

Doing well!

Posted by 14 - 17 Sep 2010 09:21

Hello everyone,

just some good news, I'm now holding day 12!! for the fist time, I hope this continues.

anyone who can remember when they were at this stage, I would really appreciate some tips etc.

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Re: Doing well!

Posted by 14 - 20 Sep 2010 19:24

day 15!

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Re: Doing well!

Posted by Shteeble - 22 Sep 2010 01:22

Keep it up!

Keep telling yourself how good you feel to be free.

Keep thanking Hashem for every day.

Daven for continued success.

We're proud of you.

You're doing great.

You're working on yourself!

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Re: Doing well!

Posted by desperate_teddybear - 22 Sep 2010 01:50

awesome! wow that's two weeks and counting. if only i were there too...one day soon ;D

i remember what i was like around then, first time around. i was doing pretty good, still excited from the initial start and starting to feel untouchable. a week later, still feeling free and easy and a little too big-headed and pig-headed for my own good, i self-paskened i was allowed to watch a certain movie b/c i was beyond all that already and i'd be fine. whoops. i held on but barely- from then on it was kind of a downward slide leading to my fall on day 50.

moral of the story: shouldn't have let my guard down.

the fact that you reached where you are now is amazing. i give you a Beracha that that feeling stays with you and you continue to be excited. keep on trucking bro.

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Re: Doing well!

Posted by 14 - 25 Sep 2010 21:31

thanx! everyone!

anyway im delighted to announce that am now holding DAY 20!!!!!!

and yes i cant belive it!

day 15 at one point was really really tough but somehow i managed!

also i feel like ive developed almost like a 'second nature' to hold back no matter what! i wonder if anyone knows what i mean.

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Re: Doing well!

Posted by frumfiend - 26 Sep 2010 04:06

Second nature means be even more carefull. You can be taken by suprise.

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Re: Doing well!

Posted by 14 - 26 Sep 2010 14:03

thanx for the tip frumfeind!

and its now DAY 21, which as i understand comes after 20 no?

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Re: Doing well!

Posted by desperate_teddybear - 26 Sep 2010 19:22

[Not14 wrote on 26 Sep 2010 14:03:](#)

and its now DAY 21, which as i understand comes after 20 no?

usually ;D

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Re: Doing well!

Posted by 14 - 26 Sep 2010 22:56

teddy thanx for the reassurance!

still 21 for me!

i am keeping in mind that things could turn around, but im on a 'high'.

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Re: Doing well!

Posted by desperate_teddybear - 27 Sep 2010 03:53

highs are good so long as you're keeping watch.

see, going down a huge hill on a bicycle is great b/c you can coast on that when you get to a rough patch. so you whiz down it. but you still got to keep an eye out and a hand on the brake in case a car comes out of nowhere.

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Re: Doing well!

Posted by 14 - 28 Sep 2010 09:50

ive done my maths and its 23! today!

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Re: Doing well!

Posted by 14 - 02 Oct 2010 20:46

wow!wow!

guys im holding on day 27!!!!!!!!!!!!!!!!!!!!

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Re: Doing well!

Posted by desperate_teddybear - 03 Oct 2010 02:08

[Not14 wrote on 02 Oct 2010 20:46:](#)

wow!wow!

guys im holding on day 27!!!!!!!!!!!!!!!!!!!!!!

wow!

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Re: Doing well!

Posted by 14 - 03 Oct 2010 14:06

28!

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Re: Doing well!

Posted by 14 - 04 Oct 2010 19:30

29!

can someone enlighten me as to why im not finding it a struggle? (apart from the odd ocassion)

thanx

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