

Finally, I am introducing myself.

Posted by allnewchance - 15 Oct 2010 11:20

Hello GYE Community,

I am currently 6 days clean b"h.

I have been struggling with a lust addiction for a while. I say "a while" and not a specific amount of time because I don't remember when the first time I sought out lust for the first time on the internet. All I can really recall is that about four and a half years ago my friend visiting a certain website, lusting certain pictures and that I took note of the website. Some time later I checked out the website for myself and it was downhill from there. At the time I thought I would take a peek at the website just once but obviously that is not what happened. Since then I have been trying to quit on my own and keep on failing.

From more than a year ago I knew the GYE existed but it took me until two months ago to get together the courage to start the 90 day chart. I was doing well for the first month and then at 37 days I had a fall. Since then it has been up and down. After my fall, I thought for a while and came to the conclusion that I had to admit to others and thereby admitting to myself that I really needed help. I have never told anyone about my addiction and this is not easy for me, but in writing this I already feel a certain load being lifted from me.

Praying and Hoping and Yearning that I will succeed in my journey to *keduasha* I would like to wish all of the GYE community a *Good Shabbos* and just like Avraham made his journey to the land of Israel in this weeks *parsha* may we all be *zoche* to succeed in our own personal journeys,

allnewchance

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Re: Finally, I am introducing myself.

Posted by ZemirosShabbos - 15 Oct 2010 15:54

i wish you much hatzlocha on your journey and congratulate you on taking the first step

chazak ve'amatz!

smile, you are on the winning team, be'ezras Hashem

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Re: Finally, I am introducing myself.
Posted by frumfiend - 15 Oct 2010 20:03

Thats it! You opened the door for hashem to help you. Just keep on working dont give up you will get there.

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Re: Finally, I am introducing myself.
Posted by Shteeble - 17 Oct 2010 00:18

Welcome to GYE.

Amein on your brocho.

Let us know if you want help with this site or otherwise.

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