

Thank you Hashem

Posted by ur-a-jew - 07 Sep 2010 17:24

Ahh what a feeling. 90 days. Thank you Hashem for sending me here and walking me along, to Guard for setting up the site and to all the wonderful members for giving me chizuk and advice all the way. I started writing this post after just being on the site for two weeks but it somehow got deleted and then I kept pushing it off. I figured once I got 90 days I would just write a whole long megilla as to what the GYE community means to me.

1. I once met a chasuva balabus who works with at-risk kids and he told me over a conversation he once had around Yom Kippur with one of these kids. He was telling the kid that on Yom Kippur we can do teshuva and our aveiros become zechuyos. The kid turns to him and says you explain to me how the XXX movie I just watched will be a zechus. The balabus turns to me and says I didn't know what to say but Hashem put the following in my mind which I told the kid. He said, I'll tell you. Because you're going to resole to change and you're going to become better and work on raising a jewsih family and you're going to meet a kid like you where who feels they were hopeless. At that point you'll tell the kid, never lose hope, you can never sink too low. I also saw the shmutz that you saw, I saw the same XXX movies, but look I was able to turn around. At that point says the balabus you'll understand how that XXX movie can be a zechus. The message hit home and the kid went on to change. All I can say is that there are a lot of interesting and unique "zechusim" on this site.

2. I've learned how to grow in Ahavas Yisroel. Just like the addiction does not discriminate neither does the site. All walks of yiddishkeit are here and the camaraderie that is displayed is trully remarkable.

3. My tefillos have improved. There are a lot of people to thank for this. Most promenantly is Dov who has encouraged me to talk to Hashem on a regular basis. Just two days ago, Jooboy wrote me something which gave me a tefilah that I now add. Hashem give me the ability to place my trust and my dependance only in You and not in any human including my wife.

4. I realize I am not alone.

5. I have hope. In the back of my mind I also had this fear that I had completely ruined my chances to be mekabel pnei moshiach and for olam haba based on my actions. Would I ever really be able to do teshuva. The site tells me that although it is hard work (as could be expected given the reward) teshuva is possible. It really is possible to stop.

6. The 12 Steps. In the past as part of my efforts to stop. I had always looked into ways to online SA meetings. It never worked in large part because I could not relate to any of the people that were members. Here I feel that I am amidst family since we are all bnei av echad. B"H I am making my way through the steps.

7. The knowledge that sex is optional. This is a hard one. But I am grateful for the knowledge and one of these years I hope to be truly able to implement it in my life.

8. Making shemiras einyayim part of my conscience. I can proudly say that for the past 90 days I have not picked up a New York Post or a New York or New Yorker magazine, all of which were part of my daily or weekly routine since they are readily available in my office. I have come to realize I don't need them and the potential triggers they bring with them.

9. A filter. After years of just saying I need one I know have one both in the office and at home.

10. No facebook. This was probably my biggest michshal in the past year. What a wonderful feeling when I click on a link that directs me to facebook and K-9 comes up to block it.

11. No youtube. Another source of anguish consumed by the canines.

12. A garden of peace. I found this book here. And anyone who has read it knows what I mean. Anyone who hasn't, what are you waiting for.

13. A better marriage. When I don't have all the baggage, things necessarily are better.

14. The daily chizuk emails, all three of them. Even if I don't always get to read them. There is a certain comfort knowing that they are there just for the looking. There is a noticeable absence when Guard is away.

15. The GYE Handbooks.

16. Virtual meetings.

17. Google chat to know that someone can check on me and the ability to offer chizzuk to others.

18. Rather than mention names and mistakenly leave someone out. I appreciate everyone who has helped me along this journey. You all know who you are. I hope to continue with you all to the next level.

My list can go on and on (and I hope to continue it but I got to work a little today). My tefillah to Hashem is that I recognize that this first 90 days is just a stepping stone along the path and that I merit to continue to stay sober day by day, and that I not forget that I was never able to do this alone so I should never think of moving away from the site and the wonderful people that I have met and continue to meet here.

Ksiva V'Chasima Tova to all.

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Re: Thank you Hashem
Posted by gibbor120 - 15 Apr 2013 20:40

anywhere you want. the main thing is that you post it!

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Re: Thank you Hashem
Posted by ZemirosShabbos - 15 Apr 2013 20:48

we can auction off the honor of having Dov's favorite thought on your thread (proceeds to The Captain Kirk Foundation GYE)

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Re: Thank you Hashem

Posted by ur-a-jew - 15 Apr 2013 21:02

[Dov wrote:](#)

Wow, sweet. And so true in our own life (the wife and I). Thanks again, UAJ!

I have a favorite thought on this parsha, too. Where do I post it?

While you're a certainly welcome to post it here, you probably should post it on your own thread, which is here:

guardyoureyes.com/forum/1-Break-Free/4638-Hashem-has-given-me-11-yrs-sobriety-but-very-different-experience#125195

Poor guy, he's like the poor millionaire. For years he's posting on everyone else's thread because he doesn't even realize that sitting in the walls of the site is his very own thread.

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Re: Thank you Hashem

Posted by Dov - 15 Apr 2013 21:18

Thanks UAJ (I know your real name!! hahahah!),

I'll post it there.

Ciao!

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Re: Thank you Hashem
Posted by ur-a-jew - 15 Apr 2013 21:22

[Dov wrote:](#)

Thanks UAJ (I know your real name!! hahahah!),

Pretty scary, because I think I know yours too!

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Re: Thank you Hashem
Posted by ur-a-jew - 26 Apr 2013 20:08

Thoughts on Parshas Emor;

And you thought you had it hard

I saw a mind blowing Chazal today that can provide tremendous chizzuk to all of us that are struggling or that fell in the past. The Torah tells us that while a Cohen is permitted to marry a widow, a Cohen Gadol, however, is forbidden. The question is why. I saw brought down this week, that the Torah was concerned that when the Cohen Gadol is in the Kodosh Hakodoshim on Yom Kippur he may have seen a beautiful married woman at some time and there is a

concern that he will daven that her husband should die so he can marry her.

Picture this, the holiest day of the year, holiest place in the world, performing the service that will potentially bring a complete kapparah for klal yisroel, and what is he thinking of? Joe Schmoe's pretty wife. How could it be? The answer is because we are human beings and we have flaws. Indeed, sometimes we are even given tests that we cannot pass. So, let say we've failed in the past. We can't give up. We can have failed and still be as great as the Cohen Gadol going into the Kodesh Hakodshim. But on one condition that we try.

Thank you Hashem for helping me make my way out the muck.

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Re: Thank you Hashem

Posted by gibbor120 - 26 Apr 2013 22:57

WOW! Have a great Shabbos!

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Re: Thank you Hashem

Posted by Dov - 11 Jun 2013 13:42

I happen to have seen Joe Schmoe's wife and she was nothing special, really. Just FYI.

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Re: Thank you Hashem

Posted by ZemirosShabbos - 11 Jun 2013 18:42

well, UAJ mentioned his 'pretty' wife. velo kasha, ha bezivug rishon ha bezivug sheini

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Re: Thank you Hashem

Posted by tehillimzugger - 11 Jun 2013 19:24

[Dov wrote:](#)

I happen to have seen Joe Schmoe's wife and she was nothing special, really. Just FYI.

Just FYI in Bardichev the minhag was to say "I saw Harry's wife".

Also, if you have a vort you should open a thread in the Beis Medrash-- I managed to shlep you in there once, but you should go more often, I don't like schlepping people into Beis Medrash. Rak hamenuval yesh lemoshcho lbeis hamedrash...

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Re: Thank you Hashem

Posted by Dov - 11 Jun 2013 21:12

Maybe it's worth it to be a menuval just to get schlepped into the beis hamidrash by the likes of

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Re: Thank you Hashem

Posted by ur-a-jew - 17 Jul 2013 04:57

Some thought on Tisha B'av

I was thinking about the Kinnah we say concerning the son and daughter of Rabbi Yishmoel. I would think that if you want to give over a tragedy tell me about the Jewish children who were violated. Why did chazal pick this incident? I was thinking that perhaps ???? wanted to convey to us a message. If someone is faced with the nisayon of arayos, think about the children of Rabbi Yishmoel. What was Ben Rabbi Yishmoel's reaction: I'm a descendant of Aharon and I should marry a maidservant. We too are mamleches cohanim. We have to ask ourselves the same question. How can we be nichshol in such a sin? The children of Rabbi Yishmoel were so pained by such a thought it brought them to death. Can you imagine how strong a person's grief

must be to die from that grief, and in a matter of hours (it was already daylight when they recognized each other). This is what happened to them. Perhaps Chazal are conveying to us next time we are tempted contemplate the pain and anguish that is appropriate in a situation of a mamleches cohanim being nichshal in arayos.

We should be zoche to guard our eyes and in that zechus experience ?????? ?????? ?????? ?????? ??????. I was thinking everyone will see the third bais hamikdash after techias hameysim, but a select few will see bshuvcha at the actual time of return. If I had to guess it is those who work on being ???? their ?????? their eyes. May we all be zoche.

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Re: Thank you Hashem
Posted by Brother - 17 Jul 2013 23:01

very nice UAJ

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Re: Thank you Hashem
Posted by ur-a-jew - 04 Sep 2013 21:39

I saw the following vort in an email I get: Rav Wolbe writes (Ma'amerei Yemei Ratzon pg. 388) that the avodas hayom of Rosh Hashana is "to confuse theSatan." In other words, we are to contest the erroneous assumption that the yetzer hara is made out of steel and there is no way to overcome him. From all of our tefillos on Rosh Hashana which revolve around the Final Redemption, there is one thing that should become clear: Evil is not an invincible entity. When Hashem reveals His glory, "all evil will dissipate like smoke." Our objective is to leave Rosh Hashana with a true belief that the evil in the world can and will be destroyed, and that the evil within us i.e. the yetzer hara, can also be vanquished. It might take time, but with Hashem's help and with the strength of the Torah we can conquer him!

Boruch Hashem there is a place in this world called guardyoureyes where Yidden proclaim on a daily basis that the Soton is not invincible. Where Yidden recognize that the avodah zora called porn and lust is simply a smokescreen and nothing more. Thank you Hashem for leading me here and helping me be a part of it.

A ksiva chasima Tova to all, and a special thank you to all of the people that make this place so special.

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