

Thank you Hashem

Posted by ur-a-jew - 07 Sep 2010 17:24

Ahh what a feeling. 90 days. Thank you Hashem for sending me here and walking me along, to Guard for setting up the site and to all the wonderful members for giving me chizuk and advice all the way. I started writing this post after just being on the site for two weeks but it somehow got deleted and then I kept pushing it off. I figured once I got 90 days I would just write a whole long megilla as to what the GYE community means to me.

1. I once met a chasuva balabus who works with at-risk kids and he told me over a conversation he once had around Yom Kippur with one of these kids. He was telling the kid that on Yom Kippur we can do teshuva and our aveiros become zechuyos. The kid turns to him and says you explain to me how the XXX movie I just watched will be a zechus. The balabus turns to me and says I didn't know what to say but Hashem put the following in my mind which I told the kid. He said, I'll tell you. Because you're going to resole to change and you're going to become better and work on raising a jewsih family and you're going to meet a kid like you where who feels they were hopeless. At that point you'll tell the kid, never lose hope, you can never sink too low. I also saw the shmutz that you saw, I saw the same XXX movies, but look I was able to turn around. At that point says the balabus you'll understand how that XXX movie can be a zechus. The message hit home and the kid went on to change. All I can say is that there are a lot of interesting and unique "zechusim" on this site.

2. I've learned how to grow in Ahavas Yisroel. Just like the addiction does not discriminate neither does the site. All walks of yiddishkeit are here and the camaraderie that is displayed is trully remarkable.

3. My tefillos have improved. There are a lot of people to thank for this. Most promenantly is Dov who has encouraged me to talk to Hashem on a regular basis. Just two days ago, Jooboy wrote me something which gave me a tefilah that I now add. Hashem give me the ability to place my trust and my dependance only in You and not in any human including my wife.

4. I realize I am not alone.

5. I have hope. In the back of my mind I also had this fear that I had completely ruined my chances to be mekabel pnei moshiach and for olam haba based on my actions. Would I ever really be able to do teshuva. The site tells me that although it is hard work (as could be expected given the reward) teshuva is possible. It really is possible to stop.

6. The 12 Steps. In the past as part of my efforts to stop. I had always looked into ways to online SA meetings. It never worked in large part because I could not relate to any of the people that were members. Here I feel that I am amidst family since we are all bnei av echad. B"H I am making my way through the steps.

7. The knowledge that sex is optional. This is a hard one. But I am grateful for the knowledge and one of these years I hope to be truly able to implement it in my life.

8. Making shemiras einyayim part of my conscience. I can proudly say that for the past 90 days I have not picked up a New York Post or a New York or New Yorker magazine, all of which were part of my daily or weekly routine since they are readily available in my office. I have come to realize I don't need them and the potential triggers they bring with them.

9. A filter. After years of just saying I need one I know have one both in the office and at home.

10. No facebook. This was probably my biggest michshal in the past year. What a wonderful feeling when I click on a link that directs me to facebook and K-9 comes up to block it.

11. No youtube. Another source of anguish consumed by the canines.

12. A garden of peace. I found this book here. And anyone who has read it knows what I mean. Anyone who hasn't, what are you waiting for.

13. A better marriage. When I don't have all the baggage, things necessarily are better.

14. The daily chizuk emails, all three of them. Even if I don't always get to read them. There is a certain comfort knowing that they are there just for the looking. There is a noticeable absence when Guard is away.

15. The GYE Handbooks.

16. Virtual meetings.

17. Google chat to know that someone can check on me and the ability to offer chizzuk to others.

18. Rather than mention names and mistakenly leave someone out. I appreciate everyone who has helped me along this journey. You all know who you are. I hope to continue with you all to the next level.

My list can go on and on (and I hope to continue it but I got to work a little today). My tefillah to Hashem is that I recognize that this first 90 days is just a stepping stone along the path and that I merit to continue to stay sober day by day, and that I not forget that I was never able to do this alone so I should never think of moving away from the site and the wonderful people that I have met and continue to meet here.

Ksiva V'Chasima Tova to all.

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Re: Thank you Hashem
Posted by ZemirosShabbos - 24 Jan 2012 20:43

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Re: Thank you Hashem
Posted by gibbor120 - 24 Jan 2012 20:47

[ZemirosShabbos wrote on 24 Jan 2012 20:43:](#)

It takes a wise man to know when to keep his mouth shut!

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either that or we're both craz... forget it :-X
Re: Thank you Hashem

Posted by Yosef Hatzadik - 29 Jan 2012 07:13

[gibbor120 wrote on 24 Jan 2012 20:47:](#)

It takes a wise man to know when to keep his mouth shut!

..... and it takes a Strong Man to do what he knows is right!

(This where strength of character comes to play!)

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Re: Thank you Hashem

Posted by ur-a-jew - 30 Jan 2012 16:36

Imagine that you had your own well in your backyard and that is where you got your water from.

One day you look out the window and you notice your neighbor pouring dirt down into the well. You run out and depending on how nice you are, you ask him in words and substance what does he think he's doing? Chances are you're not really that interested in why he was doing it, you just want him to stop and quick, he's polluting your water. Now, if the scenario was slightly reversed, and your neighbor was looking out the window and you were putting dirt down your own well, your neighbor depending on how nice he is, may ask you what do you think you're doing, but whether he asks or not, he certainly would be thinking to himself or telling his wife, that guy is crazy, he's polluting his own well. Now if you told him, well I need the exercise and the workout is good and healthy for me. He'd still probably walk away thinking you are crazy.

In Parshas Bo, Moshe tells Pharoah that the Arbeh will cover ??? ?????, the eye of the land: Rav Shamshom Rafoel Hirsh offers the following comment:

"The human eye is called ??? a spring, or source, not because the soul of man flows out of it, but because it is through the eye that the world flows into man. The eye of a man is therefore literally ??? ?????, the source of the world."

The message is pretty plain: Don't pollute your eyes, it's your world view.

Thank You HAsheM for this timely message.

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Re: Thank you Hashem
Posted by tehillimzugger - 31 Jan 2012 16:55

wow!

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Re: Thank you Hashem
Posted by ur-a-jew - 03 Feb 2012 15:32

On the words ????? ?? ?????? the targum translates ????????? ?????? ??????. I think the message

is that even in our darkest moments, even when we are such a low level that its a situation of
????? ?????? ???? ... ?? ?????? ?? ?????? nevertheless there is still light in that darkness and it
is never hopeless.

Thank you Hashem for another sober week of life.

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Re: Thank you Hashem

Posted by ZemirosShabbos - 03 Feb 2012 15:44

thank you for the enlightening vort!

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Re: Thank you Hashem

Posted by ur-a-jew - 10 Feb 2012 15:09

The shot heard round the world. Yisro wasn't the only one to hear krias yam suf. The whole
world heard it. So ?????? ???? was no great achievement. What sets Yisro apart from the rest of
the world is ???? ???? he acted on what he heard. Hearing without action is meaningless. We all
know and hear the problems with porn, lust and the internet but if we don't act on what we hear
we are not different then the rest of the world who heard and didn't act.

Thank you Hashem for all the kindness you did for me and my family this week

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Re: Thank you Hashem

Posted by ur-a-jew - 24 Feb 2012 15:00

Various pschatim are offered for the half measurements that comprised the aron (2.5 x 1.5 x 1.5).
The Kli Yakar explains that since the Aron represents Torah the halves come to teach even the
accomplished Talmud chochom that he is never done. Along those lines I was thinking that the
Torah is giving a message to the Kohen Gadol (and to us). The Kohen Gadol would see the

aron once a year when as a messenger for klal yisroel he endeavored to obtain a kaparah for all. Pretty lofty position that could go to a person's head. At the pinnacle of that process the Kohen stood before the Aron with its half measurements as a reminder you are not perfect. A twofold message. One don't let the power get to your head and two don't forget that Hashem even here is not demanding perfection.

RBSO Thank you for another wonderful week of life.

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Re: Thank you Hashem

Posted by ZemirosShabbos - 24 Feb 2012 15:48

Beautiful!

thank you rebbe UAJ for that

wishing you a mahvelous shabbos

p.s. eat a half piece of kokosh cake for me please

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Re: Thank you Hashem

Posted by ur-a-jew - 16 Mar 2012 14:54

Some Thoughts on Parshas Vayahkel

The Power of Change

The Maharal in Gur Aryeh asks how come when it came to the cooper mirrors donated for use in the Mishkan, Moshe was unsure whether or not to accept them, but the Kumoz he immediately accepted? One would think that the Kumoz an ornament for the mokom zimah would have been even more problematic than the cooper mirrors. Answers the Maharal that the cooper mirrors were incorporated into the kiyor as is, and were still recognizable as such. The kumoz by contrast were melted down and then used. Since they completely changed there was

no question that they can be used.

There is a fundamental lesson there. One's whole existence can be one of ?????, i.e., ??? ?????
??? (Rashi) yet he has the ability to transform himself by changing and he can then even be a
vessel in the

kodesh hakodoshim

Be a Nosi

Rashi brings the chazal why the nesiam brought last in the donating of the mishkan but first by
the chanukas hamezbayach. Rashi explains that the nesiam made a calculation that they
would make up any shortfall missing in the donations. But there was no shortfall, there was
more than enough. Continues Rashi ??? ?????? ?????? ????? ??????, I think the emphasis is on
the "lekach." I think Rashi is telling us that the nesiam recognized immediately their mistake
and took steps right away to rectify it by insuring that they would be first by the chanukas
hamizbayach. That is what being a nosi is about seeing a mistake you made and learning from
the experience. We all have a shaychus and ability to do that. You are on a website and it
triggers you to down a wrong path. The key is to immediately take steps to insure that you don't
find yourself in that situation again. Not now, not in a week and not in six months. That's how
one becomes a nosi.

Thank you Hashem for showering me with brocha in my life, please help me use it properly. A
wonderful Shabbos to all.

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Re: Thank you Hashem
Posted by ZemirosShabbos - 16 Mar 2012 16:07

Beautiful!

thank you

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Re: Thank you Hashem

Posted by gibbor120 - 16 Mar 2012 16:57

Thanks UAJ, have a great shabbos!

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Re: Thank you Hashem

Posted by JackAbbey - 16 Mar 2012 17:02

u-r-jew thanks

we can change and we should change and we will change

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