting up this Migdal Oz of kedusha and for showing me and others the way to living clean lives. Same goes to Dov, Bardichev, yechida, Kedusha, Kaneshner (remember him?), ImTrying25, Kollel Guy, RageATM, Briut, Silentbattle, Tried123 and many many others, more recently Ovadia, 1Daat, Frumfiend the Star, Yosef Hatzadik, ur-a-jew, jooboy, world, an honest mouse, HashemsSoldier, JIP and more. Special thanks to 1daat for pushing me (gently) to make my own thread. i read a lot more than i post and every time anyone posts about a victory, a fall, a thought, a struggle it is a chizuk just to see others who struggle and sometimes win and sometimes not and keep on going trucking. of course the lessons learned from the veterans here are precious beyond words.

I am by no means out of the woods. i constantly struggle to keep my eyes off things that they should not see both on and off the computer and i know that the dangers of p*** will never go away. but with Hashem's help and with GYE i hope to be clean and slowly change my attitudes for the better.

i chose the name zemiros shabbos because to me shabbos is the day we celebrate our relationship with Hashem and zemiros are one of the most beautiful ways of bring out the spirit of shabbos. it reminds me of what i have at stake in the struggle.

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Re: Zemmy's story

Posted by JackAbbey - 28 Oct 2011 08:21

its not the value of a gift that creates appreciation, its the heart whithin it that does it, if you give a plain bar of choc the one she likes, and you add a little note "honey i realy love you" that does the trick

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Re: Zemmy's story

Posted by ZemirosShabbos - 28 Oct 2011 14:14

1daat & shmeichel, you both are right on the money, thank you very much.

i am gonna make a reminder on my phone to do something (at least) once a week. credit goes to you guys.

p.s. if you notice the dandelions disappearing from your neighborhood it means people are

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Re: Zemmy's story

Posted by gibbor120 - 28 Oct 2011 14:33

Maybe as a public service, you could remind the rest of us as well.

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Re: Zemmy's story

Posted by bardichev - 28 Oct 2011 15:17

zemmy did the giraaff really stick fis head out of the ark like it is in the coloring books?

also was noach really bald/

and did he have a shepherds staff?

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Re: Zemmy's story

Posted by ZemirosShabbos - 28 Oct 2011 15:26

rebbe b,

you stumped me with those

here's another question.

why did they keep the garbage in the teiva?

why not chuck it out the window (when the giraffe is not busy looking out of it)?

was Og enforcing the 'no litter' policy?

were they environmentalists?

hmmmmm

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Re: Zemmy's story

Posted by bardichev - 28 Oct 2011 15:29

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lach lach

or lech licha

whitch means keep on trucking!!!!!!

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Re: Zemmy's story

Posted by bardichev - 28 Oct 2011 15:36

og had tp share the roof with the "nose" of the re-eim

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Re: Zemmy's story

Posted by gibbor120 - 28 Oct 2011 15:46

ZS, great question. Can you come up with a great answer b4 shabbos?

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Re: Zemmy's story

Posted by ZemirosShabbos - 28 Oct 2011 15:56

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Re: Zemmy's story

Posted by Yosef Hatzadik - 28 Oct 2011 15:56

i dunno, but if i do i'll let you know

[ZemirosShabbos wrote on 28 Oct 2011 15:26:](#)

rebbe b,

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hmmmmm

Vayisgor Hashem baado

The teiva was hermetically sealed.

Noach first opened the window after many many long months!

(*Lulai* the Midrash about Og & the Re'eim.)

V'od yesh lomar;

After the 3 tefachim of topsoil were washed away by the mobul, there was great need for an abundance of quality fertilizer....

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Re: Zemmy's story

Posted by Gevura Shebyesod - 28 Oct 2011 16:00

What did Og and the Re'eim eat all year if Noach couldn't feed them?

Maybe they just caught fish, after all they were all swimming around the Teiva tickling their legs.

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Re: Zemmy's story

Posted by gibbor120 - 28 Oct 2011 16:02

[Yosef Hatzadik wrote on 28 Oct 2011 15:56:](#)

After the 3 tefachim of topsoil were washed away by the mobul, there was great need for an abundance of quality fertilizer....

I like this pshat! ;D ;D ;D

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Re: Zemmy's story

Posted by ZemirosShabbos - 28 Oct 2011 16:05

great ideas Yosef,

what about tzohar taaseh lateiva, according to those that say it was a window for lighting purposes?

and if all the living creatures died wouldn't their decomposing bodies serve as fertilizer? was it because they all ended up in Bavel and they needed to fertilize the rest of the world?

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Re: Zemmy's story

Posted by ur-a-jew - 28 Oct 2011 17:56

"Gratitude is a vaccine, an antitoxin, and an antiseptic."

---John Henry Jowett

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